

2024 Erie County, Ohio



ERIE COUNTY

HEALTH DEPARTMENT
COMMUNITY HEALTH CENTER

FIRELANDSHEALTH

Alcohol, Drug Addiction & Mental Health
Services Board of Erie County

YOUTH HEALTH ASSESSMENT

CONDUCTED BY THE ERIE COUNTY HEALTH DEPARTMENT AND BGSU'S CENTER FOR REGIONAL DEVELOPMENT

Acknowledgments

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The Erie County Youth Health Assessment Steering Committee would like to extend special gratitude to the administration and faculty members of the following school districts who participated in the youth survey. Without their coordination and dedication to student health, this assessment would not have been possible.

Huron City Schools

Perkins Local Schools

Townsend Community School

Margaretta Local Schools

Sandusky City Schools

Project Management, Data Collection, Secondary Data, & Report Development

Center for Regional Development

The Center for Regional Development (CRD) provides technical assistance and expertise to local organizations to meet their public health goals. CRD has diverse experience in applied research in the public health sector. CRD assures excellence by providing responsiveness to the needs of the communities we work with, in-depth public engagement, in-house IRB processing, and customized deliverables tailored to your goals.

Project Team

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The 2024 Erie County Youth Health Assessment is available on the following websites:

Erie County Health Department/Erie County Community Health Center

www.eriecohealthohio.com

ADAMHS Board of Erie County

www.adamhserie.org

Firelands Health

www.firelands.com

BGSU Center for Regional Development

www.bgsu.edu/crd

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Executive Summary

Overview

The 2024 Erie County Youth Health Assessment presents a mixed but largely positive picture. While there are notable areas of concern, several key trends indicate favorable developments in youth well-being.

Positive Trends

- 1. Decreased Physical Violence:** The percentage of youth who have been involved in a physical fight in the past year has decreased, and Erie County middle school rates of physical fights are notably lower than the Ohio average.
- 2. Decreased suicide rates:** There is a decline in the number of respondents who have seriously considered or attempted suicide, with attempts decreasing from 10% in 2021 to 6% in 2024.
- 3. Reduced Alcohol Consumption:** The proportion of youth who are current drinkers has decreased.
- 4. Low Illicit Drug Use:** The majority of respondents had not experimented with high-risk drugs such as cocaine, heroin, or methamphetamines.

- 5. Prescription Drug Abuse:** Prescription drug abuse among Erie County youth is lower than the Ohio average for both middle and high school students.
- 6. Increased Safer-Sex Practices:** There is a rise in the use of birth control pills and condoms among youth, suggesting improved sexual health practices. But 34% reported using the withdrawal method.
- 7. Healthier Weight and Lifestyle Choices:** There was a decrease in the percentage of youth classified as obese based on BMI, and fewer youth are watching excessive amounts of television daily.

Concerns

- 1. Increased Risky Behaviors:** There was an increase in the number of youth riding in cars with drivers who have been drinking alcohol in 2024.
- 2. Rising Mental Health Issues:** More youth are reporting extended periods of sadness or hopelessness that interfere with their daily lives.
- 3. Higher Adverse Childhood Experiences (ACEs):** The

percentage of respondents experiencing three or more ACEs has risen from 22% in 2021 to 27% in 2024.

4. **Growing Substance Use:** There is an increase in current marijuana use and a rise in the number of youth who have ever tried cigarettes.
5. **Problematic Weight Loss Behaviors:** There is an increase in the percentage of youth engaging in unhealthy weight loss strategies, such as meal skipping and intentional vomiting.

General Observations

- **Safety and Bullying:** Youth report feeling safer at school and home compared to public spaces, though 24% have experienced emotional bullying by another peer and 33% have been teased for their appearance.
- **E-Cigarette Use:** 14% of youth reported using e-cigarettes in the last year.
- **Sexual Health:** The rate of youth engaging in sexual intercourse is below both Ohio and national averages, with an average age of first intercourse of 14 in Erie County.
- **Sleep and Academic Stress:** A significant number of youth (40%) cite academic success as their greatest source of stress, and only 30% are getting enough sleep on school nights.

Primary Data Collection Methods

Design and Instrument Development

The Erie County CHA Steering Committee, while planning for the 2024 Community Health Assessment, decided to pursue a separate health assessment for Erie County youth. Having completed the last Erie County Youth Health Assessment in 2021, an updated assessment of needs and health trends was of interest to the community and leaders.

The Erie County CHA Steering Committee discussed current youth health topics and concerns to identify themes for the assessment and helped define the content, scope, and sequence of the survey. It was determined that Erie County youth in grades 6-12 would be surveyed through partnerships with local school districts and school administrators. The CRD team, along with ECHD leaders met with superintendents to discuss the survey topics and possible concerns they might have had. Five school districts agreed to disseminate the online survey during class times.

The survey for the 2024 Erie County Youth Health Assessment

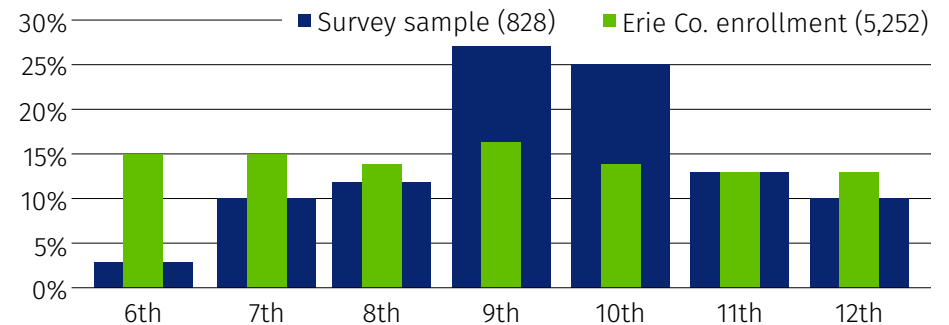
was adapted from the last survey instrument to incorporate longitudinal data. Survey Questions included items from the Youth Risk Behavior Surveillance System (YRBSS). The ability to compare current trends with longitudinal data was important to the Erie County CHA Steering Committee. The CRD team drafted an initial survey instrument, which was reviewed by the steering committee and edited into a finalized online questionnaire. The survey had 124 questions, but several of those were part of “skip logics,” meaning that some questions only appeared if the student answered a related question in a certain way. This tactic not only shortened the survey when applicable, but also limited sensitive follow-up questions (e.g. sexual behavior, drugs, suicidal ideation) from respondents who did not indicate their involvement in such topics.

Sampling

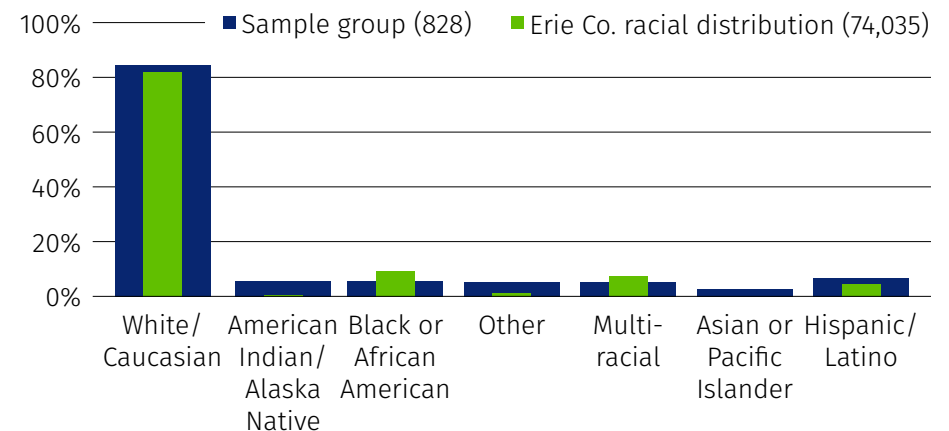
Students in grades 6-12 during Spring 2024 in Erie County school districts were chosen as the sampling frame for the 2024 Erie County Youth Health Assessment. Students were selected at random and the survey was distributed electronically by school administrators during a chosen school day/hour.

828 responses were recorded. This represents 16% of the 5,252 6th-12th grade students enrolled in Erie County schools. To ensure an overall sampling error of +/- 5.0% within a 95% confidence level and to achieve statistical significance, a sample size of 359 was needed. This sample size is statistically significant, but the data should not be extrapolated to infer behaviors of those not surveyed.

Grade distribution of the sample group compared to current Ohio Department of Education enrollment counts



Racial distribution of the sample group compared to U.S. Census data



Procedure

The CRD Project Managers presented the survey and potentially sensitive topics to all Erie County school superintendents at a meeting in the summer of 2023. Schools that agreed to participate in the youth assessment were provided with a tool kit and a one-on-one meeting to discuss survey distribution and any concerns they may have had. Passive parent consent forms were sent to all parents in participating schools.

Students whose guardians did not opt their student out from taking the survey were required to also provide consent to take the survey on the first page of the electronic survey.

Participation was anonymous and voluntary and students were able to stop taking the survey at any time and/or skip questions. Consent forms explained that students' participation in no way impacted their standing with their school, school district, or the Erie County Health Department.

Data Analysis

Individual responses were anonymous. All data was analyzed in aggregate by project managers at the BGSU Center for Regional Development using a software called Qualtrics. Crosstabs were

used to calculate descriptive statistics for the data presented in this report. Data visualization was provided by the BGSU CRD Graphic Designer.

Percentages for each data point are representative of the total responses for that question. Since all questions were voluntary, not all respondents answered every question. The total number of responses for each data point is noted as "n=___."

Limitations

The BGSU Center for Regional Development (CRD) used a sampling approach and survey questions modeled after the Youth Risk Behavior Survey (YRBS) from the CDC. This method involves students being randomly selected from participating schools in Erie County. The principal or administrator at each school chose a general education classroom within the selected grade range for the survey. This sampling method aims to ensure a representative sample of youth across Erie County, unlike population-wide surveys where all students in all schools participate. While a population survey would offer robust data, it was determined that this would have been resource intensive and unnecessary.

A sampling approach is widely considered effective and reliable, but there are some limitations to consider. There is no way to ensure that the sample is completely reflective of the youth population in the county since the survey was voluntary, as was each schools' participation in administering the survey. Voluntary participation introduces a threat to the external validity of the data, and thus the findings in this report cannot be extrapolated to the entire youth population of Erie County. A second limitation of this study is that the data should be interpreted in aggregate, and caution is advised for interpretation of subset data due to higher margins of error compared to the data in aggregate. A third limitation of this assessment is that the respondents completed a “self-report” survey, and as such the responses could reflect socially desirable metrics that are inconsistent with reality. This could potentially affect the internal validity of the results.

Secondary Data Sources

U.S. Census – American Community Survey

The Census Bureau’s mission is to serve as the nation’s leading provider of quality data about its people and economy. The U.S. Census’ American Community Survey (ACS) is the premier

source for detailed population and housing information about our nation. The 2024 Erie County Youth Health Assessment uses U.S. Census data for population demographic data.

The Ohio Healthy Youth Environments Survey (OHYES!)

<https://youthsurveys.ohio.gov/our-surveys/ohyes>

The Ohio Healthy Youth Environments Survey (OHYES!) is a survey administered by the Ohio Department of Health (ODH), Ohio Department of Mental Health and Addiction Services (OhioMHAS), and Ohio Department of Education (ODE). The secondary data used in the 2024 Erie County Youth Health Assessment includes variables from the OHYES! Survey as a glimpse into statewide trends and how Erie County compares.

Youth Risk Behavior Surveillance System (YRBSS)

<https://youthsurveys.ohio.gov/our-surveys/yrbs-yts>

<https://www.cdc.gov/healthyyouth/data/yrbs/index.html>

CDC developed the Youth Risk Behavior Surveillance System (YRBSS) to monitor health-related behaviors and experiences that contribute to the leading causes of death and disability among youth and adults . As part of this system, CDC conducts the national Youth Risk Behavior Survey (YRBS) every two

years, most recently in 2021, among a nationally representative sample of U.S. public and private high school students. Data from the Ohio 2021 YRBS and the United States 2021 YRBS are used in this report to compare with Erie County Youth Data.

Healthy People 2030

<https://health.gov/healthypeople>

Healthy People 2030 is an initiative of the Office of Disease Prevention and Health Promotion, within the U.S. Department of Health and Human Services. The framework provides 10-year measurable public health objectives and tracks national progress on those objectives.

This report utilizes Healthy People 2030 to both explain some of the most pressing issues in adolescent public health, and measure Erie County's trends against those of the nation.

2019 Ohio State Health Assessment (SHA)

The 2019 Ohio State Health Assessment (SHA) provides data concerning health improvement priorities and strategies in Ohio. The SHA includes over 140 metrics, organized into data profiles, and provides information gathered through 5 regional forums, online surveys completed by 308 stakeholders, and

advisory and steering committee members who represented 13 state agencies.

Priorities shared by the 2019 Ohio SHA and the 2024 Erie County Youth Health Assessment include:

- Mental Health and Addiction
- Chronic Disease
- Poverty
- Transportation
- Physical Activity and Nutrition
- Access to Care

To view the 2019 Ohio State Health Assessment, please visit: <https://odh.ohio.gov/wps/portal/gov/odh/exploredata-and-stats/interactive-applications/2019-Online-State-Health-Assessment>

How to read this report

This report is divided into 6 sections and each section has sub-sections. Each section is a topic of interest being assessed and the sub-sections are more specific within each broader section. In each section, we discuss general trends, longitudinal data, and how Erie County data compares to state and national data.

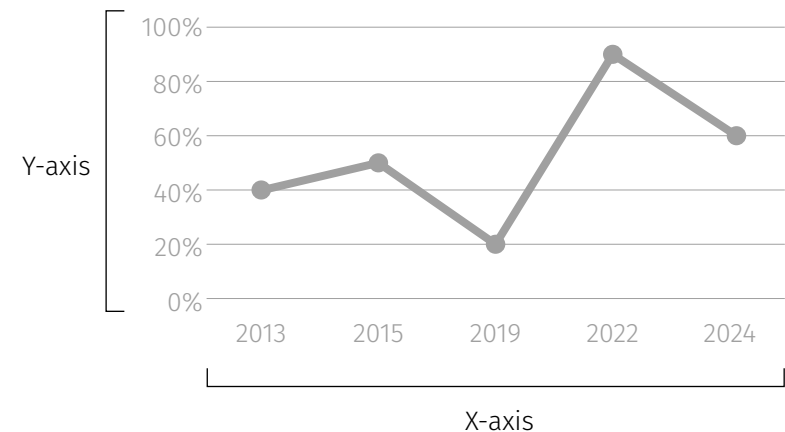
- **Longitudinal data** are questions that were asked the same way year-to-year so that we can see how the data has changed over time.
- **Line graphs** are used to show if trends are increasing or decreasing over time.
- **Bar graphs** are used to compare numbers or totals of different categories.

What does “n=___” mean

- **“n” means the number of responses for that question.** This is the number used to calculate percentages for each part of that question.
- Since each question in the survey was voluntary (survey takers could choose to answer the question or not), not all questions have the same amount of **total** answers, or the same “n”.

Reading a *line* graph

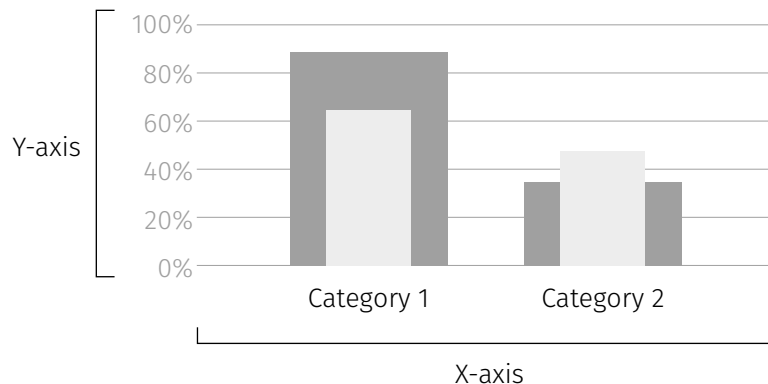
- **Check the axes:** Axes are the side and bottom of the graph.
 - The X-axis (horizontal) shows time and increases from left to right.
 - The Y-axis (vertical) shows values and increases from bottom to top.
- **Follow the line:** The line shows how values change over time.
- **Read data points:** Note where the line hits the Y-axis to see exact values. The “key” under the graph shows that different colors represent different data points.



Reading a *bar* graph

How to read a bar graph

- **Check the axes:** Axes are the side and bottom of the graph.
 - The X-axis (horizontal) shows time or categories
 - The Y-axis (vertical) shows values and increases from bottom to top.
- **Look at the bars:** Each bar represents a category. The height or length of the bar shows how much of the percentage or number. You can check the numbers/percents on the side of the graph to see the value of that bar.
 - When there is a bar inside another bar, that is a different group, and the color is explained in the key. Compare these to see differences between groups.



Reading the *CHIP* tables

The Erie County 2020-2022 Community Health Improvement Plan (CHIP)

- A Community Health Improvement Plan (CHIP) outlines strategies to address local health needs. Ohio counties are required to complete CHIPs and CHAs one after another every few years. The data gathered from a CHA informs the strategies in the CHIP. To learn more about the Erie County 2020-2022 CHIP, visit <https://eriecohealthohio.com/wp-content/uploads/2022/07/Erie-County-2020-2022-CHIP.pdf>.

How to read the CHIP tables in this report:

Desired outcome	Indicator	2019 Baseline	2021 Actual	2022 Target	2024 Erie CHA data
General statement about desired result (from 2020-2022 Erie CHIP)	Metric used to measure the outcome (from the 2020-2022 Erie CHIP)	Data from the 2019 Erie CHA	2021's result (2021 Erie Youth Assessment)	The goal set for the outcome (from the CHIP)	This year's result (2024 Health Assessment)

Reading the *Healthy People 2030* boxes

Healthy People 2030

set goals to improve health in the U.S. by the year 2030. These boxes provide related goals for the section and shows how Erie County compares to national metrics.

Youth
**Safety & Violence-
Related Behavior**

Erie County, Ohio

Personal Safety

Youth driving behaviors indicate that seatbelt usage is high for Erie County Youth, and a relatively low percentage of youth use their phones while driving. Bike helmet usage is very low, and the prevalence of youth being a passenger of a drunk driver has increased since 2017.

91%

of youth said that they wore a seatbelt while driving

8%

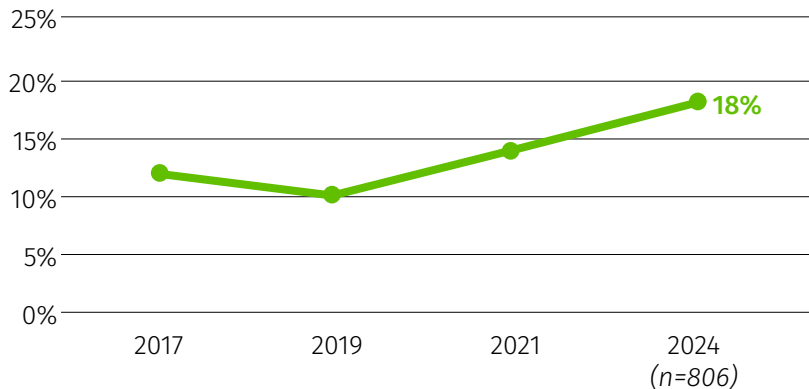
of drivers reported texting while driving

12%

of drivers reported talking on the phone while driving

Changes in riding with a drunk driver

18% of respondents reported riding in a car driven by someone who had been drinking alcohol at least once in the last month.



Erie County Youth Assessments



Of those who rode a bike in the past 12 months, 75% never or rarely wore a helmet (n=807).

43%

of respondents believe that sharing personal information online is dangerous.

7%

have been asked to meet someone they met online.

4%

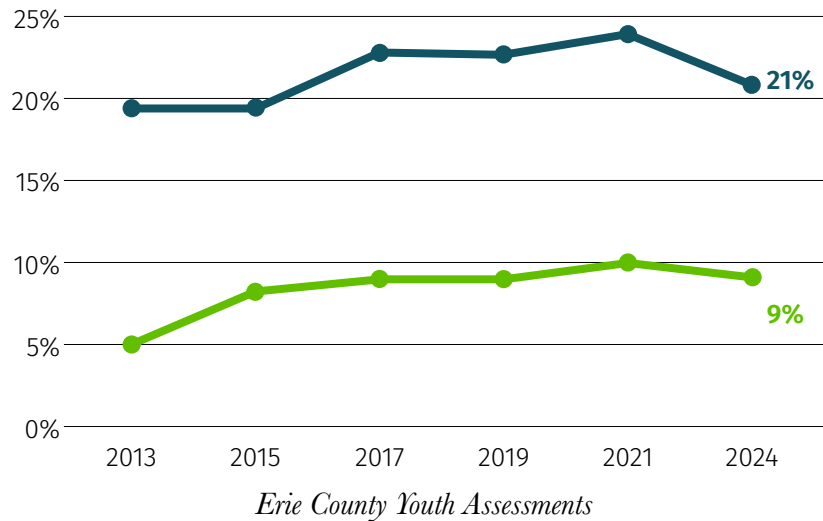
share personal information about themselves, such as where they live.

Violence

While 98% of students said they are aware they shouldn't carry a weapon on school property, 9% of students reported carrying a weapon anywhere at least once during a usual month. The percent of youth carrying a weapon has stayed steady between 9-10% for the last 7 years in Erie County.

Changes in youth violent behaviors

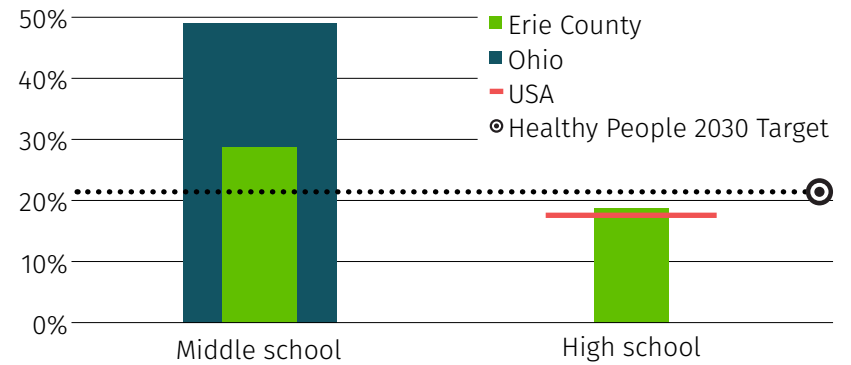
Youth violent behaviors in Erie County have decreased slightly since 2021.



