

Curriculum Vita

WILLIAM H. O'BRIEN, Ph.D., ABPP
Board Certified in Cognitive Behavioral Psychology

ADDRESS

Department of Psychology
Bowling Green State University
Bowling Green, Ohio 43403

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EDUCATION

Postdoctoral Fellow
9/1990 - 8/1991
Behavioral Medicine/Clinical Psychophysiology
Department of Psychology
Bowling Green State University
Bowling Green, Ohio 43403

Ph.D.
6/1985 - 8/1990
Clinical Psychology Program (APA Accredited)
Illinois Institute of Technology
300 South Federal Street
Chicago, Illinois 60616

Clinical Internship
9/1989 - 8/1990
Behavior Therapy Clinic (APA Accredited)
Case Western Reserve University School of
Medicine and University Hospitals of Cleveland
10900 Euclid Ave.
Cleveland, Ohio 44106

B.S.
1982
Social Work, with Highest Honors
Rochester Institute of Technology
One Lomb Memorial Drive
Rochester, New York 14623

LICENSURE, BOARD CERTIFICATION, AND RELEVANT PROVIDER NUMBERS

1998 - present Board Certified in Cognitive Behavioral Psychology, American Board of
Professional Psychology (#5061)
1992 – present Ohio Licensure in Psychology (#4553)
1992 – present Medicare# CP12801
1992 – present Medicaid# 0900038
2006 – present NPI 1023181633

HONORS, AWARDS, AND SCHOLARSHIPS

2023-2026	USA Fulbright Scholar Specialist Designation
2021	USA Fulbright Scholar Award - Chulalongkorn University, Bangkok, Thailand (reassignment of award from China due to COVID-19)
2020	USA Fulbright Scholar Award - Distinguished Chair in Social Sciences to China
2012	Favorite Professor, Bowling Green State University Honors and McNair Scholar Awards.
2002	Outstanding Contributor to Graduate Education, Bowling Green State University
2000	Fellow, American Academy of Behavioral Psychology
1998	Mortarboard Honor Society Award for Excellence in Teaching and Dedication to the Pursuit of Education, Bowling Green State University.
1994	Honorary Induction into the Alpha Lambda Delta Honor Society for Academic Excellence in Teaching, Bowling Green State University
1982	Alpha Sigma Lambda Honor Society at Rochester Institute of Technology
1980	Kodak Outstanding Student Scholarship to Rochester Institute of Technology
1980	Academic Medallion in Human Services
1976	New York State Regents Scholarship

ACADEMIC POSITIONS

Teaching/Research Positions

2013 – present	<u>Professor</u> , Clinical Training Program, Department of Psychology, Bowling Green State University.
2022 – 2024	<u>Visiting Professor and Fulbright Scholar</u> , Department of Psychology, Chiang Mai University.
2021 - 2024	<u>Visiting Professor and Fulbright Scholar</u> , Department of Psychology, Chulalongkorn University.
2019 - 2023	<u>Visiting Professor</u> , Department of Behavioral Sciences, Duke University and Duke Kunshan University.
2020	<u>Visiting Professor and Fulbright Scholar</u> , Department of Psychology, East China Normal University.
1998 – 2013	<u>Associate Professor</u> , Clinical Training Program, Department of Psychology, Bowling Green State University.
1995 - 2005	<u>Courtesy Medical Staff and Clinical Assistant Professor</u> , Medical College of Ohio

- 1992 – 1998 Assistant Professor, Clinical Training Program, Department of Psychology, Bowling Green State University
- 1991 - 1992 Visiting Assistant Professor, Department of Psychology, Bowling Green State University
- 1990 - 1991 Postdoctoral Fellow, Department of Psychology, Bowling Green State University

Administrative Positions

- 2020 – 2022 Interim Director of Clinical Training, Department of Psychology, Bowling Green State University, Bowling Green, Ohio.
- 2014 – 2019 Vice Chair for Graduate Instruction, Department of Psychology, Bowling Green State University, Bowling Green, Ohio.
- 2007 – 2019 Director, Behavioral Medicine, Eden Springs Healthcare Center, Green Springs, Ohio.
- 2000 – 2004 Director of Clinical Training, Department of Psychology, Bowling Green State University, Bowling Green, Ohio.
- 1993 - 1996 Director, Behavioral Medicine Department, St. Francis Health Care Centre, Green Springs, Ohio.

CLINICAL POSITIONS

- 1994 - present Consulting Psychologist, Behavioral Medicine, Spring Creek Healthcare Center, Green Springs, Ohio.
- 1992 - present Clinical Psychologist (Private Practice, Behavioral Medicine Associates).
- 1999 - 2019 Consulting Psychologist, Sandusky Board of Developmental Disabilities, Fremont, Ohio.
- 1992 - 2009 Courtesy Medical Staff, Wood County Hospital.
- 1989 - 1990 Predocctoral Intern, Case Western Reserve University School of Medicine.

TEACHING EXPERIENCE

- 1991 – Present Department of Psychology, Bowling Green State University

Undergraduate Courses (number of times offered)

Abnormal Psychology (2)
 Introduction to Psychology (4)
 Honors Introduction to Psychology (2)
 Psychological Statistics (1)
 Psychophysiology (33)
 Mindfulness, Stress, and Health: Eastern and Western Perspectives (4)
 Research Methods (8)

Graduate Courses (number of times offered)

Acceptance and Commitment Therapy (3)
 Advanced Research and Practice Team (6)
 Basic Clinical Skills Team (7)
 Behavioral Assessment (2)
 Behavioral Medicine and Behavior Therapy Team (12)
 Behavioral Medicine Consultation-Liaison Seminar (2)
 Behavioral Neuropsychology Team (1)
 Biofeedback and Relaxation (1)
 Cognitive-Behavioral Assessment (1)
 Cognitive-Behavioral Therapy (3)
 Clinical Research Methods (15)
 Clinical Research in Behavioral Medicine (10)
 Consultation and Liaison in Behavioral Medicine (1)
 Group Therapy (1)
 Health Psychology (6)
 Occupational Health Psychology Research Group (8)
 Occupational Health Psychology Clinic Team (1)
 Psychopharmacology (1)
 Psychophysiology Research Group (32)
 Stress Management (practicum)
 Theory and Techniques of Therapy (2)
 "Wave 3" Cognitive Behavioral Therapy (3)
 East-West Research and Practice Team (1)
 "Wave 3" Cognitive Behavioral Therapy: Global Perspectives (2)

2024 Organizational Development and Change, Bowling Green State University
 Use of Self as Agent of Change

2022 - 2024 Chulalongkorn University

Course

Personality Development: Eastern and Western Perspectives

2019 - 2024 Duke Kunshan University

Courses

Global Mental Health

Mindfulness, Stress, and Health: Eastern and Western Perspectives
undergraduate

Introduction to Psychology - undergraduate

Abnormal Psychology - undergraduate

2020

East China Normal University

Courses

Clinical Research Methods – graduate

Contemporary Cognitive Behavioral Therapy – graduate

1996 – 1998

Department of Psychiatry, Medical College of Ohio

Cognitive-Behavioral Therapy - Psychiatry Residents

Clinical Interviewing - Medical students

CLINICAL SUPERVISION OF GRADUATE STUDENT EXTERNSHIPS

Spring Creek Healthcare Center/Behavioral Medicine. Provided on-site clinical supervision and consultation for 2-3 graduate externs at Eden Springs Healthcare Center in Green Springs, Ohio. Students provided psychological assessments, interventions, and consultations for medical inpatients in a long-term acute care hospital, an intermediate care facility, and two skilled nursing units. Graduates provided care for over 2000 patients (approximately 120 each year).