■ Been in a physical fight in the last 12 months (n=815) ■ Carried a weapon in past 30 days (n=816)

How Erie County compares

Of all youth in 6th-12th grade, 21% report being in a physical fight at least once in the last 12 months. Of those, 65% identified as male.



Healthy People 2030

Reduce physical fighting among adolescents

Target: 21% (9-12 grade)

Erie County 2024: 18% (9-12 grade)



Access to Firearms

Most teen suicides involve a firearm, and access to a firearm is an important risk factor for adolescent homicides (*Healthy People 2030*).

Are there firearms in or around your house?

n=748

Yes = 347

No = 290

Unlocked = 36

I don't know = 111

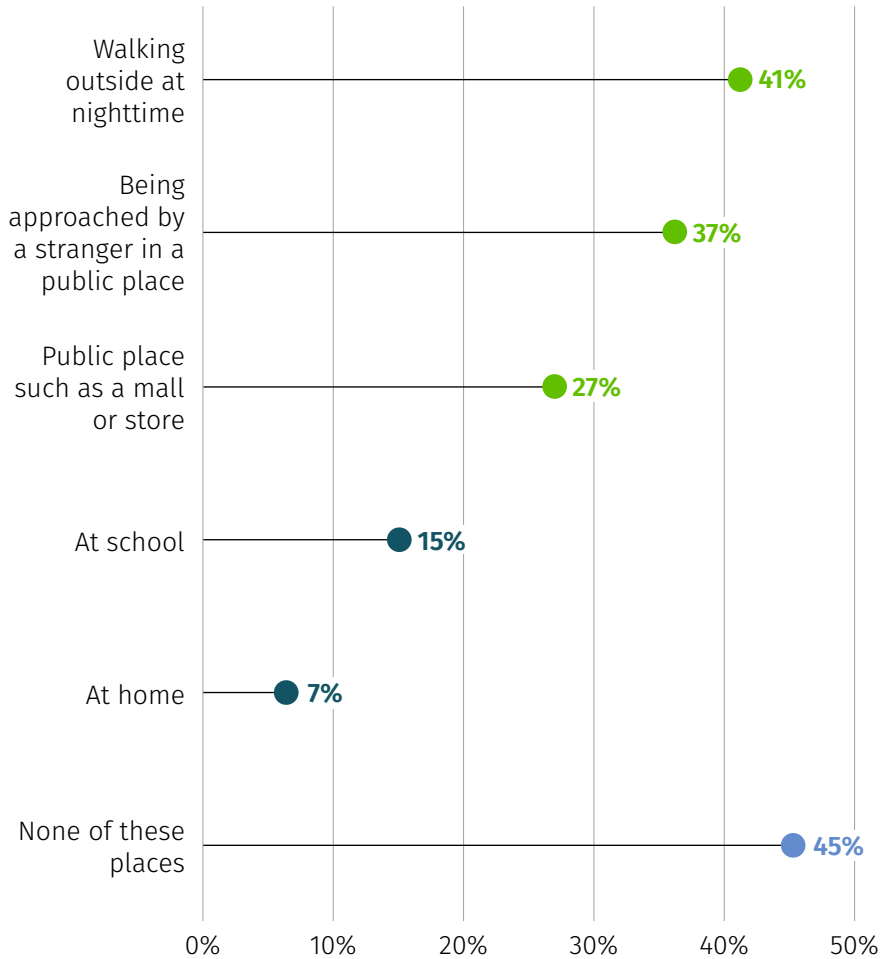
Loaded = 38

Unlocked & loaded = 6

Youth feel safer at school and home than in public spaces.

Percentages of youth who have ever felt unsafe in the following places (Could select all that apply)

n=745



87% of youth reported that they had NOT felt threatened or unsafe in their home in the last 12 months, but 3% did feel threatened or unsafe in their home in the last 6 months.



Bullying & Abuse

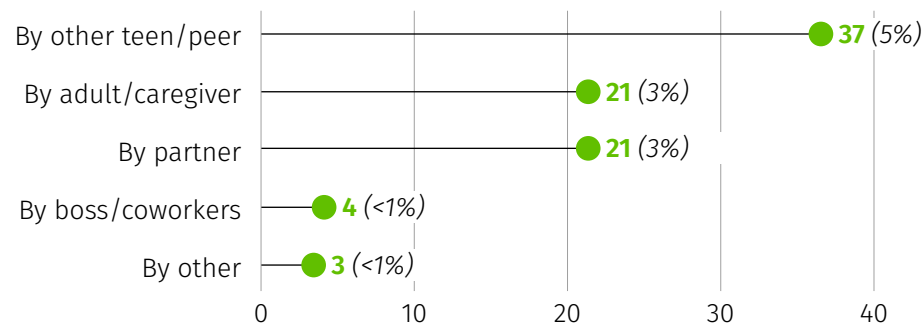
Bullying is defined by the American Psychological Association as “a form of aggressive behavior in which someone intentionally and repeatedly causes another person injury or discomfort” (APA.org).

During the past 12 months, did any of the following people physically, emotionally, or sexually abuse, bully, or hurt you?

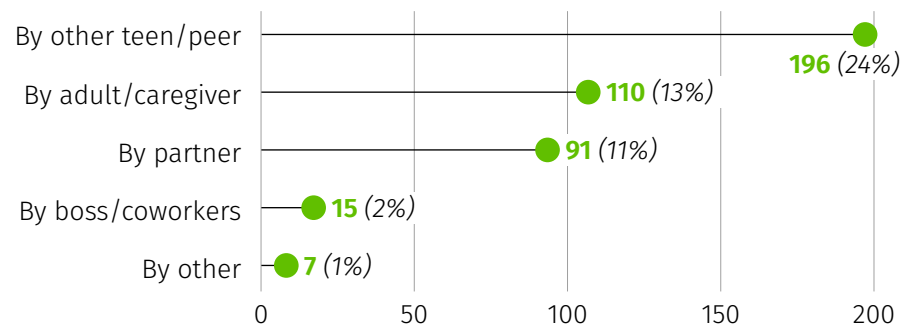
Most respondents said they had not experienced abuse in the last 12 months.

n=828

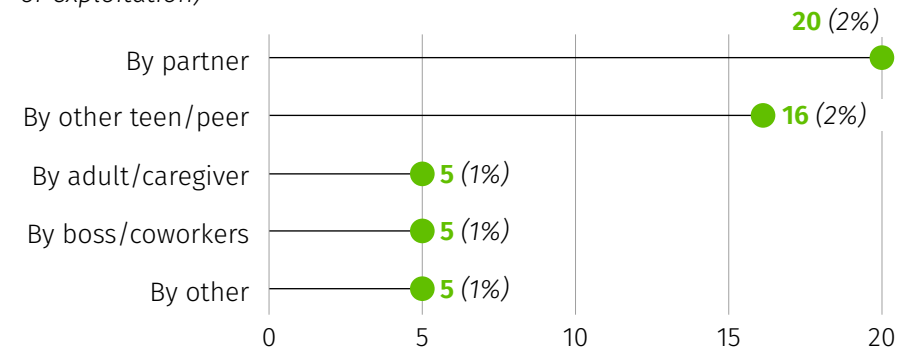
Physical bullying (Being hit, kicked, punched, people took/damaged your belongings)



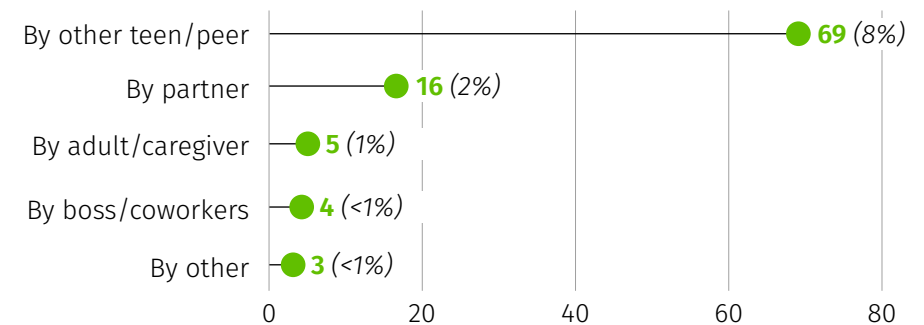
Emotional bullying (Being teased, taunted, called harmful names, manipulated)



Sexual bullying (Using nude or semi-nude pictures in an unwanted way to pressure someone into unwanted sexual activity, blackmail, intimidation, or exploitation)

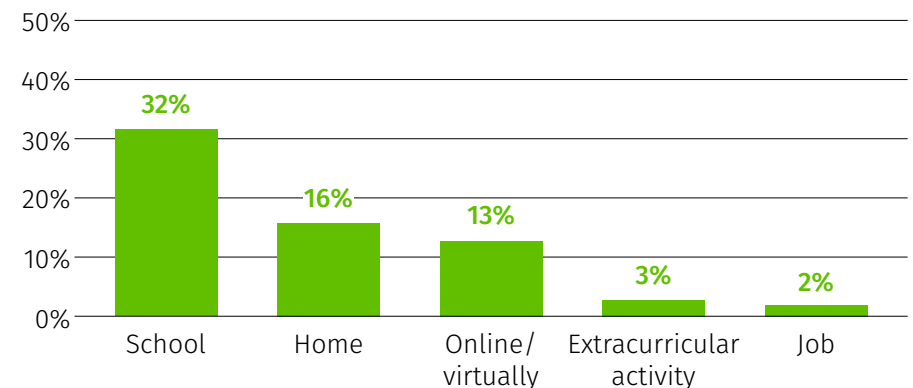


Cyberbullying (Being teased, taunted, or threatened by email, cell phone, text, social media, or other electronic methods)



32% of youth who were bullied reported that the bullying happened at school. (Could select all that apply)

n=353



33% of all youth reported being the victim of teasing or name calling because of their weight, size, or physical appearance.

60% of **youth who identified as gay or lesbian** reported being bullied because of their sexual orientation.

Behaviors of Youth who are Bullied vs. Not Bullied

n=828

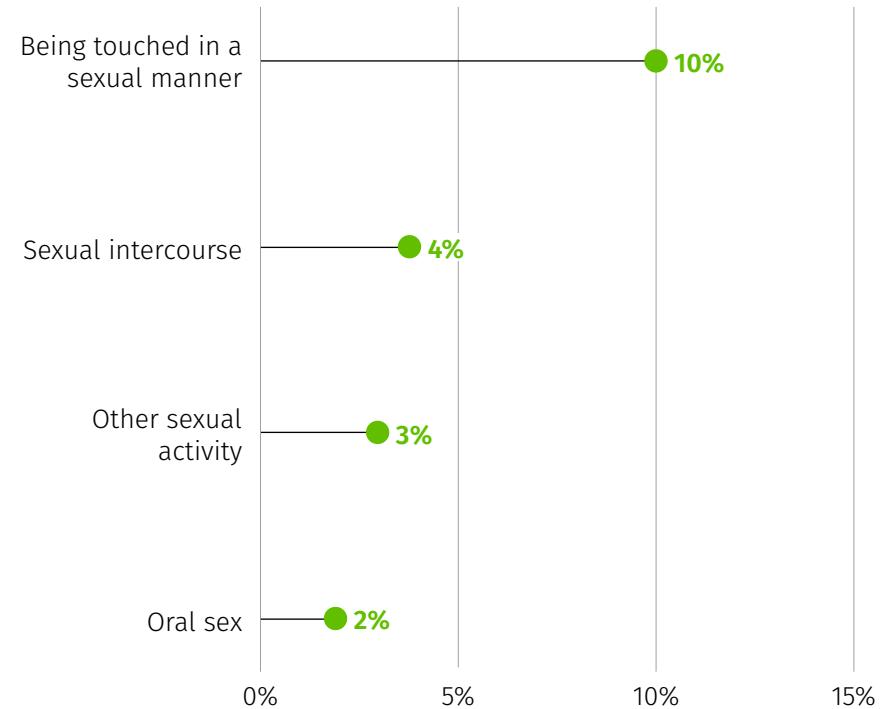
- 58%** of youth who carried a weapon...
- 61%** of youth who felt so sad or hopeless almost every day for 2+ weeks in a row they stopped doing some usual activities in the past 12 months...
- 77%** of youth who seriously considered attempting suicide in past 12 months...
- 87%** of youth who attempted suicide 1+ times in the past 12 months...
- 53%** of youth who ever drank alcohol...
- 59%** of youth who ever used marijuana...
- 59%** of youth who misused a prescription medication...

Reported being bullied

Sexual Violence

12% of youth reported having experienced one or more types of non-consensual sexual activity.

n=802



57% reported that their parents or guardians talked to them about dating and healthy relationships in the last year (n=747).



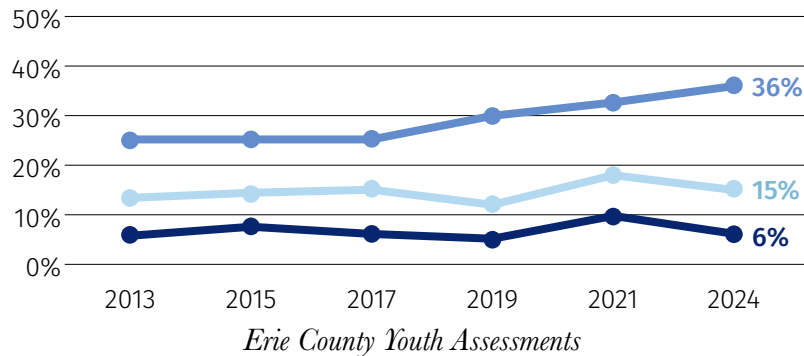
Youth
Mental Health

Erie County, Ohio

Mental Health

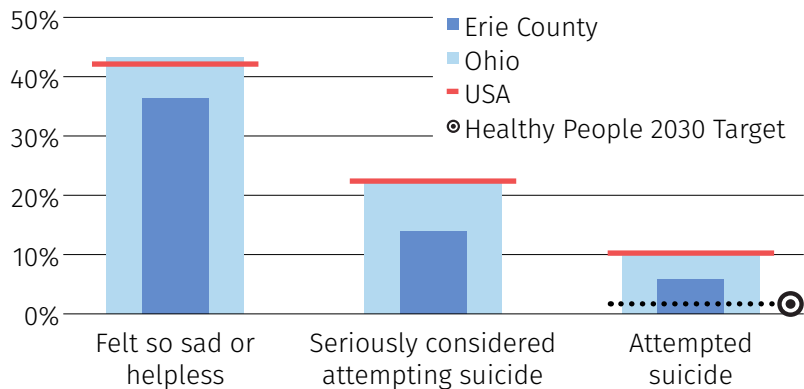
Changes in youth mental health in the last 12 months

While the percentage of youth feeling hopeless increased, the percentage of youth reporting that they considered or attempted suicide at least once in the past year is lower than in 2021.



■ Felt sad or hopeless almost every day for 2+ weeks in a row they stopped doing some usual activities (n=809) ■ Seriously considered attempting suicide (n=807) ■ Attempted suicide (n=809)

How Erie County compares (High school)



YRBS only asks mental health questions to High School students

Healthy People 2030

Reduce suicide attempts by adolescents

Target: 1.8 per 100 (1.8%)

Erie County 2024: 6%

Erie County 2020–22 Community Health Improvement Plan (CHIP)

Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Reduce depression	Erie County youth (6th-12th grade) who reported they felt so sad or hopeless almost every day for 2+ weeks in a row they stopped doing some usual activities	30%	33%	27%	36%



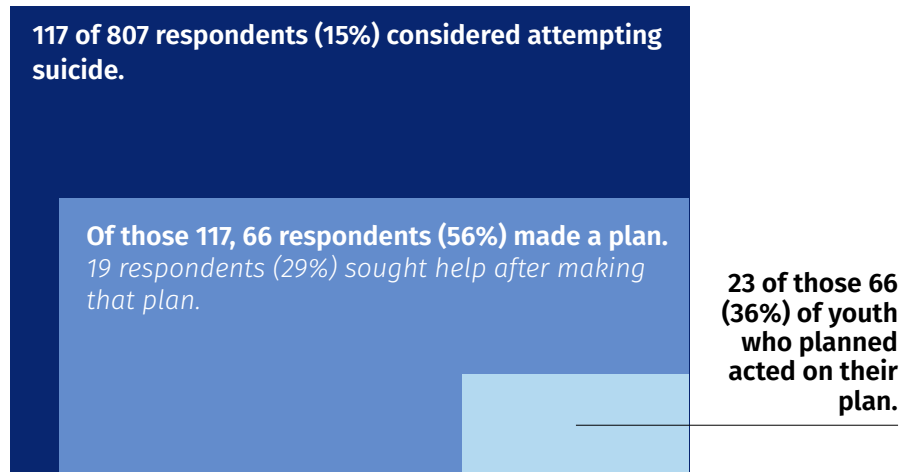
6%
(52 out of 828)

of total respondents attempted suicide at least once in the last 12 months



Youth suicide

n=807

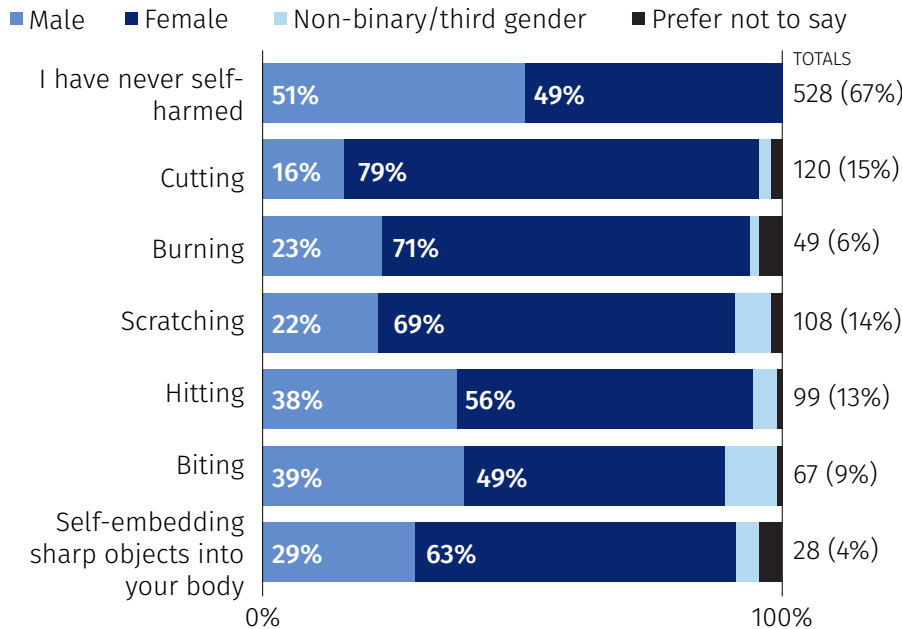


51% of youth reported that they **would seek help** if they were dealing with anxiety, stress, depression, or thoughts of suicide.
7% reported that they are currently seeking treatment.



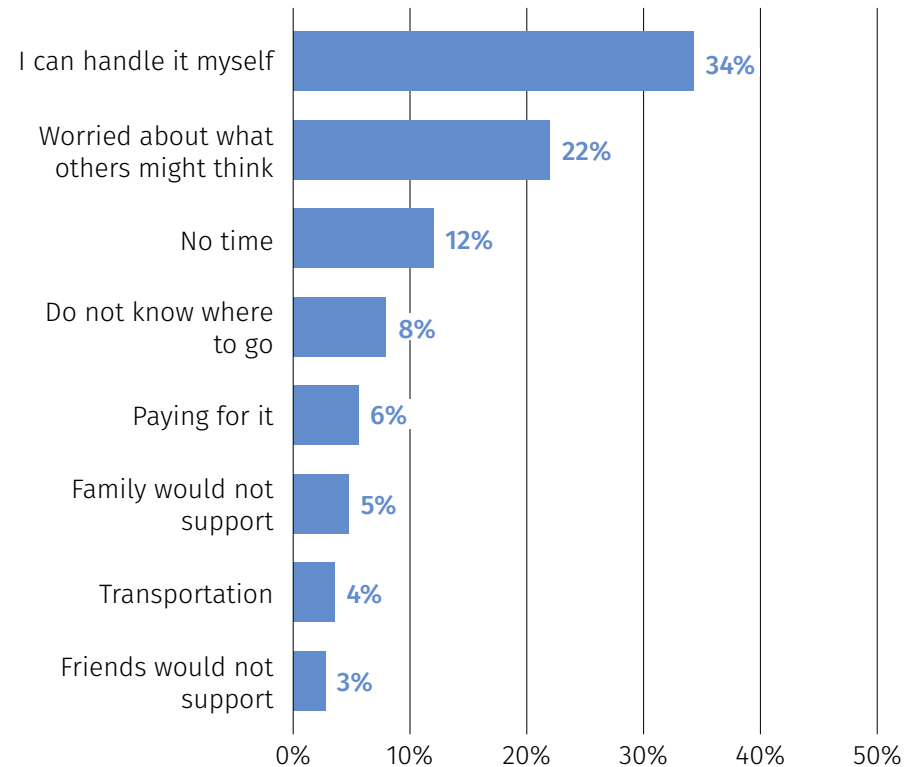
Self-harm

While 67% of youth reported never hurting themselves on purpose, the majority of those who self-harm are female.
n=785



Reasons for not seeking help

34% of youth who would not seek help for mental health issues reported that their reasoning was because "I can handle it myself". (Could select all that apply)
n=785

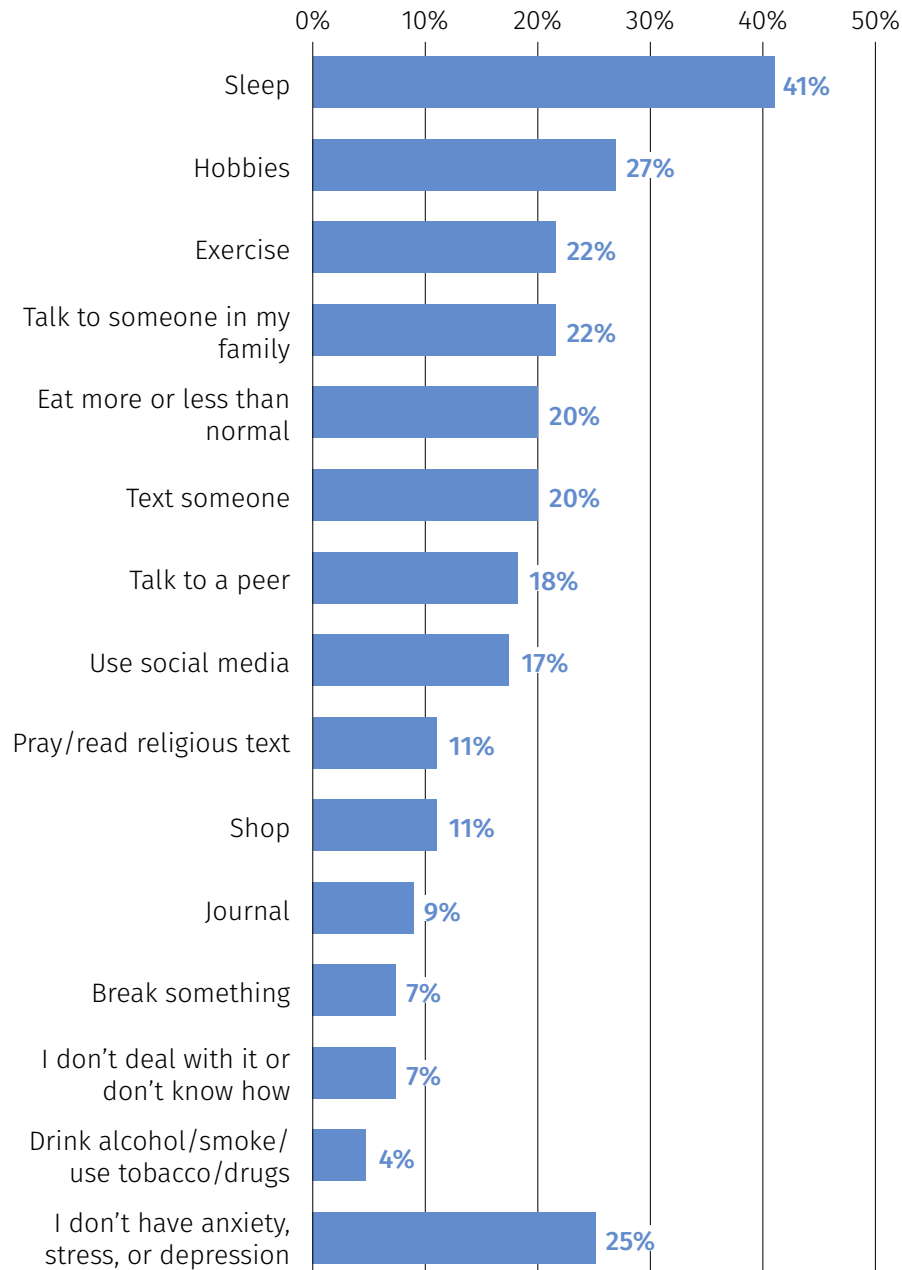


42% reported that their parents or guardians discussed healthy ways to deal with stress and emotions with them during the last year.



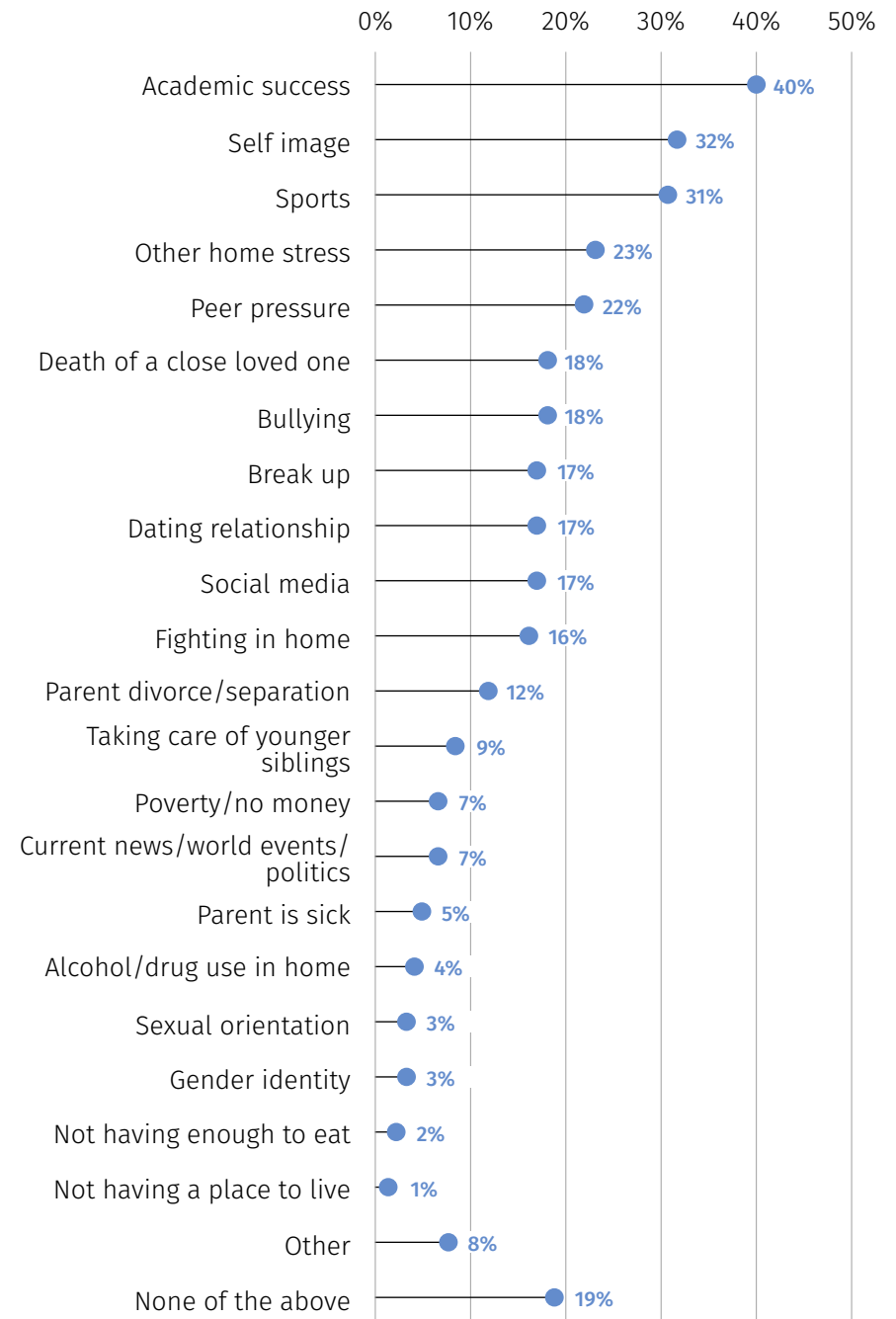
How Erie County youth cope

41% of youth reported that they deal/cope with anxiety, stress, or depression by sleeping. (Could select all that apply)
n=796



Causes of stress and anxiety of all youth

n=787



Lifetime Adverse Childhood Experiences (ACEs)

Adverse Childhood Experiences (ACEs) are associated with violence victimization and perpetration, as well as health, opportunity, and substance use across the lifespan. As the number of ACEs increases, so does the risk for negative outcomes. (Source: OHYES!)

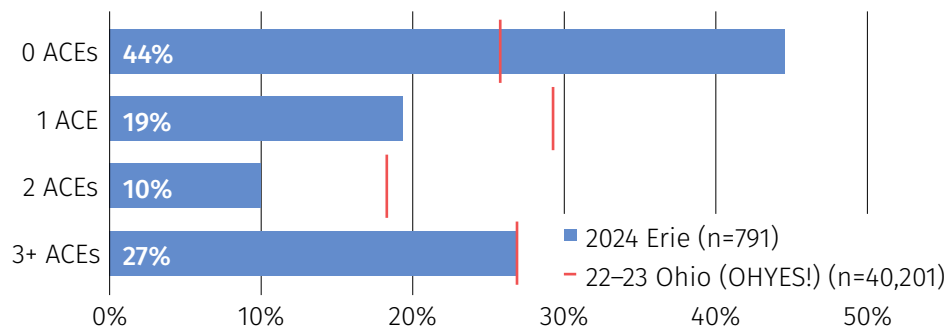
Erie County 2020–22 Community Health Improvement Plan (CHIP)

Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Reverse adverse childhood experiences	% adolescents, (6th-12th grade), who have experienced 3+ adverse experiences	22%	22%	Monitor only	27%

Number of ACEs experienced by individual

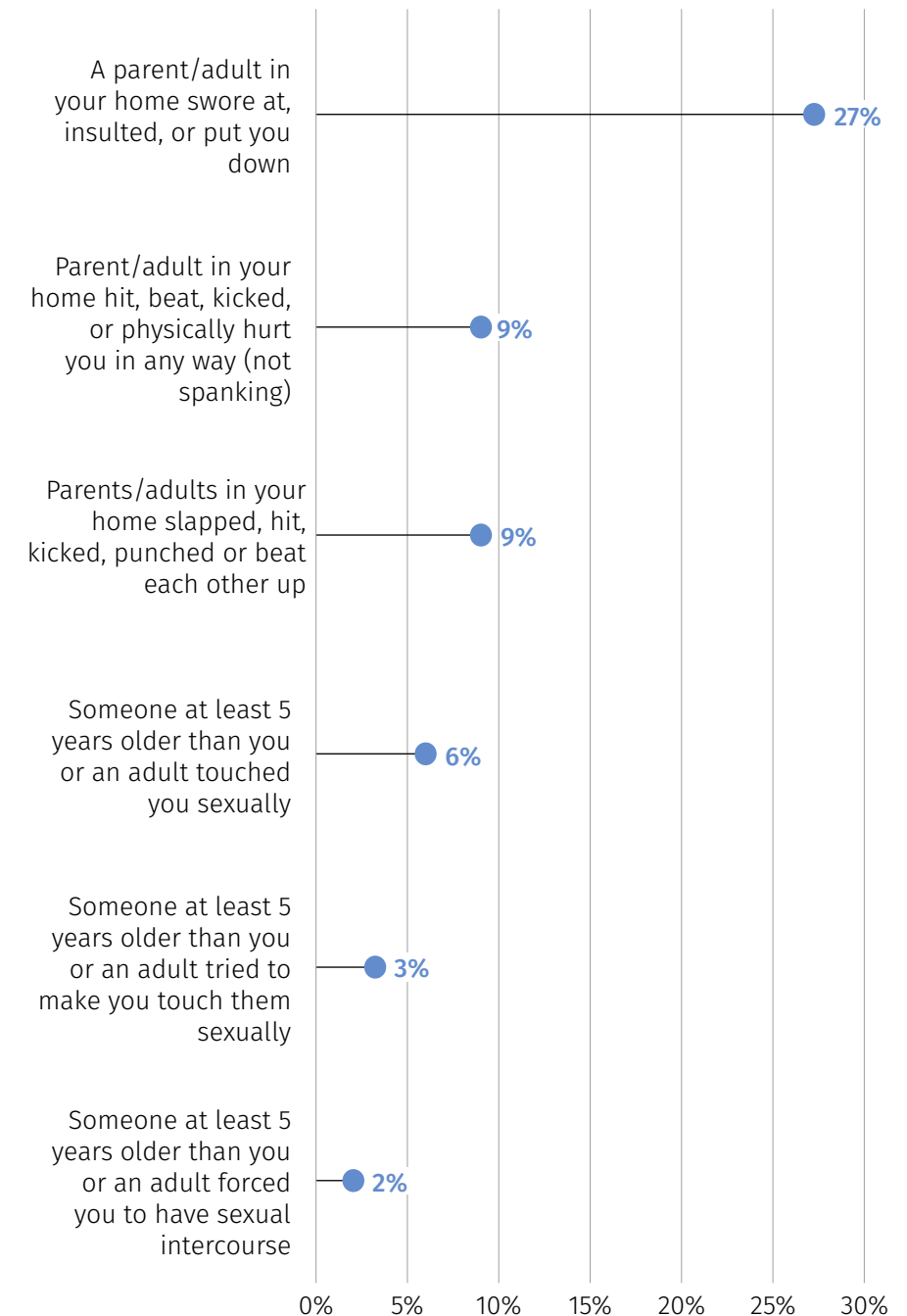
27% of respondents (211) experienced 3 or more ACEs in their lifetime.

n=791



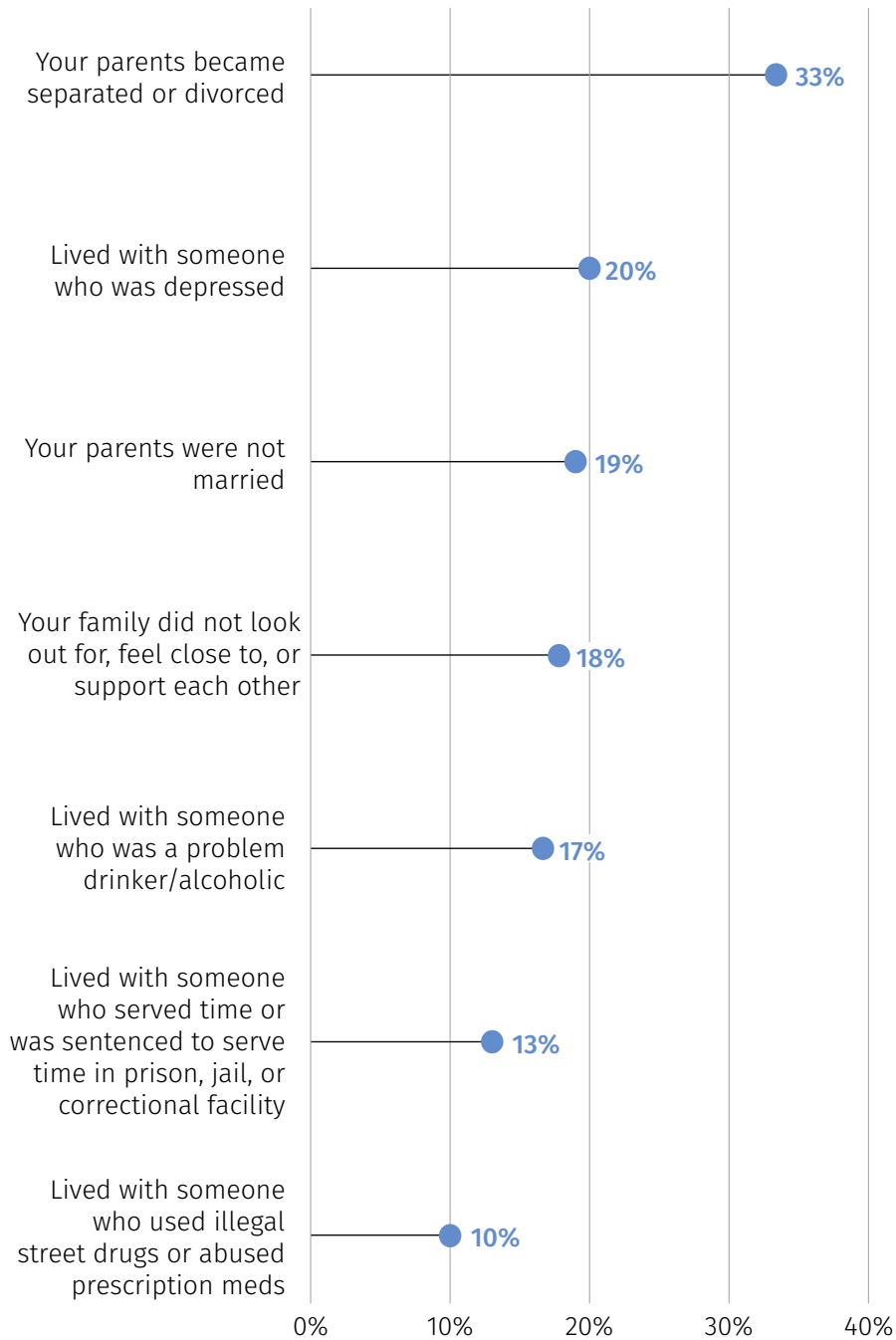
Abuse

n=791



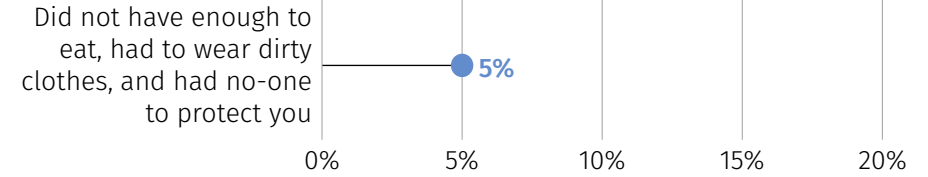
Household challenges

n=791



Neglect

n=791

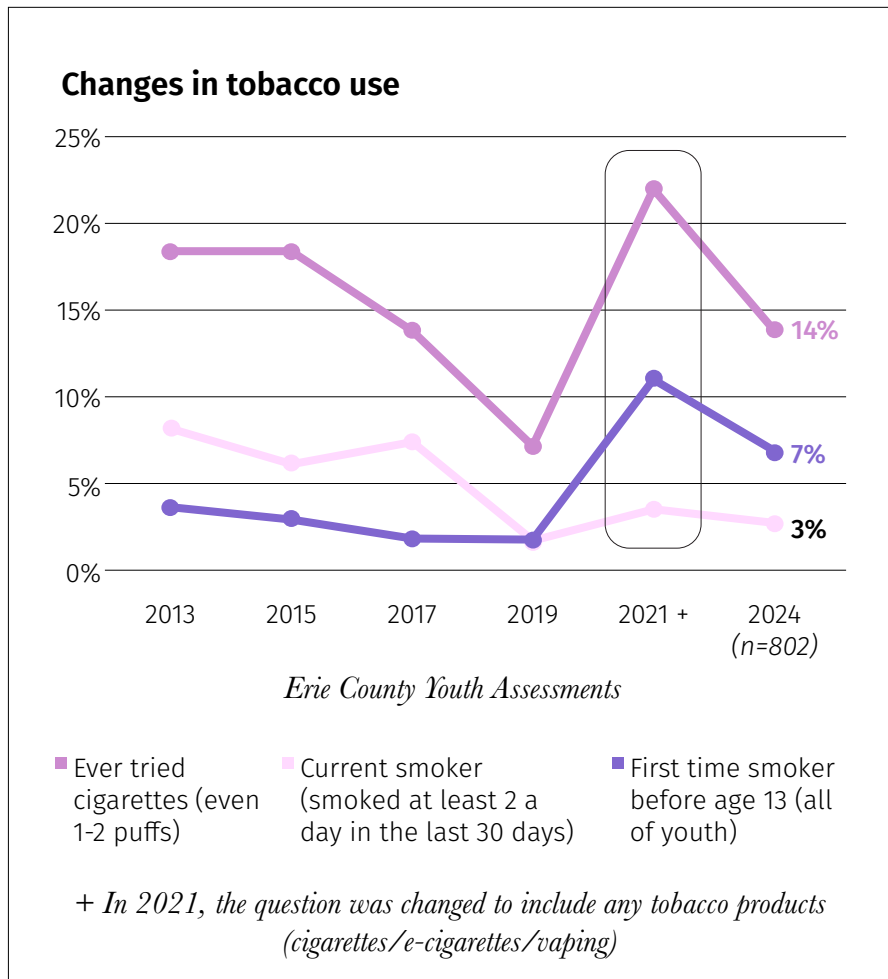


Youth
Substance Abuse

Erie County, Ohio

Youth Tobacco Use

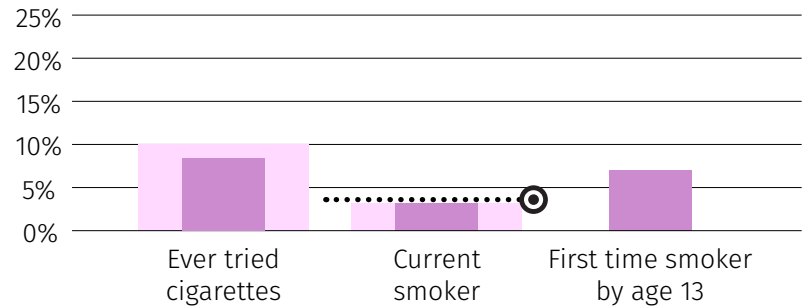
Erie County youth tobacco use has increased since 2019. Data from 2021 indicates use of cigarettes and e-cigarettes, so caution is advised in comparing changes from the last youth assessment (2021).



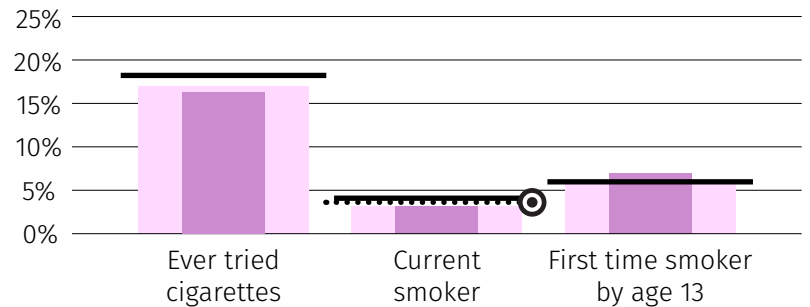
How Erie County compares

■ Erie County ■ Ohio ■ USA ● Healthy People 2030 Target

Middle school



High school



Healthy People 2030

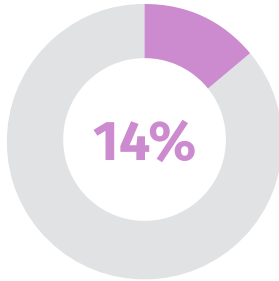
Reduce current cigarette smoking in adolescents

Target: 3.4%

Erie County 2024: 3%

12

Average age of onset for tobacco use



14% of Erie County youth reported having tried cigarette smoking, even one or two puffs.