Sandusky County Board of Developmental Disabilities. Provided clinical supervision and consultation for 2-3 graduate externs. Students provide individual, group, and family services (assessment, intervention, and consultation) for clients with varying levels of disabilities who receive services through the School of Hope, a sheltered workshop, and community residences. Since the development of this externship, graduates have provided care for over 500 clients (approximately 60 per year).

GRADUATE STUDENT RESEARCH COMMITTEES

Chair of Thesis Committee:

1. Julianne Zweifel	1992	BGSU
2. Schuler, Jennifer	1994	BGSU
3. Suttman, Kelley	1994	BGSU
4. Berger, Jori	1995	BGSU
5. Anthony, Jennifer	1996	BGSU
6. Wise, Patrick	1996	BGSU
7. Fabrizio, Jennifer	1997	BGSU

8. Holzworth, Hilary	1997	BGSU
9. McGrath, Jennifer	1999	BGSU
10. Chiros, Chris	2002	BGSU
11. Perez-Benitez, Carlos	2002	BGSU
12. Shah, Purvi	2003	BGSU
13. Frutchey, Robin	2004	BGSU
14. Schwetschenau, Heather	2005	BGSU
15. Delaney, Eileen	2005	BGSU
16. Murray, Shauna	2005	BGSU
17. Northern, Jeb	2007	BGSU
18. Siguardson, Haukur	2007	BGSU
19. Bannon, Erin	2010	BGSU
20. Justine Ray	2012	BGSU
21. Carhart, Victoria	2013	BGSU
22. Rodriguez, Tatiana	2013	BGSU
23. Baik, Kyoung	2014	BGSU
24. Ritchie, Rolf	2015	BGSU
25. Singh, Rajinder	2015	BGSU
26. Moeller, Mary	2017	BGSU
27. Xu, Huanzhen	2018	BGSU
28. Wasson, Rachel	2018	BGSU
29. Varga, Aniko V	2019	BGSU
30. Sims, Tracy	2019	BGSU
31. Lim, Chung Xiann	2020	BGSU
32. Short, Brooke	2022	BGSU

Chair of Dissertation Committee:

1. Brent Coy	1997	BGSU
2. Julianne Zweifel	1997	BGSU
3. Robert Taylor	1998	BGSU
4. Gerald Ogrisseg	1998	BGSU
5. Jennifer Schuler	1998	BGSU
6. Jennifer Anthony	1998	BGSU
7. Jori Berger	1999	BGSU
8. Kelly Baskin	1999	BGSU
9. Hilary Hassinger	2000	BGSU
10. Roksana Korchynsky	2000	BGSU
11. Jennifer Yarab	2001	BGSU
12. Jennifer McGrath	2002	BGSU
13. Allison Collins	2004	BGSU
14. Carlos Perez-Benitez	2004	BGSU
15. Purvi Shah	2005	BGSU
16. Christine Chiros	2007	BGSU

17. Heather Schwetschenau	2008	BGSU
18. Eileen Delaney	2010	BGSU
19. Jebediah Northern	2010	BGSU
20. Goetz, Paul	2011	BGSU
21. Baik, Kyoung	2015	BGSU
22. Carhart, Victoria	2015	BGSU
23. Bannon, Erin	2017	BGSU
24. Rodriguez, Tatiana	2019	BGSU
25. Zaturenskaya, Mariya	2019	BGSU
26. Ritchie, Rolf	2019	BGSU
27. Singh, Sonia	2019	BGSU
28. Bogusch, Leah	2020	BGSU
29. Xu, Huanzhen	2021	BGSU
30. Wasson, Rachel	2021	BGSU
31. Moeller, Mary	2021	BGSU
32. Xia, Rong	ongoing	BGSU
33. Emily Mueller	ongoing	BGSU
34. Lim, Sam	ongoing	BGSU
35. Sims, Tracy	ongoing	BGSU

Thesis and Dissertation Committee Membership:

Over 160 thesis and/or dissertation committees at Bowling Green State University.