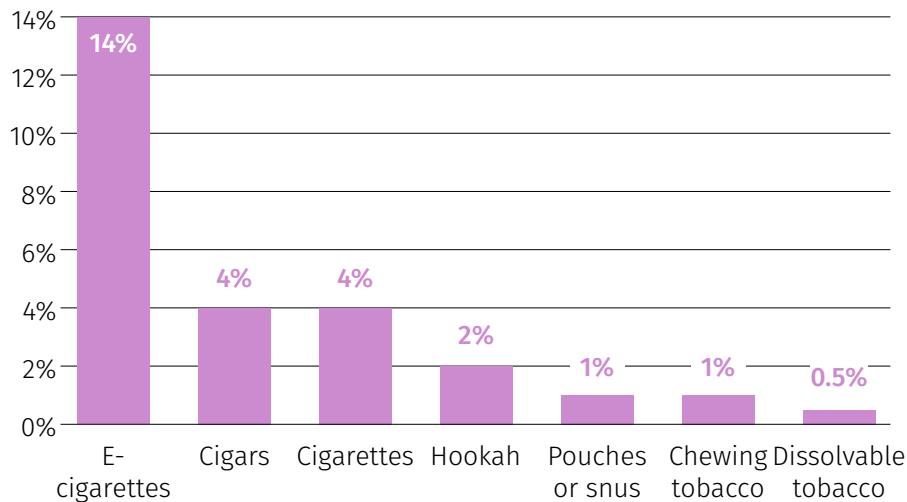
6%

of youth who smoke reported smoking all 30 days in a month

Tobacco use in the last year

84% of youth used none of the following forms of tobacco in the past year. (Could select all that apply)

n=787



The most common way that Erie County youth reported obtaining cigarettes is by:

1. Taking them from a family member
2. Borrowing or “bumming” them from someone else

The top 3 places where Erie County youth smoke:

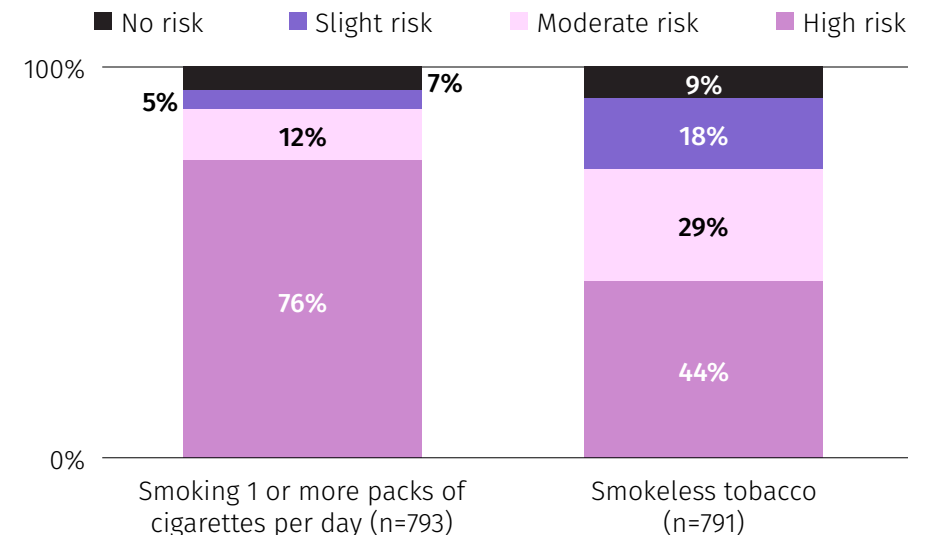
1. At home
2. At a friend’s home
3. While riding in or driving a car

In Erie County, 58% of respondents say that their parents and caregivers have talked about the dangers of underage smoking, drinking, and drug use within the last year. 27% of youth report that their parents have never talked to them about these dangers.

47% of youth report being exposed to second hand smoke anywhere, and 22% are exposed to second hand smoke in their home.

Perception of risk

How much do you think people risk harming themselves (physically or in other ways) if they use the following:



E-Cigarettes

Adolescents are more likely to use e-cigarettes than any other tobacco product, and rates of e-cigarette use have risen sharply nationally in recent years. E-cigarettes can contain harmful substances, including nicotine. Nicotine is highly addictive and can harm brain development (*Healthy People 2030*).

20%

Ever used electronic cigarette or vape

14%

Used e-cigarettes in the last year

Healthy People 2030

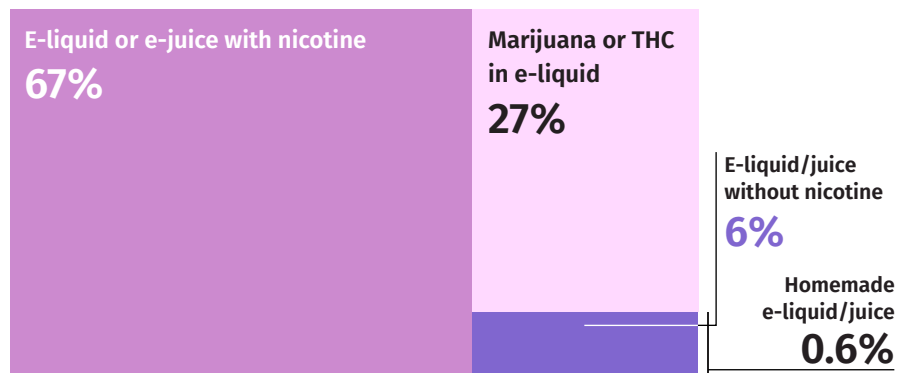
Reduce current e-cigarette use in adolescents

Target: 10.5%

Erie County 2024: 14%

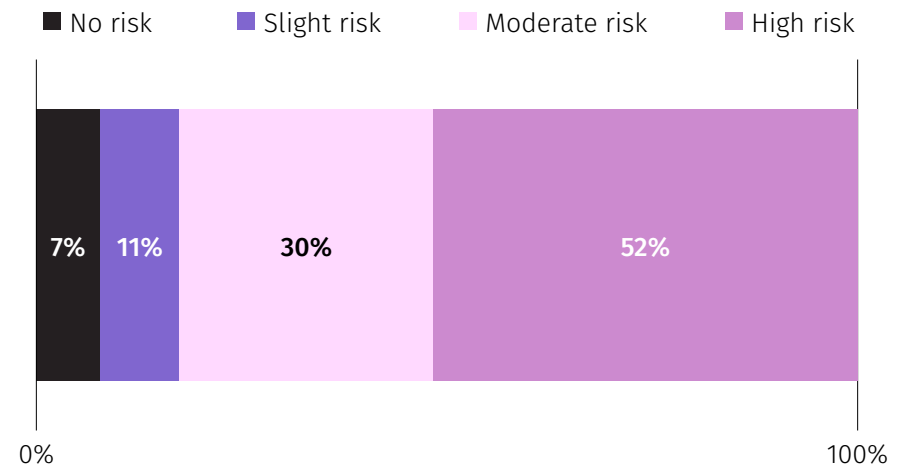
E-liquid/e-juice with nicotine is the most used substance in E-cigarettes/vape pens.

n=159



Perception of risk

How much do you think people risk harming themselves (physically or in other ways) if they use e-cigarettes or vape?
n=793



Erie County 2020–22 Community Health Improvement Plan (CHIP)

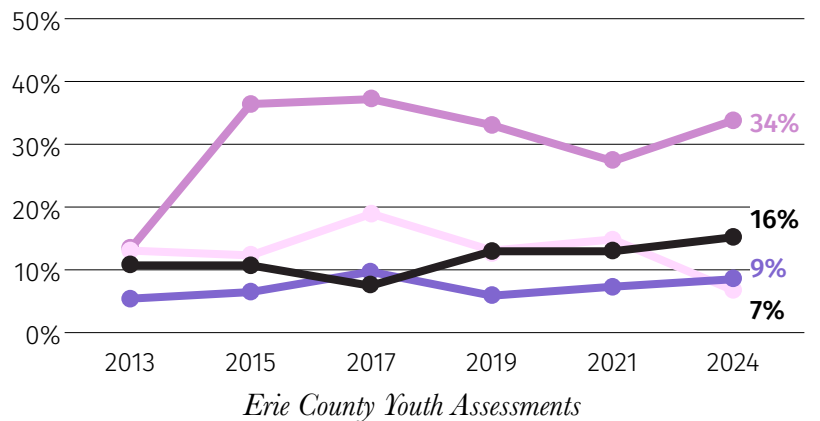
Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Decrease tobacco and nicotine use	% Erie County youth (6th-12th grade) who have used e-cigarettes during the past year	18%	15%	16%	14%

Youth Alcohol Consumption

Research indicates that alcohol use during the teenage years can interfere with normal adolescent brain development and increase the risk of developing alcohol use disorder. In addition, underage drinking contributes to a range of acute consequences, such as injuries, sexual assaults, alcohol overdoses, and deaths—including those from motor vehicle crashes (*National Institute on Alcohol Abuse and Alcoholism (NIAAA) Get the facts about underage drinking*).

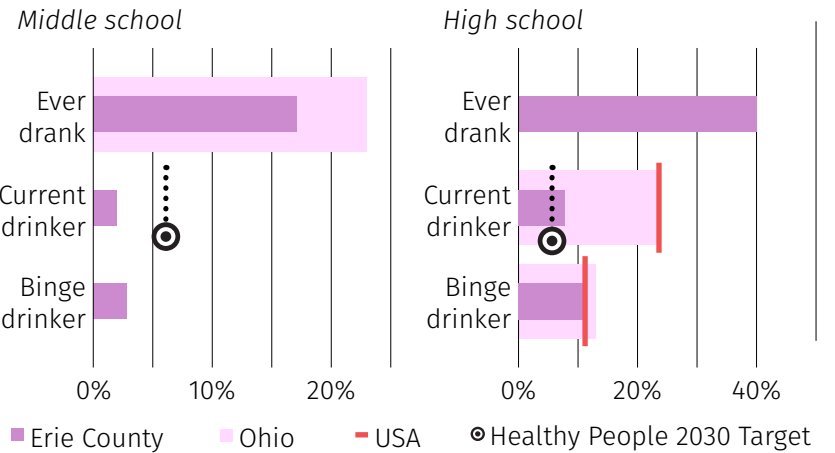
Changes in youth alcohol consumption

All of the following measurements of youth alcohol consumption increased from 2021 except rates of current drinkers.



- Ever drunk (at least 1 drink of alcohol on at least 1 day during their life) (n=802)
- Current drinker (at least 1 drink of alcohol on at least 1 day in the last 30 days) (n=788)
- Binge drinker (drank 4+ (female) or 5+ (male) within a couple of hours on at least 1 day in the last 30 days) (n=789)
- First time drinker before age 13 (all youth) (n=792)

How Erie County compares



Healthy People 2030

Reduce the proportion of adolescents who drank alcohol in the past month — (Current Drinker)

Target: 6.3%

Erie County 2024: 7%

Respondents who have drunk

Of all youth...

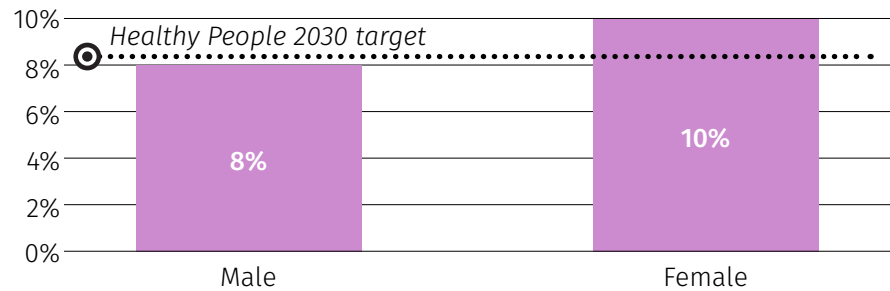
34% (274 respondents) reported having at least one drink of alcohol in their life. n=795

Of those who have drunk in their life, 47% (130 respondents) drank for the first time at age 13 or younger. n=274

Binge drinking

9% of respondents binge drank 1 or more times in a typical month. (Binge drinking is defined for females as having 4 or more alcoholic beverages in a row, or 5 or more alcoholic beverages in a row for males).

n=789



Healthy People 2030

Reduce the proportion of people under 21 years who engaged in binge drinking in the past month

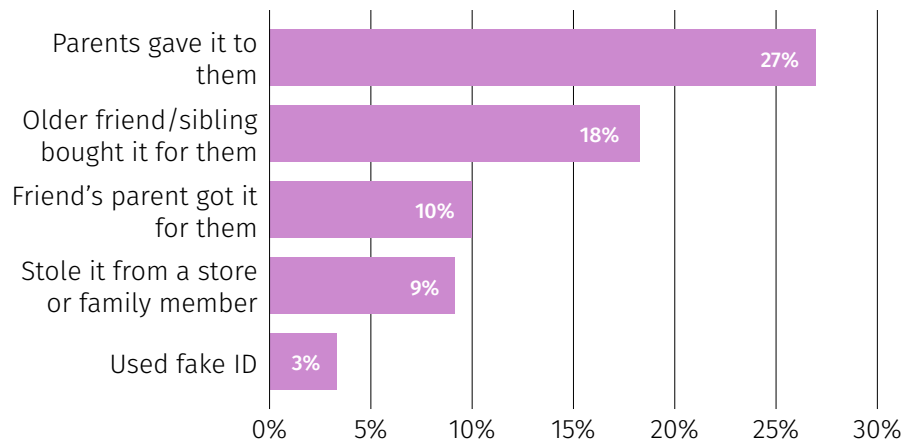
Target: 8.4%

Erie County 2024: 9%

Accessing alcohol

45% of youth who drink usually get their alcohol by someone giving it to them. (Could select all that apply)

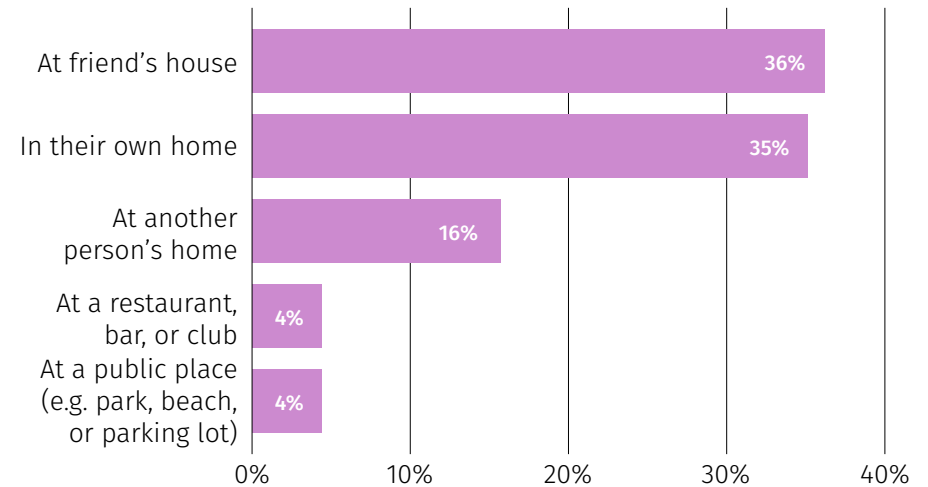
n=164



Where do youth who drink usually drink alcohol?

(Could select all that apply)

n=236



Only one person said that they drink alcohol on school property



18%

of youth reported riding in a car driven by someone who was under the influence of alcohol at least once in a usual month



Alcohol is a factor in the deaths of thousands of people younger than age 21 in the United States each year. This includes:

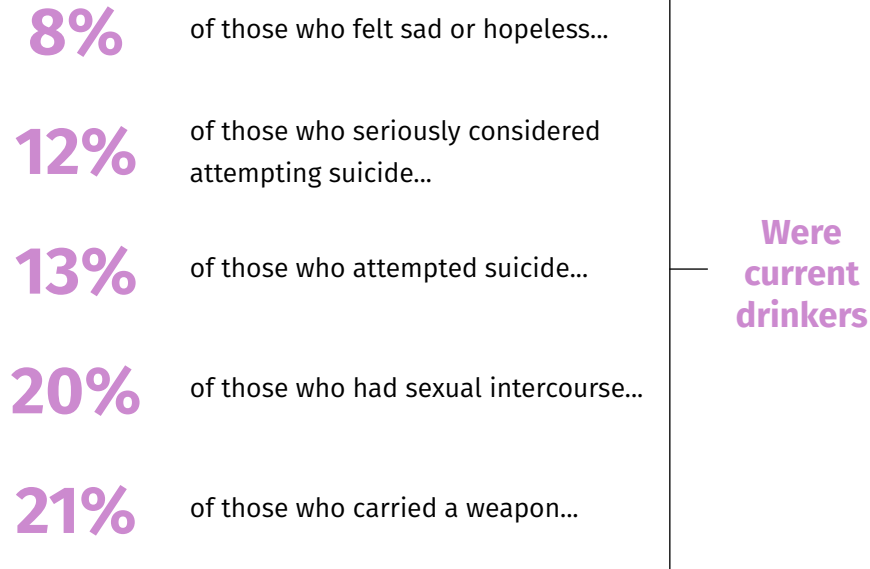
- **1,345 from motor vehicle crashes involving an alcohol-impaired driver**
- **998 from homicides**
- **177 from alcohol overdose, falls, burns, and drowning**
- **649 from suicides**

(National Institute on Alcohol Abuse and Alcoholism - Underage Drinking in the United States)



Behaviors of current drinkers

n=828



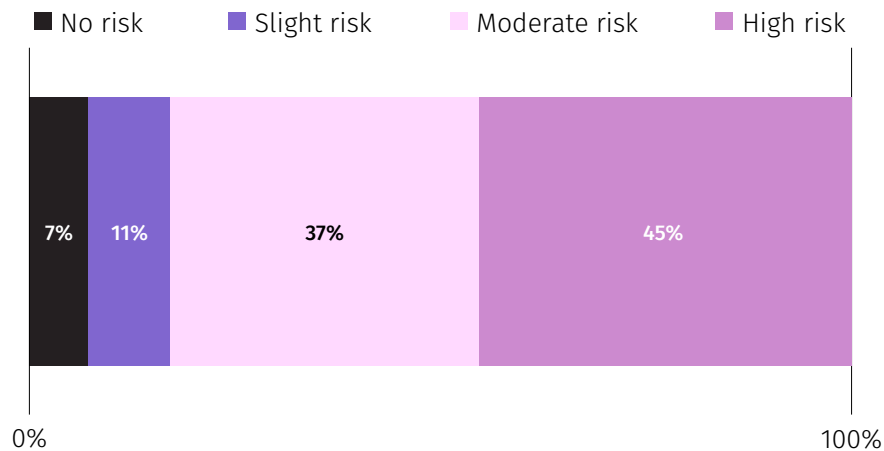
Erie County 2020–22 Community Health Improvement Plan (CHIP)

Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Reduce youth alcohol use	% of high school students who have used alcohol within the past 30 days	21%	15%	19%	7%

Perception of risk

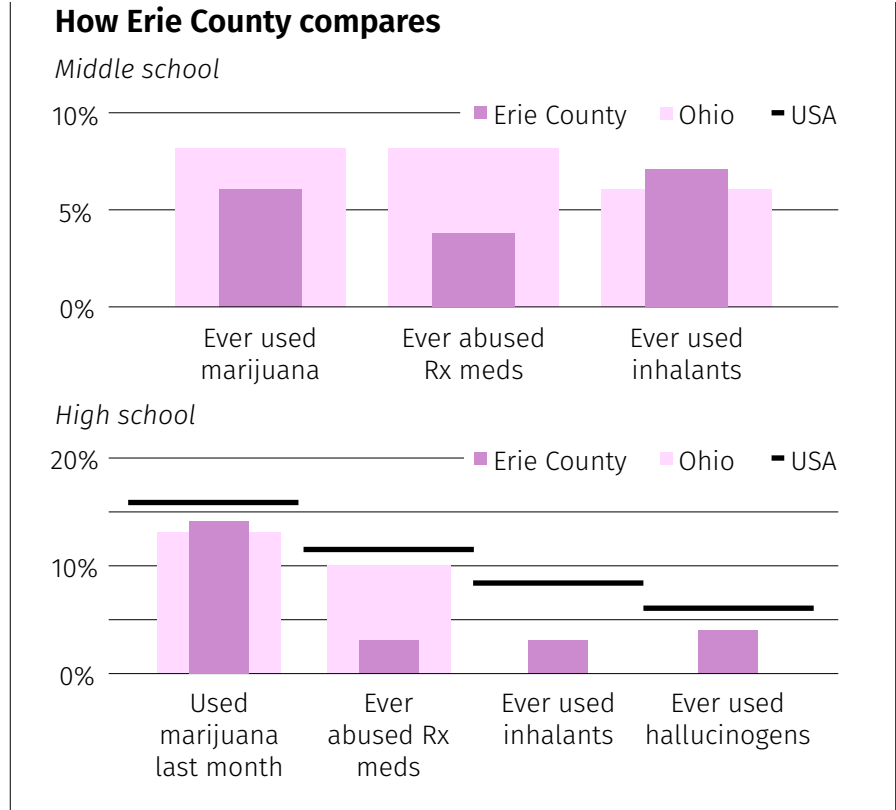
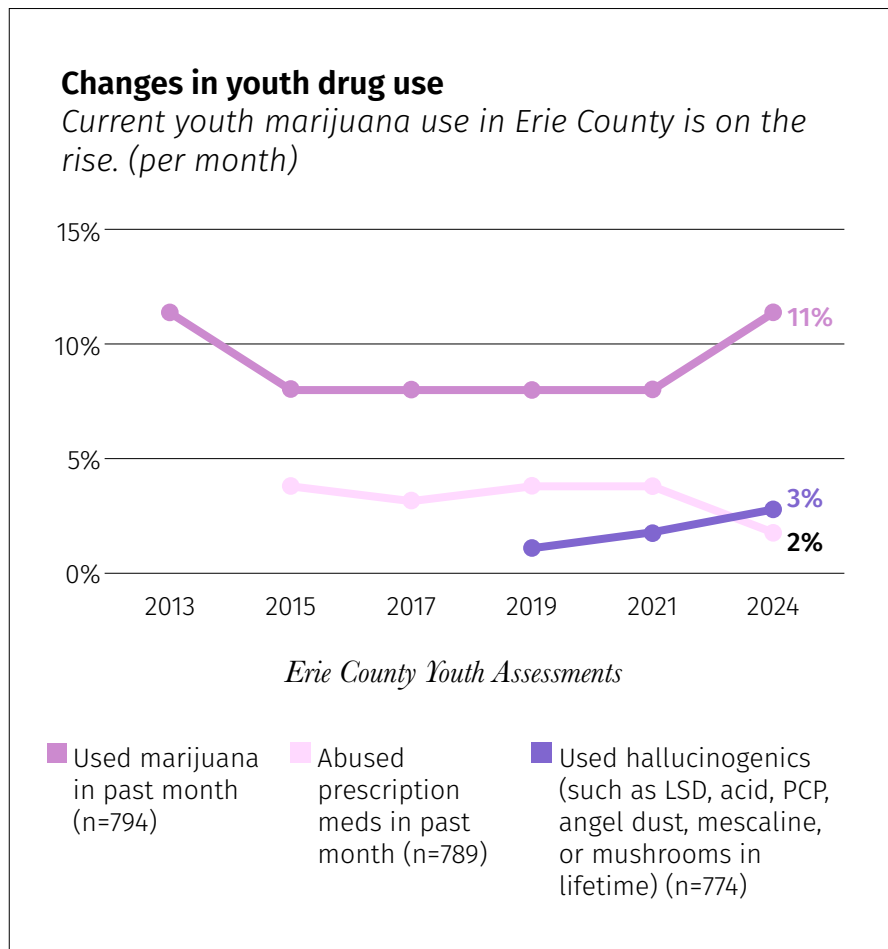
How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks of an alcoholic beverage once or twice a week?

n=794



Youth Drug Use

Drug use (excluding marijuana) among youth in Erie County is relatively low compared to alcohol use. A higher percentage of respondents had tried marijuana, but regular usage is less common.



Erie County 2020–22 Community Health Improvement Plan (CHIP)

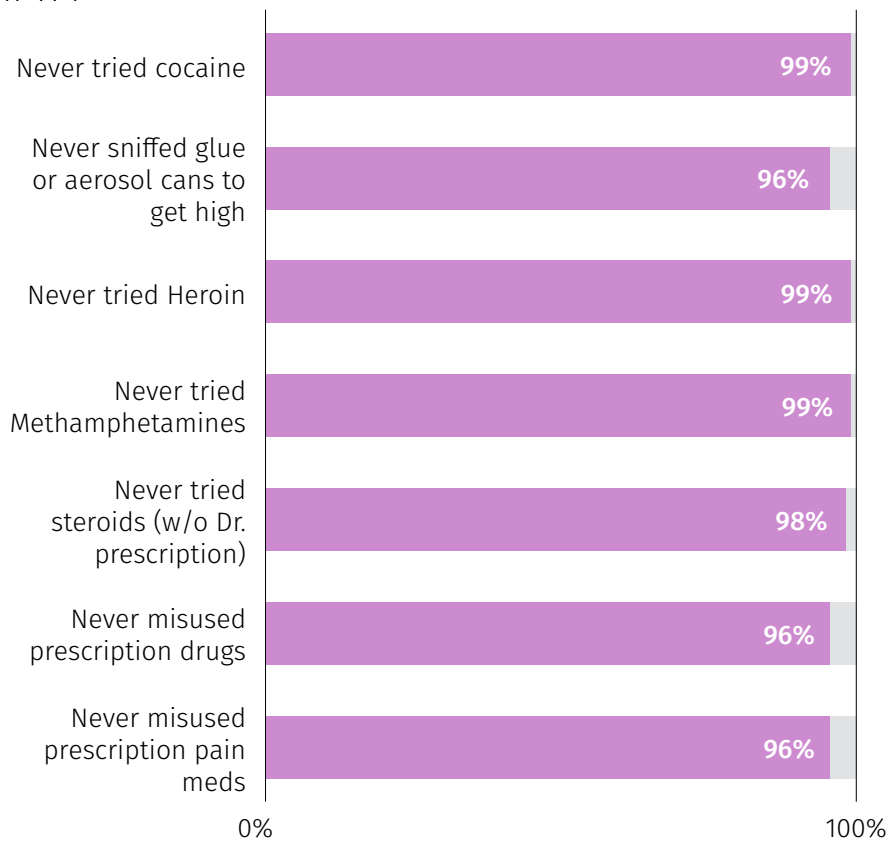
Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Reduce youth marijuana use	% of high school students who have used marijuana in the past 30 days	8%	8%	15%	11%

19% of youth reported using marijuana at least once in their life, which is up from 8% in 2021. Of those 19%, 42% don't use it regularly, but 18% report using it 40 or more times in a usual month (n=150).

According to the CDC, high-risk substance use is any use by adolescents of substances with a high risk of adverse outcomes (i.e., injury, criminal justice involvement, school dropout, loss of life). This includes: misuse of prescription drugs, use of illicit drugs (i.e., cocaine, heroin, methamphetamines, inhalants, hallucinogens, or ecstasy), and use of injection drugs which have a high risk of infection of blood-borne diseases such as HIV and hepatitis (Centers for Disease Control).

The majority of Erie County youth have not tried the following high-risk substances.

n=774



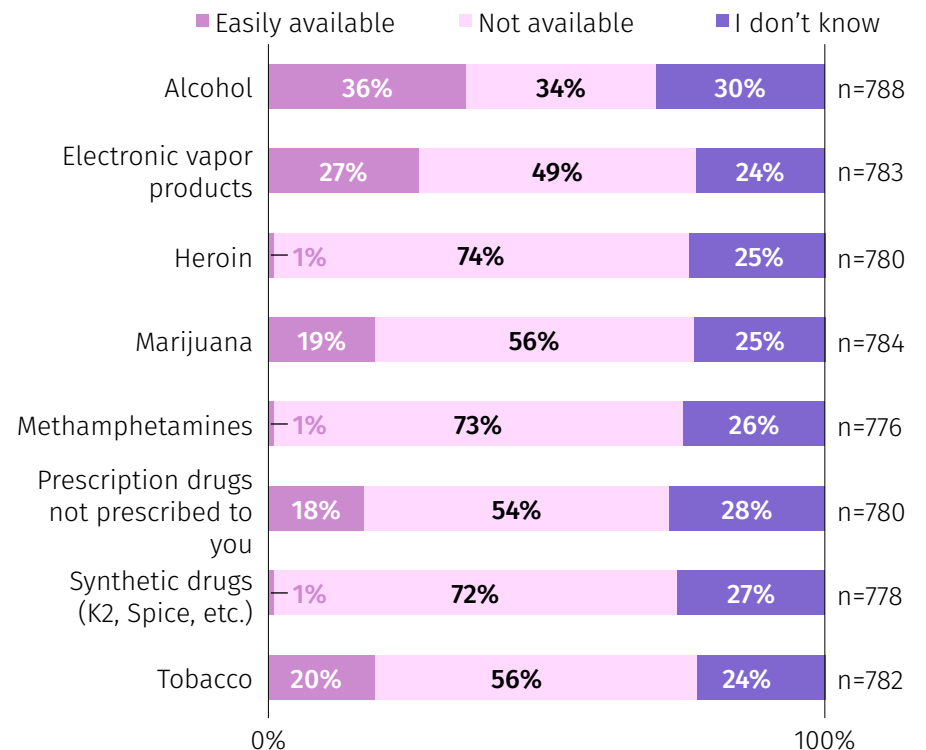
8% admitted to using over-the-counter medications such as cold medicine, allergy medicine, or pain relievers to get high.

Of all youth,

- 48 students had tried Liquid THC
- 21 students had tried Hallucinogenic drugs (LSD, acid, PCP, angel dusk, mushrooms)
- 17 students had tried Posh/salvia/synthetic marijuana
- 10 students had misused cough syrup
- 6 students had tried Ecstasy

8% report ever being offered, sold, or given an illegal drug on school property (n=784).

The availability of substances



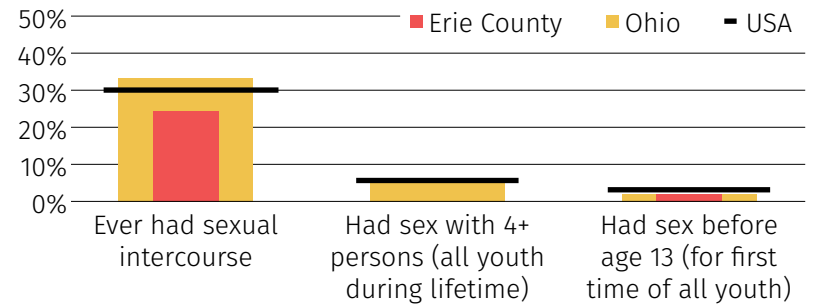
Youth
Sexual Behavior

Erie County, Ohio

Youth Sexual Behavior

Many young people engage in sexual behaviors that can result in adverse health outcomes, such as unintended pregnancy and STDs, including HIV. While many youth sexual behavior variables have increased over the past few years, Erie County rates for high school sexual activity fall below most state and national averages. (YRBSS 2021 Data Summary and Trends Report)

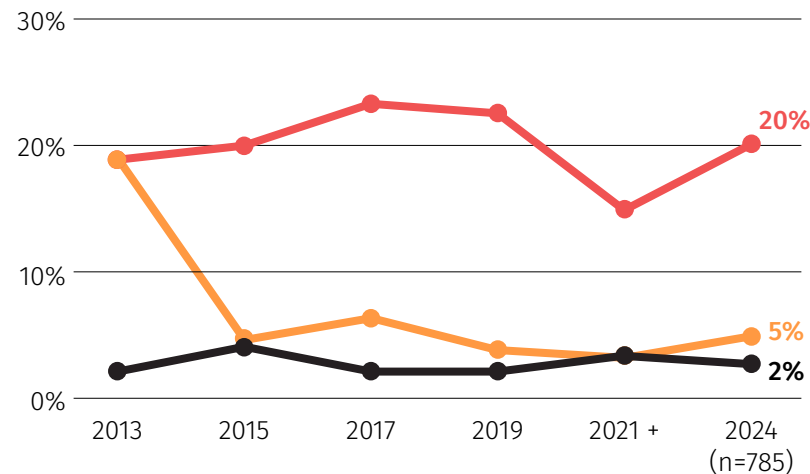
How Erie County compares (High school)



The YRBSS only asks sexual activity questions to High School students

Changes in youth sexual behavior

The prevalence of sexual activity among teens increased in 2024.

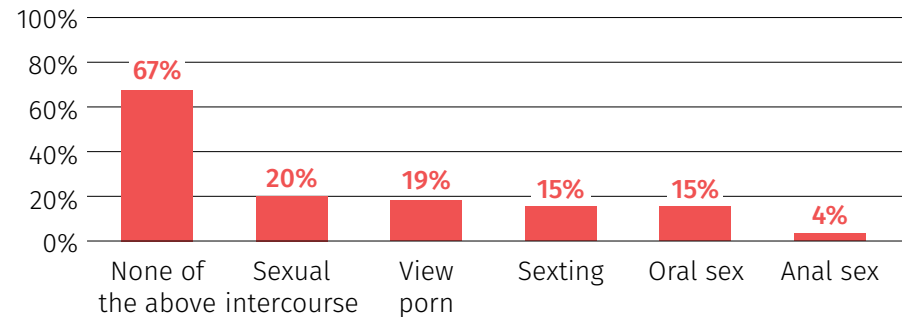


Erie County Youth Assessments

- Ever had sexual intercourse
- Had sexual intercourse with 4+ persons (all of youth during their life)
- Had sexual intercourse before age 13 (for first time of all youth)

20% of youth reported having ever participated in sexual intercourse. (Could select all that apply)

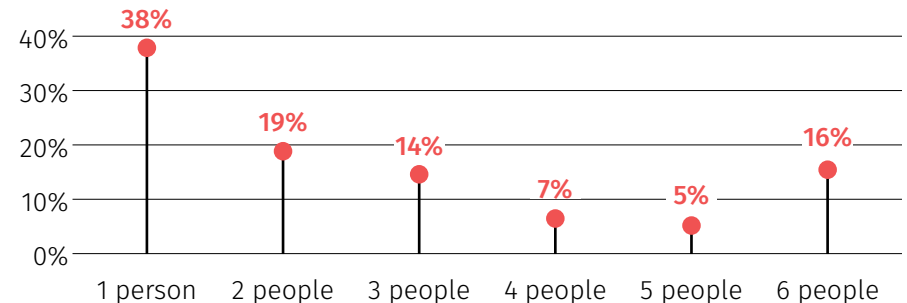
n=785



Average age of first sexual intercourse among all youth was 14.

Number of sexual partners in lifetime (of sexually active youth)

n=149

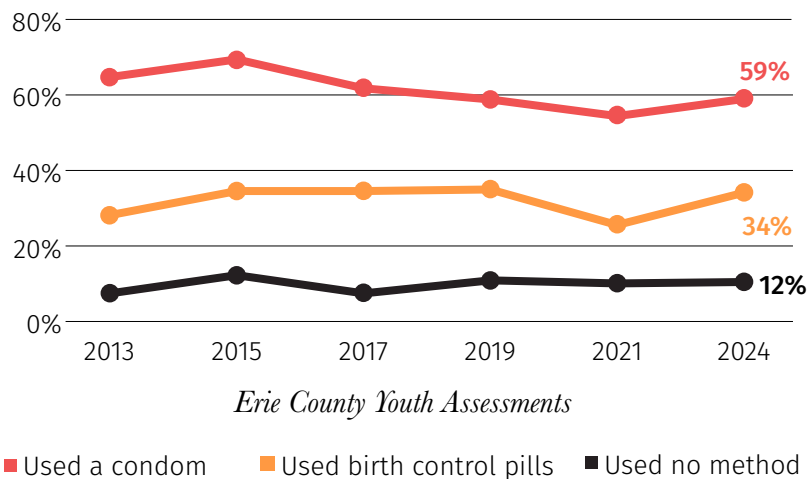


Pregnancy & STD Prevention

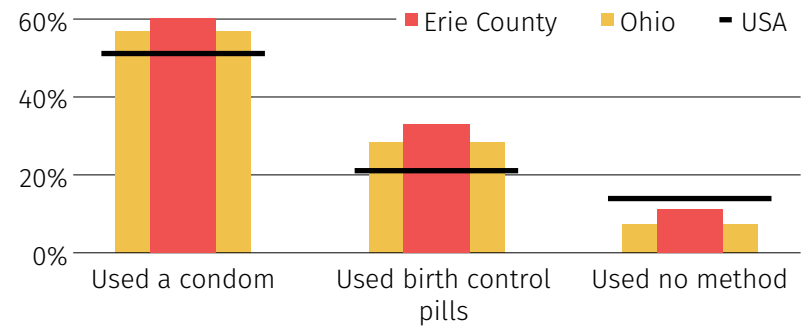
Survey respondents who indicated that they were sexually active were asked which methods they have used to prevent pregnancy and STDs during their last time having sexual intercourse. When asked about methods of prevention, 34% answered withdrawal, and 8% answered avoiding alcohol and recreational drug use. This indicates that perhaps improvements in sexual education are necessary.

Changes in birth control usage during last sexual intercourse

Among sexually active youth, condom and birth control pill usage has improved from recent years, but some youth are still not using any method to prevent pregnancy of those sexually active
n=149



How Erie County compares (High school)



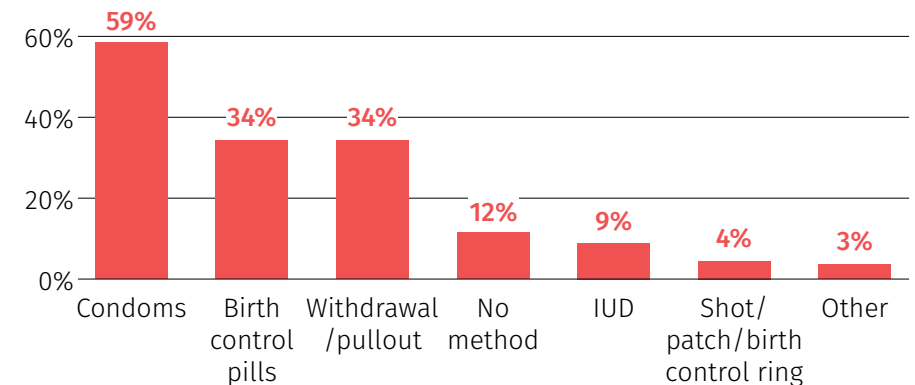
The YRBS only asks sexual activity questions to High School students

12% (18) reported drinking alcohol or using drugs before sexual intercourse the last time.

19% of all youth said that in the past year, an adult has talked to them about birth control options, 21% about Condoms/safer sex/STD prevention, and 13% about abstinence and how to refuse sex.

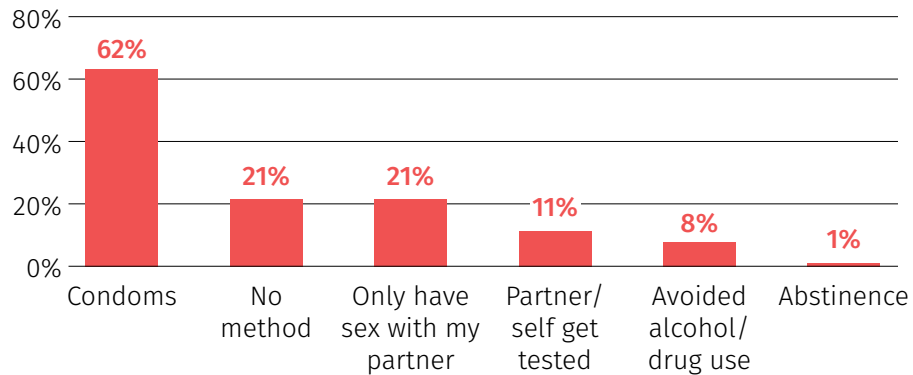
Preventing pregnancy

Methods that sexually active youth used to prevent pregnancy during their most recent sexual intercourse (Could select all that apply) n=149



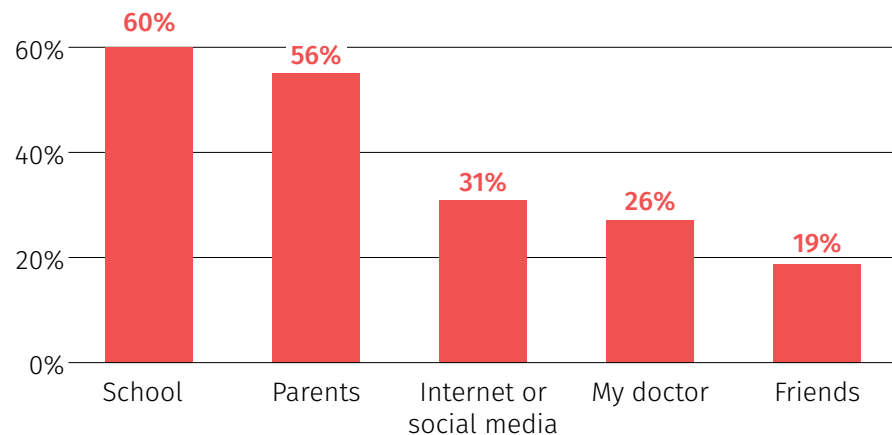
Preventing STDs

Method(s) that sexually active youth used to prevent STDs during their most recent sexual intercourse (Could select all that apply) n=141



2% (9) of female respondents reported having been pregnant, 6% (25) said they want to get pregnant.

Where are youth taught about pregnancy prevention, STDs, AIDS or HIV infection, or the use of condoms? (Could select all that apply) n=780

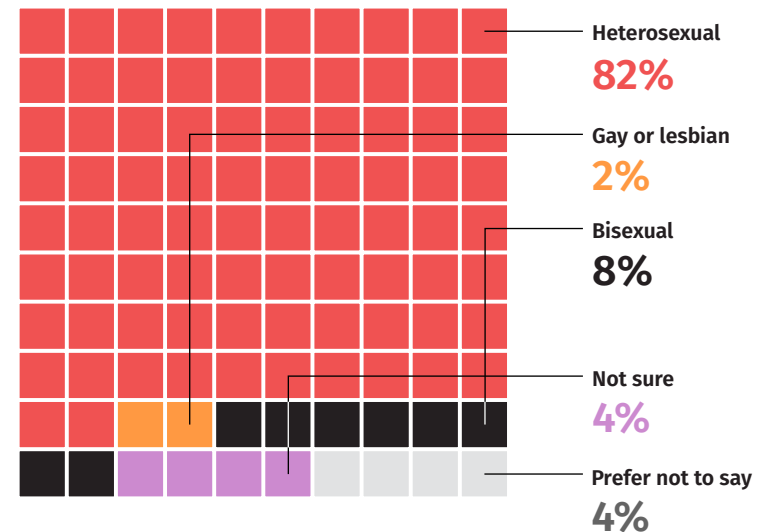


13% said they had not been taught about these topics.

Sexual Orientation

Reported sexual orientation of respondents

n=810



- 5% of female respondents (21 respondents) reported having sexual contact with a female.
- 1% of male respondents (5 respondents) reported having sexual contact with a male.
- Most youth who identified as non-binary or preferred not to share their gender reported never having sexual contact.

10% of respondents said that during the past 12 months, they had been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual.

Sexting

The survey defined sexting as any of the following scenarios:

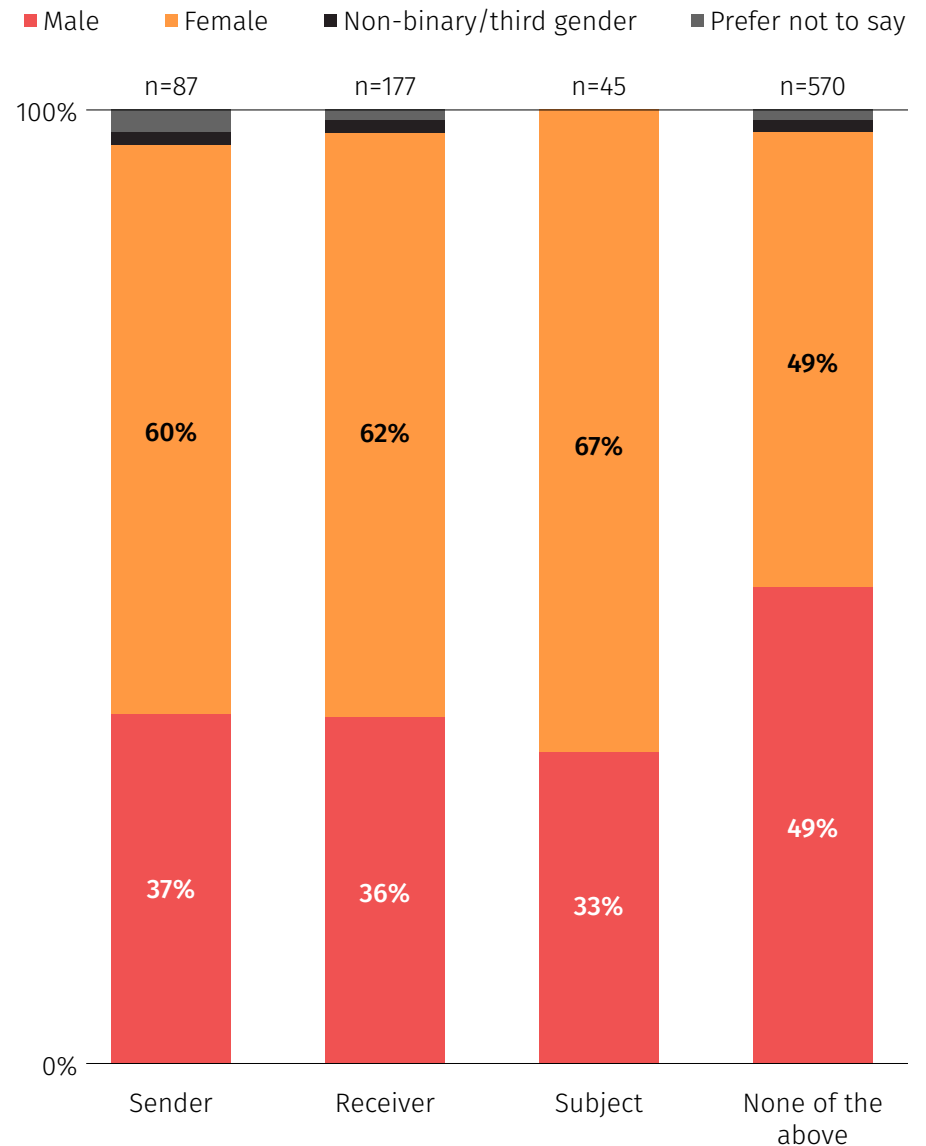
1. **Sexting sender:** You texted, emailed, or posted electronically a revealing or sexual photo of yourself
2. **Sexting receiver:** You received a text or an email with a revealing or sexual photo of someone
3. **Sexting subject:** A revealing or sexual photo of you was texted, emailed, or posted electronically without your permission

27% of all female respondents have **received** “sexts”.