CURRICULUM DEVELOPMENT

Use of Self as Agent of Change. Developed a new class for the BGSU doctoral program in Organizational Development and Change. This class integrated contemporary mindfulness-based behavior therapy theories and techniques with perspectives from the organizational development literature.

East-West Mindfulness/Personal Development Class. Partnering with Nattasuda Taephant, Ph.D. at Chulalongkorn University. We developed and co-teach an undergraduate class that provides students with Eastern and Western theories and techniques related to mindfulness and contextual behavioral science (primarily Acceptance and Commitment Therapy and Functional Analytic Psychotherapy).

East-West Contextual Behavioral Science Advanced Clinical Team and Seminar. Developed a scientist-practitioner clinical team and an advanced seminar that focuses on the integration of Western and Nonwestern perspectives in contextual behavioral science.

Graduate Training Program in Behavioral Medicine/Clinical Health Psychology. Designed, implemented, and coordinated the Behavioral Medicine Track for the APA-Approved Clinical Psychology Program at Bowling Green State University. Established training sites at area hospitals and medical clinics.

Undergraduate Psychophysiology Lab and Classes. Designed an undergraduate psychophysiology lab (EEG, ECG, EMG, BVPA, Resp, SCR) that is used for teaching. Developed an undergraduate course where students acquire basic skills in psychophysiological recording and testing of hypotheses. Students conduct experiments related to cardiovascular reactivity to stress, lie detection, reaction time measurement, states of consciousness, and biofeedback. At the conclusion of the semester the students present research projects at a departmental poster session. Many students have gone on to present their papers at conferences.

Graduate Clinical Research Methods. Developed this graduate level course in which students acquire knowledge and skills in clinical decision making, single subject design, between-group designs and meta-analysis. Students are encouraged to write high quality research papers and submit them to conferences and journals. Most students will present their papers at conferences and several have published their papers in journals (primarily meta-analytic papers). Recent innovations in the class have focused on better understanding methodological limitations of WEIRD (Western, Educated, Industrial, Rich, Democratic) research and practice.

GRANTS

Awarded

- 2022 – 2024 *Prevention of Injuries Among Nurses and Nursing Aides Using Eastern Principles Acceptance and Commitment Therapy: Clinical Trial and Dissemination Research.* O'Brien, W. H. (PI), Maitland, D. (Co-I). Ohio Occupational Safety and Health Research Program. Total funding for two-year period, \$348,000 (\$261,000 from BWC and \$88,000 from BGSU).
- 2022-2023 *Developing and Piloting an East-West Mindfulness-Based Intervention to Reduce Injuries among Nurses and Nursing Aides in the USA and Thailand.* Bowling Green State University Building Strengths Grant. \$10,000.
- 2021-22 *Predoctoral Clinical Traineeship at Mercy Healthcare of Toledo.* O'Brien, W. H. (PI). Mercy Healthcare of Toledo. Total funding, \$60,000.
- 2021=22 *Predoctoral Clinical Traineeship at Drescher and Associates.* O'Brien, W. H. (PI). Drescher and Associates. Total funding, \$48,000.
- 2021-22 *Predoctoral Clinical Traineeship at the Zepf Center.* O'Brien, W. H. (PI). Zepf Center of Toledo. Total funding, \$60,000.
- 2021-22 *Predoctoral Clinical Traineeship at Cullen Center, Toledo Children's Hospital.* O'Brien, W. H. (PI). Total funding, \$24,000.
- 2021-22 *Predoctoral Clinical Traineeship at Harbor Behavioral Health.* O'Brien, W. H. (PI). Harbor Behavioral Health. Total funding, \$72,000.