13% of all female respondents have **sent** “sexts”.

67% of respondents who reported having been the subject of sexting, identified as female (7% of all females).

n=782



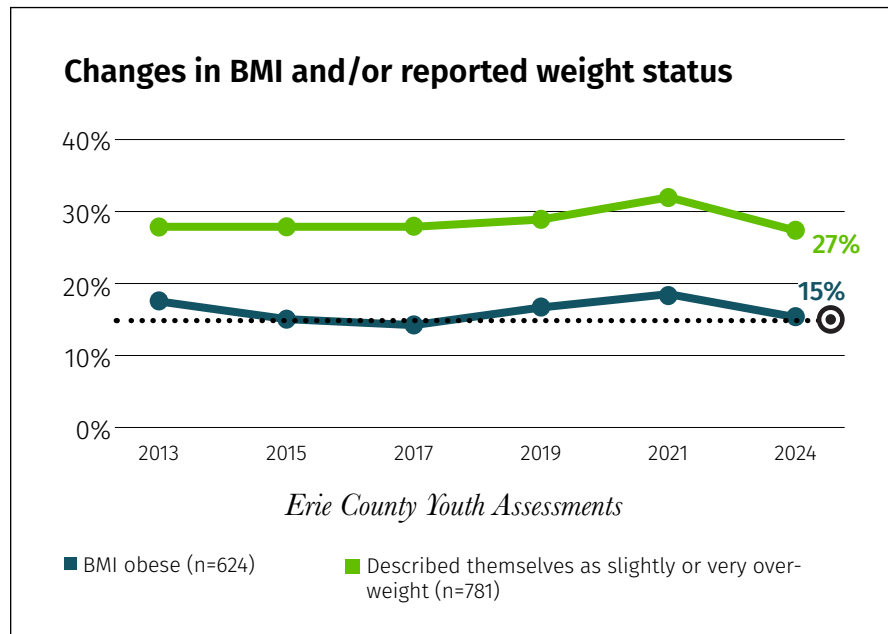
Youth
Nutrition & Exercise

Erie County, Ohio

Youth Weight Status

BMI for children is calculated differently from adults. The CDC uses BMI-for-age, which is gender and age specific, since children’s body fat changes over the years as they grow. In children and teens, BMI is used to assess underweight, normal, overweight, and obese (CDC; *Healthy Weight, Nutrition, and Physical Activity, About Child & Teen BMI*).

- **15% of respondents were classified as obese (≥95th percentile)**
- **19% of boys and 11% of girls were classified as obese**



Healthy People 2030

Reduce the proportion of children and adolescents with obesity

Target: 15.5%

Erie County 2024: 15%

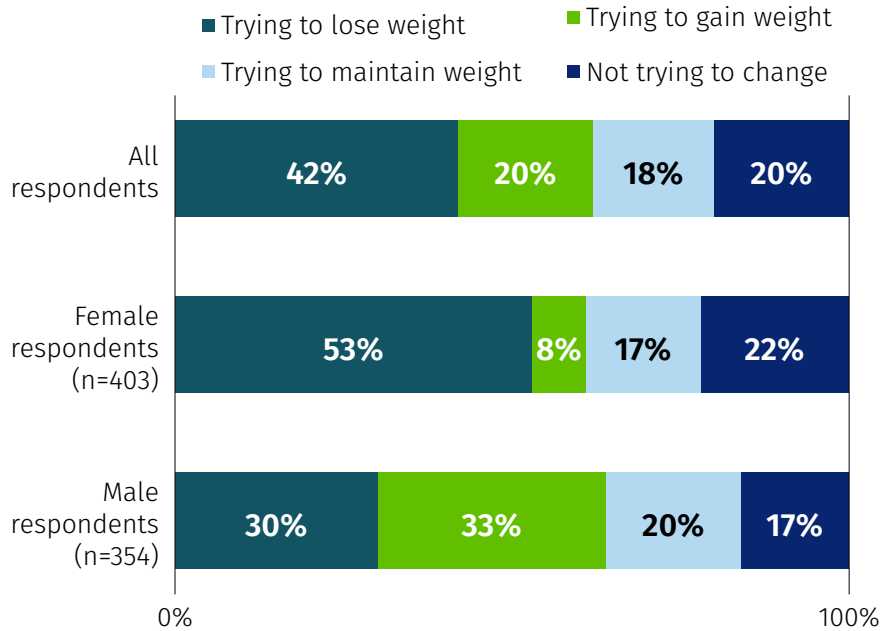
How do you describe your weight?

	Male (n=354)	Female (n=405)
Very underweight	3%	2%
Slightly underweight	18%	15%
About the right weight	53%	55%
Slightly overweight	25%	24%
Very overweight	1%	4%

Youth currently trying to change their weight

42% of youth are trying to lose weight.

n=779



Erie County 2020–22 Community Health Improvement Plan (CHIP)

Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Decrease obesity	% of youth grades 6-12 classified as obese, having a BMI at or above the 95 percentile for children and teens of the same age and sex	17%	19%	15%	15%

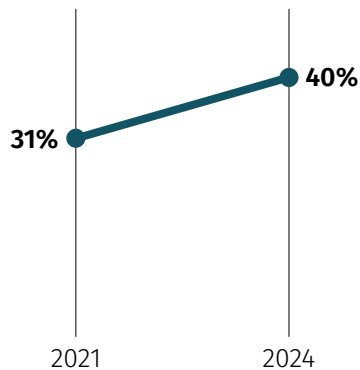
20% of youth reported that they eat more or less than normal to deal/cope with anxiety, stress, or depression (n=796).

24% reported that in the past year, their parents or guardians talked to them about body image (n=774).

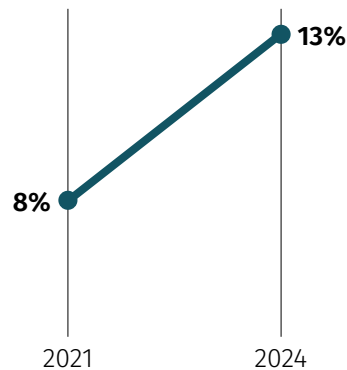
Changes from 2021 to 2024

Primary methods used to lose or keep from gaining weight included exercising, drinking more water, and eating more fruits and vegetables. n=774

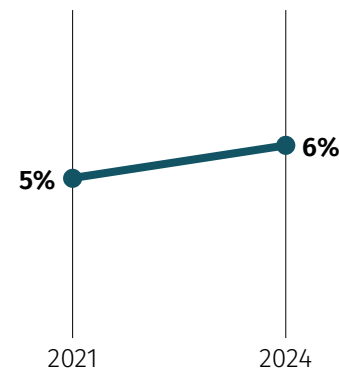
Eating less food, fewer calories, or foods low in fat



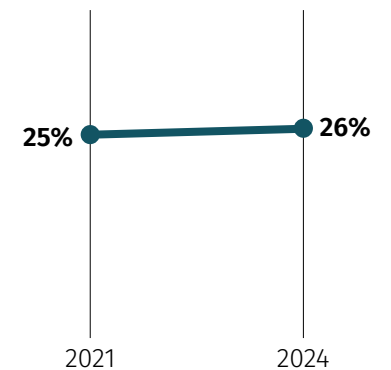
Going without eating for 24 hours (22% of females)



Vomiting or taking laxatives to lose or keep from gaining weight



Skipping meals



Erie County Youth Assessments

Youth Nutrition

According to the 2020–2025 Dietary Guidelines for Americans, Americans should consume fruits and vegetables as part of a healthy eating pattern to reduce the risk for diet-related chronic diseases, such as cardiovascular disease, type 2 diabetes, some cancers, and obesity (CDC).

57% of youth report having the recommended 2 or more servings of fruit per day.

n=766



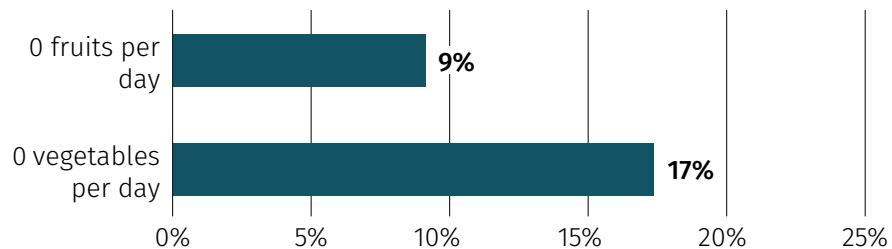
19% report having the recommended 3 or more servings of vegetables per day.

n=766



9% reported having 0 fruits per day and 17% reported having 0 vegetables per day.

n=766



70% of youth reported that they eat 1 to 2 meals a week in a restaurant or take out.

46% of youth reported drinking a serving of sugary drinks such as soda, sports drinks, or energy drinks 1-3 times during the past 7 days, 32% specifically drank high caffeine drinks 1-3 times in the past 7 days.

23% of youth reported eating breakfast every day in the past week, but 55% reported having had breakfast 3 days or less (n=768).

Erie County 2020–24 Community Health Improvement Plan (CHIP)

Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Improve nutrition	% of youth (6th-12th grade) that ate 5 or more servings of vegetables per day	24%	21%	30%	4%

Food Insecurity

According to the Ohio State Health Assessment (SHA), food insecurity refers to “the percent of households that are uncertain of having, or unable to acquire, at some time during the year, enough food to meet the needs of all of their members because they had insufficient money or other resources for food”.

13% of Erie County youth report going to bed hungry for 1 or more days in a typical week (*n*=770).

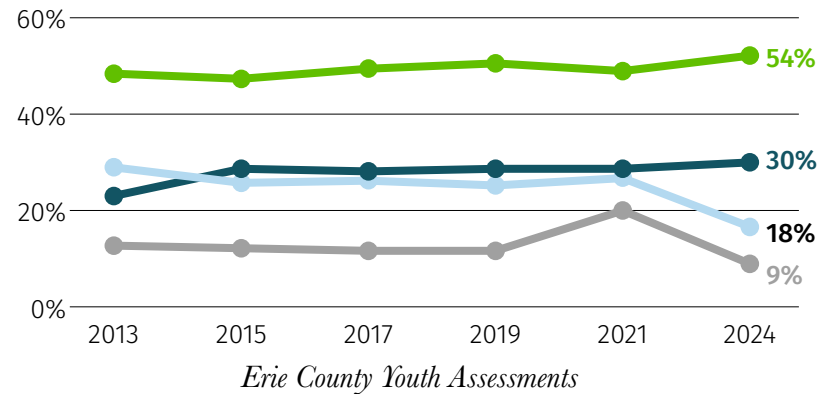
6% reported **sometimes** going to bed hungry because there is not enough food in their home, 3% said **most of the times or always** (*n*=768).

2% reported that not having enough to eat was a cause of stress, anxiety, or depression for them (*n*=796).

Youth Physical Activity

Changes in physical activity

Youth physical activity is improving in Erie County.

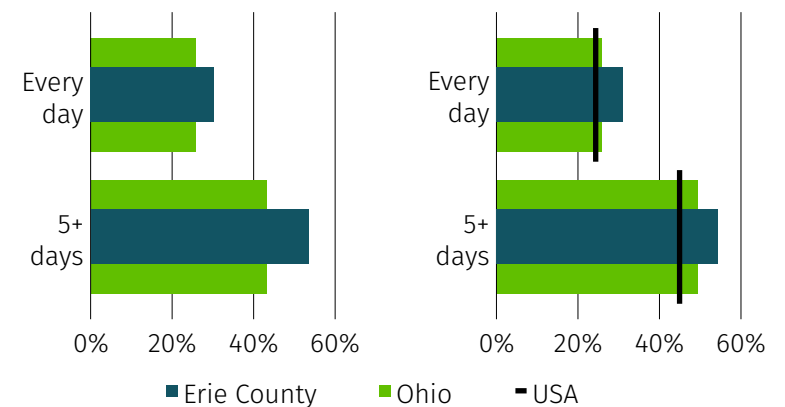


- Physically active at least 60 min per day every day (*n*=766)
- Physically active at least 60 min per day 5+ days in past week (*n*=766)
- Did not participate in at least 60 min of physical activity on any day in past week (*n*=766)
- Watched 3+ hours per day of television per day (on average school day) (*n*=758)

How Erie County compares

Middle school

High school



78% of respondents reported being physically active for more than 60 minutes at least 3 days in last week. (n=766)

Healthy People 2030
 Increase the proportion of children and adolescents who play sports
Target: 63.3%
Erie County 2024: 50%

50% of respondents currently participate in sports or intramural programs and 43% report exercising outside of school.

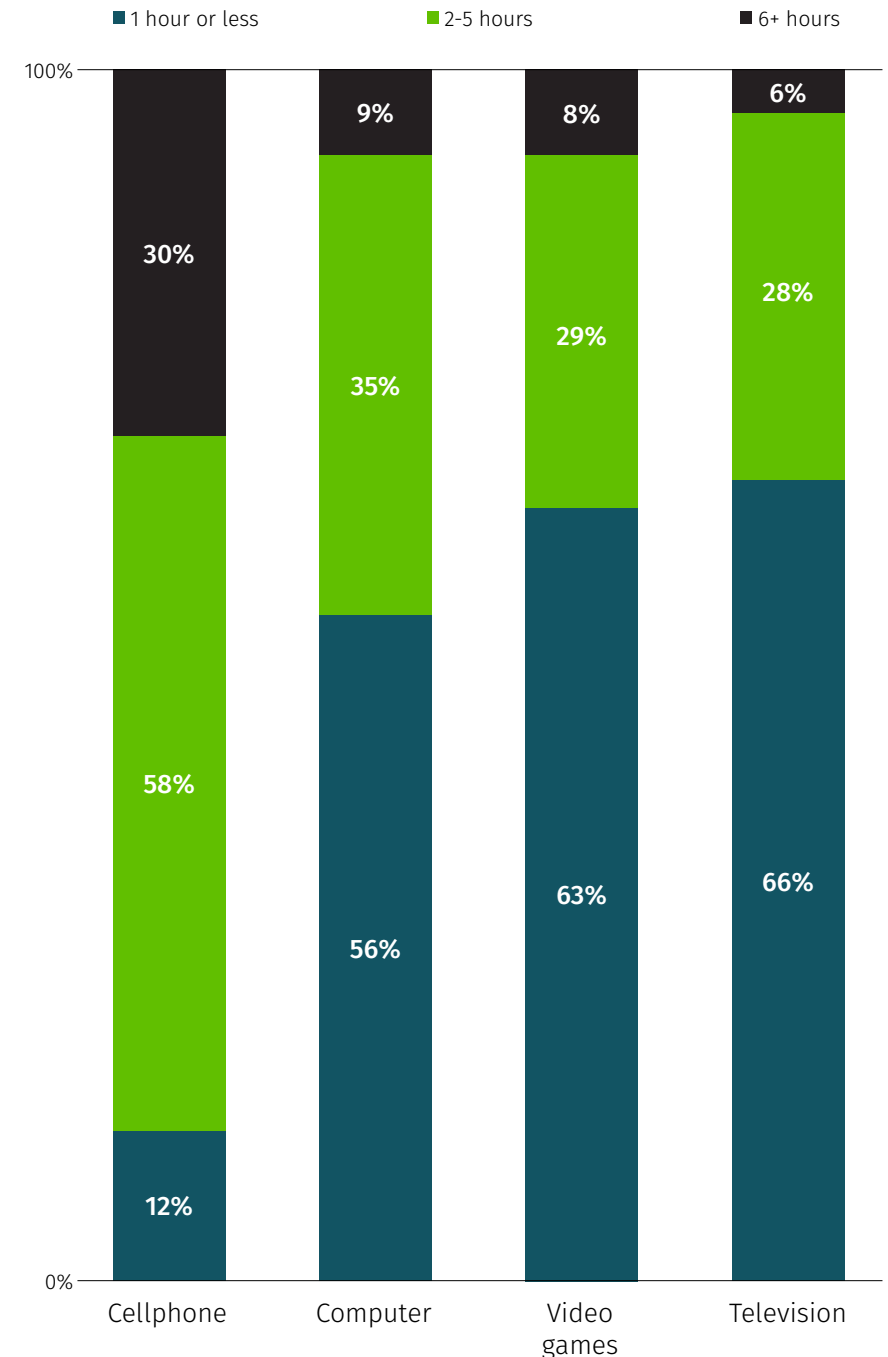
22% of respondents use exercise as a way to deal/cope with anxiety, stress, or depression (n=796).

Erie County 2020–22 Community Health Improvement Plan (CHIP)

Desired outcome	Indicator	2019 CHA Baseline	2021 Youth Assessment	2022 Target	2024 Erie CHA
Increase physical activity	% of youth (6th-12th grade) that are physically active for at least 60 minutes per day on every day in the past week	27%	27%	32%	30%

Time spent with electronics during an average school day

n=758

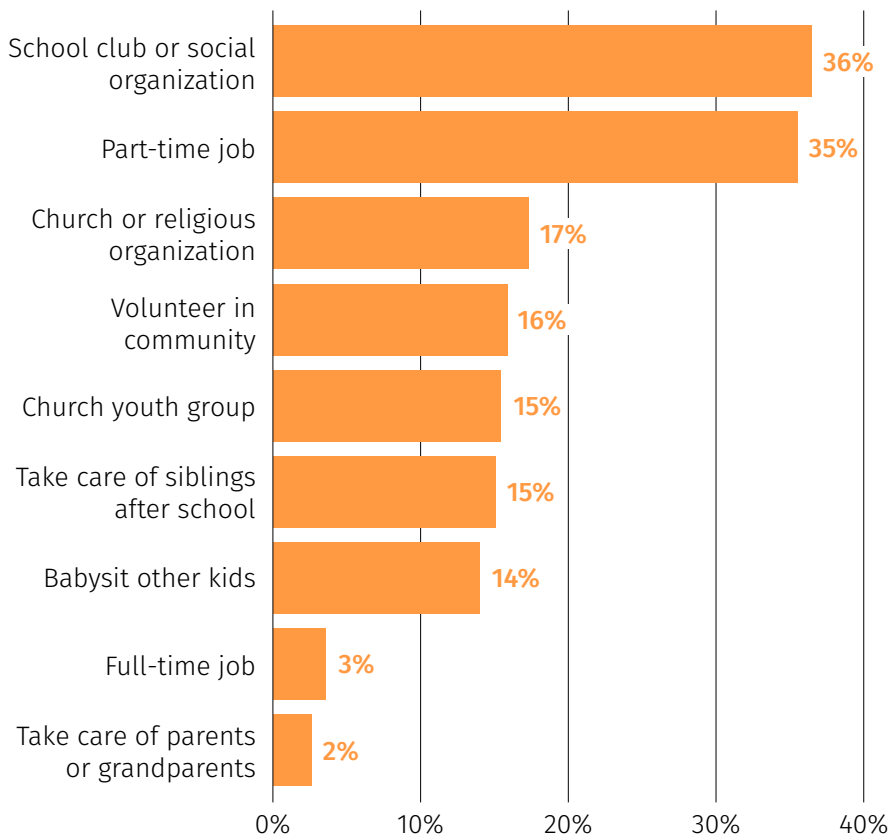


Youth
**Lifestyle &
Environment**

Erie County, Ohio

Lifestyle

Extracurricular activity participation (Could select all that apply)
n=814

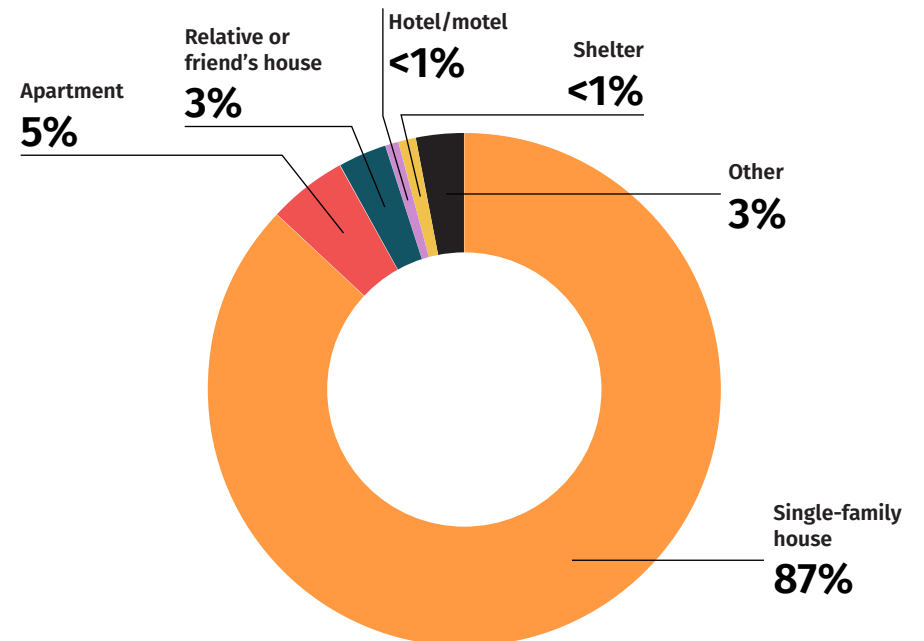


54% of youth **who do not participate in extracurricular activities** said it is because they are not interested. (n=76)

- **28%** Do not fit in/do not feel comfortable
- **7%** Transportation issues

Housing

Housing Situations
n=814



1% report "not having a place to live" as a source of anxiety, stress, or depression (n=795).

Some youth reported having problems with insects (8%), rodents (4%), and mold (3%) in their home (n=747).

Youth Health Behaviors

Many high school students don't get enough sleep. This is linked to an increased risk of physical and mental health problems, alcohol and drug use, motor vehicle crashes, and sports-related injuries (*Healthy People 2030*).

30% of respondents are getting enough sleep on an average school night (at least 8 hours).

n=752



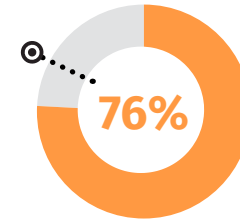
Healthy People 2030
Increase the proportion of high school students who get enough sleep
Target: 27.4%
Erie County 2024: 30%

Over half of youth report either never or rarely wearing sunscreen when they are outside for more than an hour on a sunny day (n=749).

10% report using an indoor tanning device (n=750).

76% of youth reported visiting a healthcare professional for a routine check up within the last year.

n=753



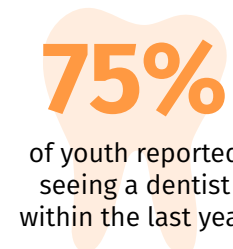
Healthy People 2030
Increase the proportion of adolescents who had a preventative health care visit in the past year
Target: 82.6%
Erie County 2024: 76%

+ During preventative health care visits, adolescents get important screenings, health counseling, and interventions. Preventive visits are especially important for this age group because behaviors that can affect health often start in adolescence (*Healthy People 2030*). **+**

15% reported being diagnosed with asthma (n=750).

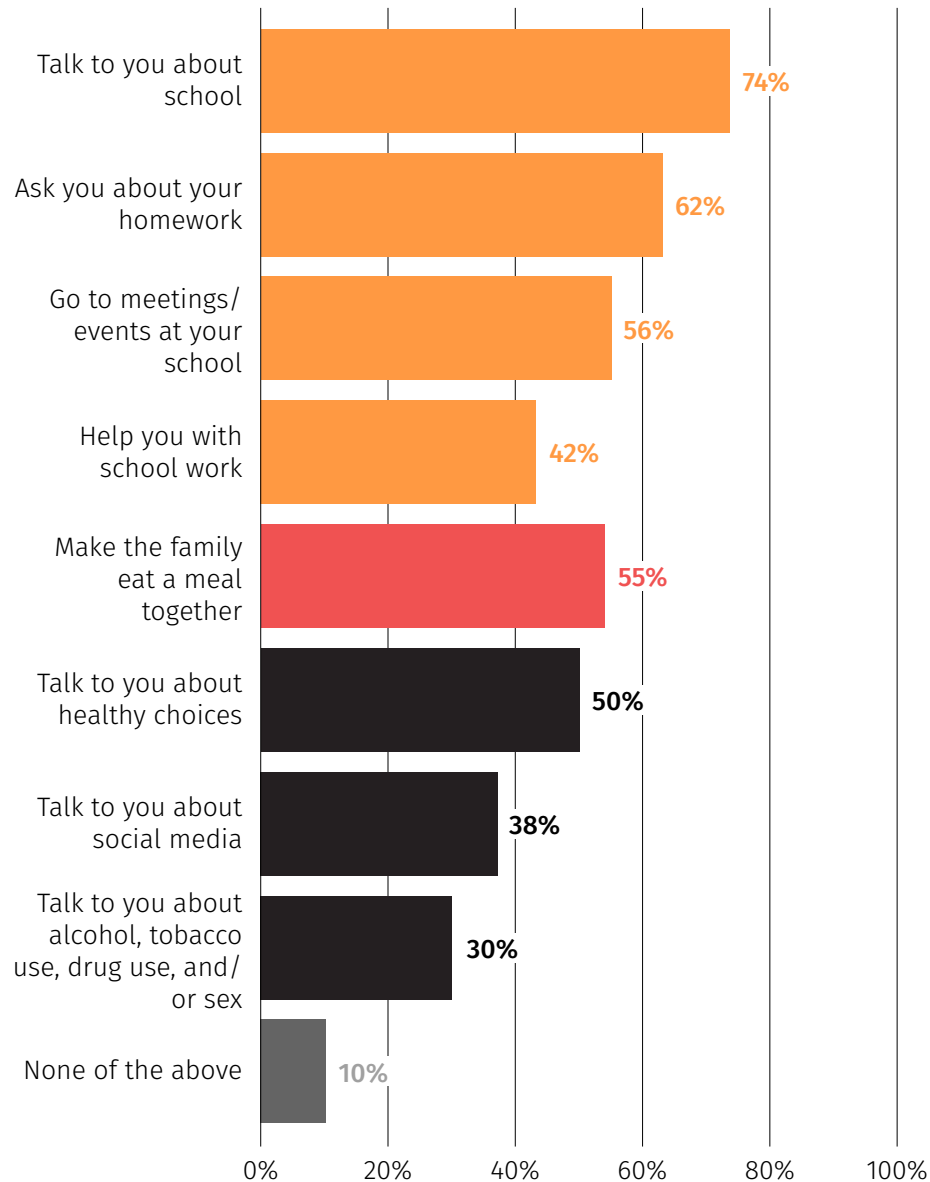
Dentist visits

n=749

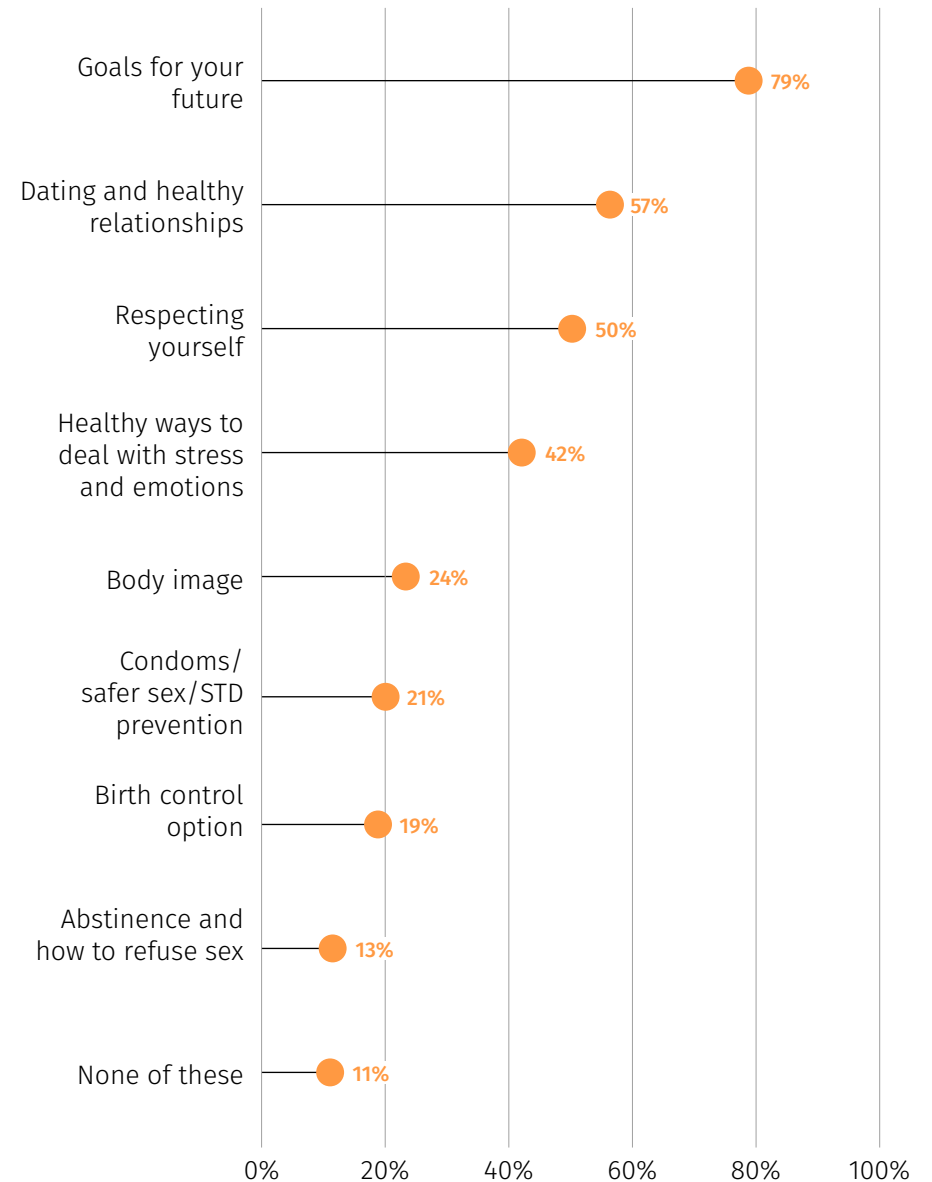


Family Life

Does your parent or guardian regularly: (Could select all that apply)
n=745



During the past year, has an adult discussed the following with you? (Could select all that apply)
n=744



Appendices

Appendix I

<i>Youth Variable</i>	<i>2024 Youth Survey Sample</i>
Age	
12 years or younger	6%
13 years old	12%
14 years old	17%
15 years old	23%
16 years old	22%
17 years old	12%
18 years old or older	7%
Gender	
Male	46%
Female	52%
Non-binary/third gender	1%
Prefer not to say	1%
Sexual orientation	
Heterosexual/straight	82%
Gay or lesbian	2%
Bisexual	8%
Not sure	4%
Prefer not to say	4%
Race/ethnicity	
American Indian/Alaska Native	5%
Asian or Pacific Islander	2%
Black or African American	5%
Hispanic or Latino	6%
White/Caucasian	82%
Multiracial	5%
Other	5%
Grade level	
Middle school (6–8)	24%
High school (9–12)	75%

<i>Youth Variable</i>	<i>2024 Youth Survey Sample</i>
Individual grade level	
6th grade	3%
7th grade	10%
8th grade	11%
9th grade	27%
10th grade	25%
11th grade	13%
12th grade	10%

Percents may not equal 100% due to missing data (non-responses) and/or multiple response questions.

Appendix II

<i>Youth Variables</i>	<i>Erie County 2013 (6th–12th grade)</i>	<i>Erie County 2015 (6th–12th grade)</i>	<i>Erie County 2017 (6th–12th grade)</i>	<i>Erie County 2019 (6th–12th grade)</i>	<i>Erie County 2021 (6th–12th grade)</i>	<i>Erie County 2024 (6th–12th grade)</i>
Weight status						
Obese	18%	14%	13%	17%	19%	15%
Overweight	13%	12%	17%	16%	11%	16%
Described themselves as slightly or very overweight	28%	28%	28%	29%	32%	27%
Exercised to lose weight (in the past 30 days)	51%	44%	43%	52%	42%	56%
Ate less food, fewer calories, or foods lower in fat to lose weight (in the past 30 days)	32%	26%	24%	29%	31%	40%
Went without eating for 24 hours or more (in the past 30 days)	6%	5%	2%	7%	8%	13%
Took diet pills, powders, or liquids without a doctor's advice (in the past 30 days)	32%	26%	24%	29%	31%	40%
Vomited or took laxatives (in the past 30 days)	1%	2%	2%	2%	5%	6%
Physically active at last 60 minutes per day on every day in the past week	22%	27%	26%	27%	27%	30%
Physically active at least 60 minutes per day on 5 or more days in the past week	47%	46%	49%	51%	48%	54%
Didn't participate in at least 60 mins. of physical activity on any day in past week	15%	26%	24%	29%	31%	40%
Watched 3 or more hours per day of television (on an average school day)	27%	25%	26%	24%	26%	18%

Appendix II

<i>Youth Variables</i>	<i>Erie County 2013 (6th–12th grade)</i>	<i>Erie County 2015 (6th–12th grade)</i>	<i>Erie County 2017 (6th–12th grade)</i>	<i>Erie County 2019 (6th–12th grade)</i>	<i>Erie County 2021 (6th–12th grade)</i>	<i>Erie County 2024 (6th–12th grade)</i>
Tobacco use						
Ever tried cigarette smoking (even one or two puffs)	18%	18%	14%	7%	22% *	14%
Current smoker (smoked on at least 1 day during the past 30 days)	8%	6%	7%	2%	4%	3%
Smoked a whole cigarette for the first time before age of 13 (of all youth)	4%	3%	2%	2%	11% *	7%
Alcohol consumption						
Ever drank alcohol (at least 1 drink of alcohol on at least 1 day during lifetime)	37%	33%	38%	33%	28%	34%
Current drinker (at least 1 drink of alcohol on at least 1 day in past 30 days)	13%	12%	19%	13%	15%	7%
Binge drinker (drank 5 or more drinks within a couple hours on at least 1 day in the past 30 days)	5%	7%	10%	6%	8%	9%
Drank for the first time before age 13 (of all youth)	11%	11%	8%	13%	13%	16%
Obtained the alcohol they drank by someone giving it to them (of youth drinkers)	38%	34%	35%	32%	26%	45%
Rode with a driver who had been drinking alcohol (in a car or vehicle on 1 or more occasion during the past 30 days)	17%	15%	12%	10%	14%	18%

*** In 2021, the question was changed to include any tobacco products (cigarettes/e-cigarettes/vaping).*

Appendix II

<i>Youth Variables</i>	<i>Erie County 2013 (6th–12th grade)</i>	<i>Erie County 2015 (6th–12th grade)</i>	<i>Erie County 2017 (6th–12th grade)</i>	<i>Erie County 2019 (6th–12th grade)</i>	<i>Erie County 2021 (6th–12th grade)</i>	<i>Erie County 2024 (6th–12th grade)</i>
Drug use						
Used marijuana in the past month	11%	8%	8%	8%	8%	11%
Prescription medication abuse in the past month	N/A	4%	3%	4%	4%	2%
Ever used methamphetamines (in their lifetime)	2%	2%	1%	2%	<1% **	1%
Ever used cocaine (in their lifetime)	1%	3%	3%	1%	1% **	1%
Ever used heroin (in their lifetime)	1%	1%	1%	1%	<1% **	1%
Ever used inhalants (in their lifetime)	4%	7%	5%	4%	1% **	4%
Ever took steroids without a doctor's prescription (in their lifetime)	2%	3%	3%	1%	1% **	4%
Ever used ecstasy (also called MDMA; in their lifetime)	2%	2%	2%	1%	1% **	1%
Ever used hallucinogenic drugs (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms in their lifetime)	N/A	N/A	N/A	1%	2% **	3%
Sexual behavior						
Ever had sexual intercourse	19%	20%	23%	22%	15%	20%
Had sexual intercourse with four or more persons (of all youth during their life)	19%	5%	7%	4%	3%	5%

*** In 2021, the question was changed to “used in past 30 days”.*

Appendix II

<i>Youth Variables</i>	<i>Erie County 2013 (6th–12th grade)</i>	<i>Erie County 2015 (6th–12th grade)</i>	<i>Erie County 2017 (6th–12th grade)</i>	<i>Erie County 2019 (6th–12th grade)</i>	<i>Erie County 2021 (6th–12th grade)</i>	<i>Erie County 2024 (6th–12th grade)</i>
Sexual behavior (continued)						
Had sexual intercourse before the age of 13 (for the first time of all youth)	2%	4%	2%	2%	3%	2%
Used a condom (during last sexual intercourse)	65%	69%	61%	59%	55%	59%
Used birth control pills (during last sexual intercourse)	27%	35%	35%	36%	25%	34%
Did not use any method to prevent pregnancy during last sexual intercourse	8%	14%	8%	13%	11%	12%
Mental health						
Felt so sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities in the past 12 months)	25%	25%	25%	30%	33%	36%
Seriously considered attempting suicide (in the past 12 months)	13%	14%	15%	12%	18%	15%
Attempted suicide (in the past 12 months)	6%	8%	6%	5%	10%	6%
Violence						
Carried a weapon (in the past 30 days)	5%	8%	9%	9%	10%	9%
Were in a physical fight (in the past 12 months)	21%	21%	23%	23%	24%	21%
Experienced physical dating violence (i.e., being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with in the past 12 months)	3%	4%	5%	4%	5%	N/A

Appendix II

<i>Youth Variables</i>	<i>Erie County 2013 (6th–12th grade)</i>	<i>Erie County 2015 (6th–12th grade)</i>	<i>Erie County 2017 (6th–12th grade)</i>	<i>Erie County 2019 (6th–12th grade)</i>	<i>Erie County 2021 (6th–12th grade)</i>	<i>Erie County 2024 (6th–12th grade)</i>
Violence (continued)						
Electronically bullied (in the past year)	13%	13%	11%	9%	9%	10%
Bullied (in the past year)	49%	42%	41%	39%	36%	37%

Appendix III

Demographic Questions

<i>How old are you?</i>	Total=818
12 years or younger	47
13 years old	101
14 years old	141
15 years old	187
16 years old	180
17 years old	102
18 years or older	60

<i>What is your sex?</i>	Total=808
Male	372
Female	422
Non-binary/third gender	8
Prefer not to say	6

<i>What grade are you in?</i>	Total=812
6th grade	28
7th grade	85
8th grade	93
9th grade	220
10th grade	202
11th grade	104
12th grade	80

<i>How do you describe yourself? (Select all that apply)</i>	Total=899
American Indian/Alaska Native	44
Asian or Pacific Islander	17
Black or African American	42
Hispanic or Latino	47
White/Caucasian	670
Multiracial	39
Other	40

<i>With whom do you live? (Select all that apply)</i>	Total=896
Both of your parents	416
One of your parents	165
Mother and step-father	88
Father and step-mother	46
Mother and her partner	29
Father and his partner	13
My parents have joint custody	69
Grandparents	43
Another relative	17
Guardians/foster parents	9
On your own or with friends	1

Which of these activities do you currently participate in? (Select all that apply) Total=2,205

A school club or social organization	293
A church or religious organization	140
A church youth group	120
A sports or intramural program	408
Exercising outside of school	349
Part-time job	287
Take care of your siblings after school	124
Take care of your parents or grandparents	17
Babysit for other kids	114
Some other organized activity	129
Volunteer in the community	129
Don't participate in any of these activities	75
A full-time job	20

Why do you not currently participate in extracurricular activities? (Select all that apply) Total=88

I do participate in extracurricular activities	13
Does not exist/not offered	6
Transportation	5
Cannot afford it	0
Parents won't take me to activities	1
Have a job	0
Watch younger siblings	1
Taking care of parent or grandparent	0
Not interested	41
I do not fit in/I do not feel comfortable	21

Which best describes your current housing situation? Total=814

Single family house	711
Apartment	42
In a relative or friend's house	27
Hotel/motel	1
Shelter	5
Other	28

Which of the following best describes you? Total=810

Heterosexual/straight	662
Gay or lesbian	20
Bisexual	65
Not sure	31
Prefer not to say	32

During the past 12 months, how would you describe your grades in school? Total=816

Mostly As	422
Mostly Bs	223
Mostly Cs	112
Mostly Ds	17
Mostly Fs	9
None of these grades	0
Not sure	33

Youth Safety & Violence

When you drive a car or other vehicle, which of the following do you usually do? (Select all that apply)

	Total=1,017
I do not drive	456
Wear a seatbelt	326
Drive while tired or fatigued	47
Texting	28
Talking on cellphone	43
Using cellphone other than talking or texting	24
Reading	3
Applying makeup	2
Eating	62
Drinking alcohol	2
Using illegal drugs	1
Using marijuana	2
Misusing prescription drugs	0
I do not do any of the above while driving	21

About how many times per month do you ride in a car or other vehicle driven by someone who had been drinking alcohol?

	Total=806
0 times	664
1 time	47
2 or 3 times	43
4 or 5 times	11
6 or more times	41

About how many times per month do you drive a car or other vehicle when you have been drinking alcohol?

	Total=814
I do not drive a car or other vehicle	477
0 times	335
2 or 3 times	1
4 or 5 times	0
6 or more times	1

During the past 12 months, how often did you wear a helmet while riding the following:

	Didn't ride in the past 12 mos.	Never wore helmet	Rarely wore helmet	Sometimes wore helmet	Most of the time wore helmet	Total
Bike	248	419	74	28	38	807
ATV	516	154	34	18	66	788
Snow mobile	621	91	9	12	45	778
Skateboard	501	229	27	10	13	780

A concussion is when a blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

	Total=816
0 times	663
1 time	92
2 times	40
3 times	11
4 or more times	10

About how many days per month do you text or email while driving a car or other vehicle? Total=815

I do not drive a car or another vehicle	500
0 days	231
1 or 2 days	27
3 to 5 days	12
6 to 9 days	6
10 to 19 days	9
20 to 29 days	12
All 30 days	18

About how many days per month do you carry a weapon such as a gun, knife, or club? Total=816

0 days	742
1 day	16
2 or 3 days	21
4 or 5 days	5
6 or more days	32

Are you aware that you should not carry a weapon such as a gun, knife, or club on school property? Total=808

Yes	789
No	19

During the past 12 months how many times were you in a physical fight? Total=815

0 times	641
1 time	91

2 or 3 times	54
4 or 5 times	18
6 or 7 times	5
8 or 9 times	0
10 or 11 times	0
12 or more times	6

During the past 12 months, did any of the following people physically, emotionally, sexually, or cyber bully/assault you?