- 2021-22 *Predoctoral Clinical Traineeship at Sandusky County Board of Developmental Disabilities*. O'Brien, W. H. (PI). Sandusky Board of Developmental Disabilities. Total funding, \$16,000.
- 2014 *Preventing Injury, Assault, and Abuse of Nurse Aides Working in Long-Term Residential Settings*. O'Brien, W. H. (PI), Barratt, C, (co-PI), Matthews, R (co-PI), and Jex, S. (Co-PI). Ohio Occupational Safety and Health Research Program. Total funding for two-year period, \$355,000 (250,000 from BWC and \$155,000 from BGSU).
- 2013 *An Evaluation of Mindfulness Training, Heart Rate Variability, and Outcomes among Medical Patients Undergoing Mechanical Ventilator Weaning*. Primary Investigator. Bowling Green State University Building Strength Grant (\$10,000).
- 2006 *Reducing Job Stress: A comparison of CBT and ACT Based Work Stress Interventions*. Primary Investigator. University of Cincinnati, NIH/NIOSH/ERC (\$5,262).
- 2006 *Acquisition of Skills in Acceptance and Commitment Therapy*. Primary Investigator. Faculty Development Grant from BGSU. (\$600).
- 2006 *A Group Intervention Program for Families of Children with Developmental Disabilities*. Partnership Support Grant from BGSU (with Heather Schwetsenau, Jane Repp, Eileen Delaney, Jessica Harper, and Kristin Saveliev, \$3,000).
- 2003 - 2005 *Graduate Clinical Psychology Traineeships*. Primary Investigator. St. Charles Hospital (\$13,000).
- 2002-2005 *Graduate Predoctoral Traineeship in Domestic Violence Prevention and Treatment among Migrant Farmworkers*. Primary Investigator. Rural Opportunities Inc., (\$36, 685).
- 2002-2003 *Graduate Clinical Psychology Traineeships, Woodward Learning Community, Toledo Public Schools*. Primary Investigator. Toledo Public Schools (\$8,000).
- 2001-2005 *Graduate Clinical Psychology Traineeships in the Family Resource Center*. Primary Investigator. Family Resource Center (\$12,000)
- 2001-2005 *Graduate Clinical Psychology Traineeships in the Public Sector Serving Children with Serious Emotional Disturbances*. Primary Investigator. Ohio Department of Mental Health (\$167,519).

- 2001 - 2005 *Graduate Clinical Psychology Traineeships in the Children's Resource Center.* Primary Investigator. Children's Resource Center (\$25,500).
- 2001-2005 *Graduate Predoctoral Traineeships in Community Mental Health.* Primary Investigator. Behavioral Connections of Wood County (\$111,590).
- 2001-2005 *Graduate Predoctoral Traineeships in MRDD.* Primary Investigator. Sandusky County Board of MRDD (\$56,710).
- 2001 -2003 *Graduate Clinical Psychology Traineeships in Maumee Valley Guidance.* Primary Investigator. Maumee Valley Guidance Center (\$16, 959).
- 2001-2002 *Northeast Toledo School Improvement Office: Antibullying and Bridge Graduate Predoctoral Traineeships.* Co-primary Investigator (with Donna Heretick, Ph.D.). Toledo Public Schools (\$16,000).
- 2001 *Graduate Clinical Psychology Traineeships.* Primary Investigator. Bryan Medical Group, (\$33,000).
- 1998 *Beryllium Health Study.* Co-Primary Investigator (with Carlla Smith, Ph.D., and Steven Rogelberg, Ph.D.). Brush-Wellman Inc. (\$38,253).
- 1998 *Enhancement of the Undergraduate Psychophysiology Laboratory.* Primary Investigator. Ohio Board of Regents Instructional Enhancement Fund (\$11,600).
- 1998 *American Psychological Association. Graduate Training in Occupational Health Psychology.* Co-Primary Investigator (with Carlla Smith, Ph.D. American Psychological Association and National Institute for Occupational Safety and Health (\$19,995).
- 1997 *Biofeedback Service Development.* Primary Investigator. Albert G. & Olive H. Schlink Foundation (\$10,000).
- 1995 *Graduate Assistant Award.* Primary Investigator. Bowling Green State University College of Arts and Sciences.
- 1993 *The Impact of a Cognitive-Behavioral Intervention on Cardiovascular Recovery from Stress.* Primary Investigator. Primary Investigator. National Institutes of Health Biomedical Research Grant (\$18,500).

PUBLICATIONS (Reverse Chronological Order)

* *Indicates graduate student author or co-author*

Books

- Haynes, S. N., O'Brien, W. H., & Kaholokula, J. (2011). *Behavioral assessment and case formulation*. Hoboken, NJ: Wiley.
- Haynes, S. N., & O'Brien, W. H. (2000). *Principles and practice of behavioral assessment*. New York: Kluwer.

Book Chapters

- O'Brien, W. H., Chavanovanich, J., Jarukasemthawee, S., Pisitsungkagarn, K., Kalantzis, M. (2022). Mindfulness-based approaches to reduce injuries among nurses and nursing aides. In C. Bowers, D. Beidel, Marks, M., Horan, K., & Cannon-Bowers, J. (Eds.). *The Handbook of Research on Mental Health and Wellness in Healthcare Workers*. IGI Global.*
- Haynes, S. N., O'Brien, W. H., & Kaholokula, J. K. (2019). Behavioral assessment of adults in clinical settings. In G. Goldstein, D. N. Allen, & J. DeLuca (Eds.). *Handbook of Psychological Assessment, 4th Edition* pp. 461-501). San Diego: Elsevier.
- O'Brien, W. H., Keawe'aimoku Kaholokula, J., & Haynes, S. N. (2016). Behavioral assessment and functional analysis. In A. Nezu and C. Nezu (Eds.), *The Oxford Handbook of Cognitive Behavioral Therapies* (pp. 44-61). New York: The Oxford University Press.
- Haynes, S. N., Keawe'Aimoku Koholokula, J. K., & O'Brien, W. H. (2014). Behavioral Assessment. In R. Cautin & S. Lillienfeld (Eds.). *The encyclopedia of clinical psychology*. NY: Wiley.
- Haynes, S. N., & O'Brien, W. H. (2014). Functional analysis. In R. Cautin & S. Lillienfeld (Eds.). *The encyclopedia of clinical psychology*. NY: Wiley.
- O'Brien, W. H., & Young, K. (2014). Assessment of psychopathology: Behavioral approaches. In I. B. Weiner, J. R. Graham, & J. A. Naglieri (Eds.), *Handbook of Psychology, Volume 10, Assessment Psychology* (2nd Ed). New York: Wiley.*
- O'Brien, W. H., & Oemig, C. K. (2010). Behavioral assessment, In I. B. Weiner & W. E. Craighead (Eds.). *The Corsini Encyclopedia of Psychology 4th Ed* (pp. 220 – 222). NY: Wiley.*
- O'Brien, W. H., & Schwetschenau, H. (2008). Overview of behavioral treatments with adults. In M. Hersen & J. Rosqvist (Eds.), *Handbook of psychological assessment, case conceptualization, and treatment, Volume 1: Adults* (pp. 76-94). New York: John Wiley & Sons.*
- O'Brien, W. H., & Tabaczynski, T. (2007). Unstructured interviewing. In M. Hersen & J. Thomas (Eds.), *Handbook of Clinical Interviewing with Children* (pp. 16-29). NY: Sage.*