	Physically	Emotionally	Sexually	Cyber	None of these	Total
Boyfriend or girlfriend	21	91	20	16	690	838
Adult or caregiver	21	110	5	5	667	808
Other teen/peer	37	196	16	69	556	874
Boss or coworker	4	15	5	4	760	788
Other	3	7	5	3	336	384

Where did the bullying happen (select all that apply)? Total=880

School	267
Home	134
Extracurricular activity	35
Job	16
Online/virtually	105
Other	323

During the past 12 months, how many days did you feel threatened or unsafe in your home? Total=809

0 days	705
1 day	36
2 or 3 days	36
4 or 5 days	7
6 or more days	25

How many times have you felt afraid because you witnessed the adults in your house hitting or threatening each other? Total=809

0 times	689
1 time	36
2 or 3 times	36
4 or more times	48

Have you ever been forced to do any of the following? (Select all that apply) Total=858

Sexual intercourse	30
Oral sex	19
Other sexual activity	25
Touched in an unsafe way (sexual way)	80
None of the above	704

During the past 12 months, have you ever been the victim of teasing or name calling because of any of the following? (Select all that apply) Total=928

Your gender	39
Your weight, size, or physical appearance	261
Your race or ethnic background	49
Because someone thought you were gay, lesbian, or bisexual	82
None of the above	497

Youth Mental Health

During the past 12 months, did you ever feel so sad or hopeless almost everyday for two weeks or more in a row that you stopped doing some usual activities? Total=809

Yes	292
No	517

During the past 12 months, did you ever seriously consider attempting suicide? Total=807

Yes	117
No	690

During the past 12 months, did you make a plan about how you would attempt suicide? Total=117

Yes	66
No	51

Did you seek help after making a plan about how you would attempt suicide? Total=66

Yes	19
No	47

Did you act upon your plan to attempt suicide? Total=66

Yes	24
No	42

During the past 12 months, how many times did you attempt suicide? Total=117

0 times	65
1 time	23
2 or 3 times	23
4 or 5 times	3
6 or more times	3

During your life, have you ever purposely hurt yourself by: (Select all that apply) Total=1,059

I have never hurt myself on purpose	532
Cutting	122
Burning	51
Scratching	111
Hitting	103
Biting	68
Self-embedding (inserting sharp objects into your body)	30
Other	42

During your life, how many times have you purposely hurt yourself? Total=272

0 times	42
1 or 2 times	57
3 to 9 times	69
10 to 19 times	42
20 to 39 times	19
40 or more times	43

Have you ever experienced any of the following? (Select all that apply) Total=1,849

Your family did not look out for each other, feel close to each other, or support each other	143
You did not have enough to eat, had to wear dirty clothes, and had no one to protect you	37
Lived with someone who was depressed, mentally ill, or suicidal	159
Lived with someone who was a problem drinker or an alcoholic	135
Lived with someone who used illegal street drugs, or who abused prescription medication	80
Lived with someone who served time or was sentenced to serve time in a prison, jail, or other correctional facility	102
Your parents became separated or divorced	261
Your parents were not married	146
Your parents or adults in your home slapped, hit, kicked, punched, or beat each other up	71
A parent or adult in your home hit, beat, kicked, or physically hurt you in any way (Not including spanking)	68

A parent or adult in your home swore at you, insulted you, or put you down	217
Someone at least 5 years older than you or an adult touched you sexually	44
Someone at least 5 years older than you or an adult tried to make you touch them sexually	24
Someone at least 5 years older than you or an adult forced you to have sexual intercourse	13
None of the above	349

How likely would you be able to seek help if you were feeling depressed or suicidal? Total=793

I never feel depressed or suicidal	301
Very Likely	181
Somewhat Likely	149
Somewhat Unlikely	69
Very Unlikely	93

What would keep you from seeking help if you were dealing with anxiety, stress, depression, or thoughts of suicide? (Select all that apply) Total=1,194

I would seek help	400
I am currently seeking treatment	57
Paying for it	47
Transportation	29
No time	96
Worried what others might think	171
Family would not support me getting help	38
I can handle it myself	269

Do not know where to go	60
Friends would not support me getting help	27

When you are dealing with feelings of depression or suicide (suicidal thoughts) with whom do you talk about your concerns? (Select all that apply) Total=1,193

I do not have feelings of depression or suicide	362
No one	117
Best friend	175
My girlfriend/boyfriend	112
Pastor/Priest/Youth Minister or other Religious Leader	11
Religious leader	9
Brother/sister	52
Parents	103
Coach	16
Teacher	21
Caring Adult	35
School Counselor	31
Professional Counselor	51
Adult friend	14
Adult relative	21
Call Teen Line or First Call for Help	6
I don't feel like I have anyone to talk to	33
Other	24

How do you deal/cope with anxiety, stress, or depression? (Select all that apply) Total=2,117

I do not have anxiety, stress, or depression	199
Talk to someone in my family	171

Talk to a peer	142
Exercise	178
Eat more or less than normal	159
Drink alcohol/smoke/use tobacco/ use illegal drugs	38
Sleep	329
Hobbies	213
Journal	72
Shop	87
Break Something	57
Pray/Read the religious texts	88
Use social media	137
Text someone	157
I do not deal with my anxiety, stress, or depression - or don't know how to	53
Other	37

What causes you anxiety, stress, or depression? (Select all that apply)

Total=2,580

Peer Pressure	169
Fighting in home	123
Break up	134
Poverty/no money	56
Dating relationship	132
Being bullied	138
Sports	243
Academic success	309
Taking care of younger siblings	69
Death of a close family member or friend	145
Parent is sick	41
Alcohol or drug use in the home	31

Parent divorce/separation	94
Other stress at home	179
Sexual orientation	27
Gender identity	22
Self-image	249
Social media	131
Current news/world events/political environment	53
Not having a place to live	10
Not having enough to eat	19
Other	63
None of the above	143

Are you aware of the resources available to you at school if you are having feelings of depression or suicide?

Total=797

Yes	693
No	104

Youth Tobacco Use

Have you ever tried cigarette smoking, even one or two puffs?

Total=802

Yes	109
No	693

How old were you when you first tried cigarette smoking, even one or two puffs? Total=109

I have never smoked a whole cigarette, not even one or two puffs	8
8 years old or younger	11
9 years old	8
10 years old	11
11 years old	11
12 years old	18
13 years old	11
14 years old	13
15 years old	15
17 years old or older	3

About how many days do you smoke a cigarette per month? Total=107

0 days	84
1 or 2 days	8
3 to 5 days	2
6 to 9 days	4
10 to 19 days	2
20 to 29 days	1
All 30 days	6

How do you usually get your own cigarettes? (Select all that apply) Total=112

I bought them in a store such as a convenience store, supermarket, discount store, or gas station	6
I bought them from a vending machine	1
I borrowed (or bummed) them from someone else	44

Someone 18 years or older gave them to me	17
I took them from a family member	35
I got them some other way	29

Which forms of tobacco listed below have you used in the past year? (Select all that apply) Total=867

Cigarettes	29
E-cigarettes	108
Cigars (Black & Milds, Cigarillos, Little Cigars, Swisher Sweets, etc.)	33
Chewing Tobacco, snuff, dip	8
Pouches or snus	10
Hookah	12
Dissolvable tobacco products (Aria Stonewall, Camel Orbs, Camel Sticks, Camel Strips)	4
None	663

Have you ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, e-hookahs, and hookah pens)? Total=798

Yes	162
No	636

If you have used e-cigarettes/vapes in the past 12 months, what did you put in it? (Select all that apply) Total=199

I did not use e-cigarettes/vapes in the past 12 months	38
E-liquid or e-juice with nicotine	108
E-liquid or e-juice without nicotine	9
Homemade e-liquid or e-juice	1
Marijuana or THC in your e-liquid	43

Are you exposed to secondhand smoke in any of the following places? (Select all that apply) Total=1,086

I am not exposed to secondhand smoke	415
Home	171
Friend's home	91
Other relative's home	132
Car	91
Park/ball field	50
Fairgrounds	71
Other	65

Where do you usually smoke either tobacco or vape products? (Select all that apply) Total=1,002

I do not smoke	686
At my home	71
At a friend's home	62
At another person's home	45
While riding in or driving a car or other vehicle	46
At a restaurant, bar, or club	20
At a public place such as a park, beach, or parking lot	37
At a public event such as a concert or sporting event	20
On school property	15

How much do you think people risk harming themselves (physically or in other ways)?

	No risk	Slight risk	Moderate risk	High risk	Total
E-cigarettes/vaping	57	89	240	407	793
1 or more packs of cigarettes per day	52	39	100	602	793
Smokeless tobacco	71	139	229	352	791

Youth Alcohol Use

During your life, how many days have you had at least one drink of alcohol? Total=795

0 days	521
1 or 2 days	113
3 to 9 days	65
10 to 19 days	34
20 to 39 days	25
40 to 99 days	21
100 or more days	16

How old were you when you had your first drink of alcohol other than a few sips? Total=792

I have never had a drink of alcohol, other than a few sips	533
8 years old or younger	26
9 years old	9
10 years old	7
11 years old	18
12 years old	26

13 years old	44
14 years old	46
15 years old	47
16 years old	24
17 years old	12

During a typical month, on how many days do you have 4 or more alcoholic beverages in a row (if you are female) or 5 or more alcoholic beverages in a row (if you are male)?

Total=789

0 days	719
1 day	27
2 days	16
3 to 5 days	17
6 to 9 days	3
10 to 19 days	4
20 days or more	3

How do you usually get your alcohol? (Select all that apply)

Total=870

I do not drink	625
Someone gave it to me	74
An older friend or sibling bought it for me	30
Someone older bought it for me	28
My parents gave it to me	44
My friend's parent gave it to me	17
I took it from a store or family member	15
I bought it with a fake ID	5
I got it some other way	32

When was the last time your mom, dad, or guardian talked to you about the dangers of underage drinking, smoking, and drug usage?

Total=790

Never	210
Less than 1 month ago	240
2-3 months ago	128
4-6 months ago	58
7-12 months ago	28
More than one year ago	126

Where do you usually drink alcohol? (Select all that apply)

Total=884

I do not drink alcohol	648
At my home	82
At a friend's home	84
At another person's home	38
While riding in or driving a car or other vehicle	7
At a restaurant, bar, or club	10
At a public place such as a park, beach, or parking lot	10
At a public event such as a concert or sporting event	4
On school property	1

During a normal month, do you drink one or more servings of an alcoholic beverage?

Total=788

Yes	52
No	736

How much do you think people risk harming themselves physically or in other ways when they have 5 or more drinks of an alcoholic beverage once or twice a week?

Total=794

No risk	52
Slight risk	91
Moderate risk	290
High risk	361

Youth Drug Use

During your life, how many times have you used marijuana?

Total=794

0 times	644
1 or 2 times	40
3 to 9 times	30
10 to 19 times	12
20 to 39 times	12
40 to 99 times	6
100 times or more	50

About how many times do you use marijuana in a month?

Total=150

0 times	63
1 or 2 times	25
3 to 9 times	13
10 to 19 times	7
20 to 39 times	15
40 or more times	27

During your life, how many times have you used or done the following:

	0 times	1-2 times	3-9 times	10-19 times	20-39 times	40+ times	Total
Any form of cocaine, including powder, crack, or freebase	779	4	3	0	0	2	788
Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high	761	11	12	3	0	3	790
Heroin (also called smack, junk, or China white)	780	2	2	0	2	2	788
Methamphetamines (also called speed, crystal, crank, or ice)	775	7	0	1	1	2	786
Steroid pills or shots without a doctor's prescription	773	6	3	3	0	3	788
Prescription Medications that were either not prescribed for you, or took more than was prescribed, to feel good or high	759	8	12	1	4	3	787
Over-the-counter medications such as cold medicine, allergy medicine, or pain reliever to get high	730	17	12	6	5	13	783
Prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it (Drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and or Percocet)	756	10	10	2	1	4	783

During a typical month, have you used prescription drugs not prescribed to you? Total=789

Yes	16
No	773

During your life, have you tried any of the following? (Select all that apply) Total=835

Ecstasy/MDMA/Molly	6
Over-the-counter medication (to get high)	6
A pharm party	6
GhB	2
Bath salts/monkey dust (illegal drug made from "synthetic cathinones")	1
K2/Spice	1
Posh/salvia/synthetic marijuana	17
Liquid THC	48
Misuse hand sanitizer	5
Misuse cough syrup	10
Steroids	8
Hallucinogenic drugs, such as LSD, acid, PC, angel dust, mescaline, or mushrooms	21
I have never tried any of these	704

Has anyone ever offered, sold, or given you an illegal drug on school property? Total=784

Yes	60
No	724

Are any of the following easily available to you?

	Easily available	Not available	I don't know	Total
Alcohol	282	271	235	788
Electronic Vapor Products	210	387	186	783
Heroin	10	579	191	780
Marijuana	151	441	192	784
Methamphetamines	10	568	198	776
Prescription drugs not prescribed to you	139	422	219	780
Synthetic drugs (K2, spice, etc)	10	562	206	778
Tobacco	153	442	187	782

What would keep you from seeking help to quit using alcohol, tobacco, or other drugs? (Select all that apply) Total=849

I do not use alcohol, tobacco, or drugs	651
I do not think I need help	72
Paying for it	14
I might get in trouble	43
Transportation	5
Time	12
I do not want to quit	34
Do not know where to get help	18

Youth Drug Use

Have you ever participated in the following? (Select all that apply)

Total=1,103

Sexual intercourse	154
Oral sex	118
Anal sex	29
Sexting (pictures and/or words)	121
View pornography/naked pictures	152
None of the above	529

How old were you when you had sexual intercourse for the first time?

Total=151

11 years old or younger	10
12 years old	7
13 years old	22
14 years old	29
15 years old	36
16 years old	35
17 years old or older	11
I have never had sexual intercourse	1

During your life, with how many people have you had sexual intercourse?

Total=150

1 person	56
2 people	29
3 people	21
4 people	11
5 people	8

6 people or more	24
I have never had sexual intercourse	1

The last time you had sexual intercourse, which methods did you or your partner use to try to prevent pregnancy? (Select all that apply)

Total=241

I have never had sexual intercourse	1
No method was used to prevent pregnancy	18
Birth control pills	51
Condoms	88
A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	6
An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	14
Withdrawal/Pull Out	50
I am gay or lesbian	7
Some other method	5
Not sure	1

The last time you had sexual intercourse, which methods did you or your partner use to try to prevent sexually transmitted diseases (STDs)? (Select all that apply)

Total=192

I have never had sexual intercourse	7
No method was used to prevent STDs	30
Abstinence (I choose not to have sex)	2
Condoms	88
My partner and/or I got tested	16
I am in a mutually monogamous relationship (only having sex with my partner)	30
Avoided alcohol/recreational drug use	11

Some other method	2
Not sure	6

Did you drink alcohol or use drugs before you had sexual intercourse the last time? Total=149

Yes	18
No	131

Have you ever..... (Select all that apply) Total=854

Been pregnant	12
Gotten someone pregnant	4
Wanted to get pregnant	29
Had sexual contact with a female	97
Had sexual contact with a male	99
Tried to get pregnant	4
Had an abortion	1
Had a miscarriage	9
Had a child	3
Been treated for an STD	6
Had sex in exchange for something of value, such as food, drugs, shelter, or money	5
None of the above	585

Where have you been taught about pregnancy prevention, sexually transmitted diseases, AIDS or HIV infection, or the use of condoms? (Select all that apply) Total=1,758

School	466
My doctor	202

Parents	433
Friends	149
Siblings	73
Church	50
Internet or social media	239
Somewhere else	42
Have not been taught about these subjects	104

Have you ever engaged in any type of sexual activity in exchange for something of value, such as food, drugs, shelter, or money? Total=781

Yes	13
No	768

During your life, with whom have you had sexual contact? Total=783

I have never had sexual contact	520
Females	115
Males	121
Females and males	27

Who are you sexually attracted to? Total=783

Females	326
Males	327
Females and males	72
Not sure	57

*Have any of the following situations ever applied to you?
(Select all that apply)* Total=783

You texted, emailed, or posted electronically a revealing or sexual photo of yourself	88
You received a text or an email with a revealing or sexual photo of someone	180
A revealing or sexual photo of you was texted, emailed, or posted electronically without your permission	46
None of the above	576

Youth Nutrition & Exercise

How do you describe your weight? Total=781

Very underweight	20
Slightly underweight	128
About the right weight	421
Slightly overweight	189
Very overweight	23

Are you currently trying to change or maintain your weight? Total=779

I am trying to lose weight	329
I am trying to gain weight	156
I am trying to stay the same weight	141
I am not trying to change my weight	153

Have you done any of the following to lose weight or keep from gaining weight? (Select all that apply) Total=2,011

I did not do anything to lose weight or keep from gaining weight	191
Eat less food, fewer calories, or foods low in fat	306
Eat more fruits and vegetables	290
Drink more water	396
Exercise	434
Skip meals	203
Go without eating for 24 hours	101
Take any diet pills, powders, or liquids without a doctor's advice	18
Vomit or take laxatives	44
Smoke cigarettes/e-cigarettes	22
Use illegal drugs	6

On average, how many servings do you have of the following per day?

	0 servings	1 serving	2 servings	3 servings	4 servings	5 or more servings	Total
Fruits	66	263	247	120	39	35	770
Vegetables	131	301	191	99	23	21	766
Sugar-sweetened beverages	174	255	179	96	38	28	770
Caffeinated beverages	308	241	118	58	18	25	768

Which of the following sources of calcium do you regularly consume? (Select all that apply) Total=1,494

Milk	533
Calcium fortified juice	72
Yogurt	338
Calcium supplements	43
Other dairy products (cheese, pudding, etc.)	425
Other calcium sources	40
None of the above	43

In a typical week, how many meals did you eat out in a restaurant or bring take-out food home to eat? Total=769

I do not eat out or bring takeout home to eat	110
1 to 2 meals per week	536
3 to 4 meals per week	91
5 or more meals per week	32

I drink energy drinks for the following reasons... (Select all that apply) Total=1,040

I do not drink energy drinks	409
To help me perform	100
Before games or practice	103
To get pumped up	126
To mix with alcohol	9
To stay awake for another reason	190
To stay awake to play video games	35
For some other reason	68

During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, punch, Kool-Aid, sports drinks, energy drinks, or other fruit flavored drinks? (Do not include diet soda or diet pop) Total=768

1 to 3 times during the past 7 days	354
4 to 6 times during the past 7 days	148
1 time per day	62
2 times per day	38
3 times per day	24
4 or more times per day	21
I did not drink soda or pop during the past 7 days	121

During the past 7 days, how many times did you have a drink that was high in caffeine, such as coffee or espresso, or energy drinks, such as Red Bull, Monster, or Rockstar? (Do not include soda, pop, or tea) Total=771

I did not drink any during the past 7 days	390
1 to 3 times during the past 7 days	243
4 to 6 times during the past 7 days	54
1 time per day	54
2 times per day	20
3 times per day	6
4 or more times per day	4

During the past 7 days, on how many days did you eat breakfast? Total=768

0 days	162
1 day	81
2 days	90

3 days	88
4 days	55
5 days	68
6 days	44
7 days	180

Thinking about a typical week, about how many days per week do you not have enough food such that you went to bed hungry (because your family does not have enough money for food)?

Total=770

0 days	674
1 day	26
2 days	28
3 days	9
4 days	7
5 days	4
6 days	3
7 days	19

How often do you go hungry because there is not enough food in your home?

Total=768

Never	583
Rarely	118
Sometimes	48
Most of the time	11
Always	8

Where does your family get most of their food? (Select all that apply)

Total=1,014

Grocery store	752
Fast food restaurant	129
Convenience/corner store	63
Food pantry	40
Doctor's office/food pharmacy	7
Church	8
Other	8
I don't know	7

Youth Lifestyle & Environment

On an average school day, how many hours do you spend doing the following activities?

	0 hrs.	<1 hr.	1 hr.	2 hrs.	3 hrs.	4 hrs.	5 hrs.	6+ hrs.	Total
TV	139	202	160	119	55	29	8	46	758
Video games	275	121	80	85	70	43	24	59	757
Computer/tablet	187	129	104	106	59	53	49	65	752
Cell phone	29	21	39	85	125	129	102	232	762

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

Total=766

0 days	72
1 day	29
2 days	67
3 days	69
4 days	114

5 days	103
6 days	79
7 days	233

*Do you have any of the following issues in your household?
(Select all that apply)*

Total=818

Insects	57
Rodents (mice, rats, etc.)	32
Mold	23
Temperature regulation	36
Plumbing problems	22
Bed bugs/lice	2
Lead	0
Odors	9
Don't know	64
None of the above	573

*Have you ever felt unsafe in the following places/
situations? (Select all that apply)*

Total=1,270

At a public place such as a mall or store	202
At school	110
Walking outside at nighttime	303
Being approached by a stranger in a public place	274
At home	48
None of the above	333

*On an average school night, how many hours of sleep do
you get?*

Total=752

4 or less hours	55
5 hours	89
6 hours	179
7 hours	209
8 hours	158
9 hours	45
10 or more hours	17

*When did you last visit your doctor or other healthcare
professionals for a routine check-up?*

Total=753

Less than 1 year ago	572
Between 1 to 2 years ago	69
More than 2 years ago	15
Never	7
I don't know	90

*When was the last time you saw a dentist for a check-up,
exam, teeth cleaning, or other dental work?*

Total=749

Less than 1 year ago	563
Between 1 to 2 years ago	66
More than 2 years ago	42
Never	8
I don't know	70

<i>Has a doctor or medical provider ever told you that you have asthma?</i>	Total=750
Yes	113
No	580
I don't know	57

<i>If you have a social media account or online gaming account which of the following apply to you? (Select all that apply)</i>	Total=1,614
I do not have any of these accounts	76
I know all of the people in "my friends"	359
I know all of the people I play with online	211
I share personal information about myself, such as where I live	29
My account is currently private	217
My friends have the password to some or all of these accounts	38
My parents have the password to these accounts	126
My parents do not know I have an account	25
I believe sharing personal information online is dangerous	326
I have been bullied as a result of these accounts	35
I have been asked to meet someone I met online	50
I have participated in sexual activity with someone I met online	25
None of the above	97

<i>Are there any firearms now kept in or around your home? Include those kept in a garage, outdoor storage area, car, truck, or other motor vehicle. (Select all that apply)</i>	Total=894
Yes, and they are unlocked	46

Yes, but they are locked	293
Yes, and they are loaded	42
Yes, but they are not loaded	104
No	290
I don't know	119

<i>When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher?</i>	Total=749
Never	179
Rarely	204
Sometimes	198
Most of the time	127
Always	41

<i>During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan)</i>	Total=750
0 times	668
1 or 2 times	32
3 to 9 times	23
10 to 19 times	12
20 to 39 times	9
40 or more times	6

<i>Do your parent or guardian regularly do any of the following? (Select all that apply)</i>	Total=3,107
Help you with school work	310
Talk to you about school	548

Ask you about your homework	465
Go to meetings or events at your school	418
Make the family eat a meal together	408
Talk to you about alcohol, tobacco use, drug use, and or sex	225
Talk to you about healthy choices	374
Talk to you about social media	284
None of the above	75

During the past year, has an adult discussed the following with you? (Select all that apply)

Total=2,334

Goals for your future	589
Dating and healthy relationships	427
Birth control options	141
Condoms/safer sex/STD prevention	154
Abstinence and how to refuse sex	96
Body image	176
Respecting yourself	356
Healthy ways to deal with stress and emotions	312
None of the above	83

How do you usually get to school?

Total=747

Walk	20
Ride a bike, skateboard, or scooter	8
Take the bus	191
Someone drops me off	353
Drive	175

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