- O'Brien, W. H., Kaplar, M. & Haynes, S. N. (2005). Behavioral assessment. In M. Hersen (Ed.), *Encyclopedia of Behavior Modification and Therapy: Volumes I* (pp. 83-90). New York: Sage.*
- O'Brien, W. H., Kaplar, M., & McGrath, J. J. (2004). Broadly-based causal models of behavior disorders. In M. Hersen, S. N. Haynes, & E. M. Heiby (Eds.), *Handbook of psychological assessment, Volume 3: Behavioral assessment* (pp. 69-93). John Wiley & Sons.*
- O'Brien, W. H., McGrath, J. J., & Haynes, S. N. (2003). Assessment of psychopathology: Behavioral approaches. In J. Graham & J. Naglieri (Eds.), *Handbook of Psychological Assessment* (pp. 509-530). New York: Wiley.*
- O'Brien, W. H., Collins, A. E., Kaplar, M. (2002). Case formulation. In R. Fernandez Ballesteros (Ed. in Chief), *Encyclopedia of Psychological Assessment* (pp. 164-167). London: Sage.*
- O'Brien, W. H. & Collins, A. E. (2002). The medical model of psychotherapy. In W. E. Craighead & C. B. Nemeroff (Eds.) *The Corsini encyclopedia of psychology and behavioral science* (pp. 933-935). New York: Wiley.*
- O'Brien, W. H., & Haynes, S. N. (2002). Direct observation. In A. E. Kazdin (Ed.), *Encyclopedia of psychology and neuroscience*. Washington, D. C.: American Psychological Association.
- O'Brien, W. H., & Haynes, S. N. (1997). Analisis funcional de la conducta [Conducting a functional analysis]. En G. Buena-Casal y J. Sierra (Eds.), *Manual de Evaluacion Psicologica: Fundamentos, tecnicas y aplicaciones* (pp. 493-521) [Handbook of Psychological Evaluation: Fundamentals, techniques, and applications]. Madrid: Siglo Veintiuno Editores.
- O'Brien, W. H. & Haynes, S. N. (1995). Behavioral Assessment. In M. Hersen & L. A. Heiden (Eds.). *Introduction to clinical psychology* (pp. 103-139). New York: Plenum.
- O'Brien, W. H. (1994). Functional Analysis. In R. J. Corsini (Ed.), *Encyclopedia of Psychology* (2nd Ed.). New York: Wiley.
- O'Brien, W. H. (1994). The medical model of psychotherapy. In R. J. Corsini (Ed.), *Encyclopedia of Psychology* (2nd Ed.). New York: Wiley.
- O'Brien, W. H., & Haynes, S. N. (1993). Behavioral assessment in the psychiatric setting. In A. S. Bellack & M. Hersen (Eds.), *Handbook of behavior therapy in the psychiatric setting*. New York: Plenum.

Journal Articles

Under Review

- Bannon, E. E., O'Brien, W. H., Peijssel, C., Teerapong, T., Uthayaratana, T., Boonyarit, I., Chavanovanich, J. (2024). *The effects of a brief acceptance-based behavior therapy intervention, a cognitive therapy intervention, and a placebo intervention on test anxiety and working memory performance.**
- Lim, C.X., O'Brien, W. H., & Mueller, E. (2024). *Perseverative Cognition and vagally mediated heart rate variability in laboratory studies subjects: A series of meta-analyses.*
- Short, L. B., Xia, R., O'Brien, W. H. (2024). *Post-traumatic stress, cognitive fusion, and intolerance of uncertainty as longitudinal predictors of post-traumatic growth from the COVID-19 pandemic.**
- Xu, H., & O'Brien, W. H., Chen, Y. (2024). *Development and Psychometric Properties of the Unique Stress of Chinese International Students Questionnaire.**

Published or In Press

- Lim, C.X., Mueller, E., Short, L.B., Xia, R., Suvanbenjakule, P., O'Brien, W. H. (in press) Psychological Inflexibility mediates the relations between Intolerance of Uncertainty, Posttraumatic Stress, and Somatic Symptoms. *Psychological Trauma: Theory, Research, Practice, and Policy**
- Moeller, M. & O'Brien, W. H. (in press). Integrating Acceptance and Commitment Therapy with Selective Optimization with Compensation. *Clinical Gerontologist*.
- Wasson, R., S., O'Brien, W. H., Dietrich, K. M. (in press). Virtual wellness workshop for medical students: Effects on healthy lifestyle behavior. *Peer-Reviewed Reports in Medical Education Research (PRiMER)*.*
- Maitland, D.W.M., Lim, C.X., O'Brien, W. H., Lewis, J., Davis, B. S. (2023). Respiratory Sinus Arrhythmia as a Therapy Measurement Strategy: The Example of Functional Analytic Psychotherapy. *Research Directs in Psychology and Behavior*, 2 (1).
<https://doi.org/10.53520/rdts2023.10557>
- O'Brien, W. H., Peijssel, C., Koerten, H., Boonyarit, I., Lim, C. X., & Chavanovanich, J. (2023). Lesser Degree of HR and HF-HRV Recovery from an Evaluative Stressor is Associated with Higher Levels of Perfectionism and Self-Compassion. *Behaviour Research and Therapy*, 164, 104305. DOI: 10.1016/j.brat.2023.104305. <https://doi.org/10.1016/j.brat.2023.104305>.*
- O'Brien, W. H., Wang, S., Varga, A. V., Lim, C. X., Xu, H., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., Braden, A. (2023). Psychological Flexibility Prospectively Predicts COVID-19 PPE Use Across a Two-Month Interval. *Psychology, Health, and Medicine*. doi: 10.1080/13548506.2022.2162936

- O'Brien, W. H., Watford, T., Lim, C. X., Simms, T., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., Settawacharawanich, S. (2023). An Examination of the Orienting and Defensive Responses using HR and HF-HRV. *Journal of Psychophysiology*.
<https://doi.org/10.1027/0269-8803/a000320>
- Chen Y, Xu H, O'Brien W, Gao Y, Dong X. (2022). Acculturation Mitigates the Negative Impact of Perceived Stress on Depressive Symptoms Among U.S. Chinese Older Adults. *The International Journal of Aging and Human Development*, 95(1), 3-17.
[doi:10.1177/00914150211024187](https://doi.org/10.1177/00914150211024187)*
- Kalantzis, M., Lim, C.X., Dauber, A., Studer-Perez, E., Silverman, Z., & O'Brien, W. H. (2022). Acculturative stress and Disordered Eating: A Meta-Analysis. *Eating Behaviors*. *Eating Behaviors*, 48, 1 – 9. <https://doi.org/10.1016/j.eatbeh.2022.101694>.
- Lim, C. X., O'Brien, W. H., Watford, T. S., & Suvanbenjakule, P. (2022). Psychological Inflexibility and HF-HRV reactivity to laboratory stressors. *Journal of Contextual Behavioral Science*, 26, 134-138. <https://doi.org/10.1016/j.jcbs.2022.09.004>.*
- Mueller, E. A., Suvanbenjakule, P., Lim, C. X., O'Brien, W. H., Chavanovanich, J., Jarukasemthawee, S., Pisitsungkagarn, K., Suavansri, P. (2022). Coping with COVID-19: Survey data assessing psychological distress to COVID-19 and vaccine hesitancy with measures of theory of planned behavior, mindfulness, compassion, cultural orientation, and pandemic fatigue. *Data in Brief*, 43, 108390. <https://doi.org/10.1016/j.dib.2022.108390>.*
- Braden, A., & O'Brien, W. H. (2021). Pilot Study of a Treatment Using Dialectical Behavioral Therapy Skills for Adults with Overweight/Obesity and Emotional Eating. *Journal of Contemporary Psychotherapy*, 51, 21–29. <https://doi.org/10.1007/s10879-020-09477-1>
- Jaurkasemthawee, S., Pisitsungkagarn, K., O'Brien, W., Manley, H., & Pattanomontri, C. (2021). Relationships between mindfulness, self-compassion, and grit among Thai athletes: The mediating role of self-regulation. *International Journal of Sport and Exercise Psychology*. <https://doi.org/10.1080/1612197X.2021.2010230>.*
- O'Brien, W. H., Goetz, P., O'Brien, A. T., McCarren, H. & Delaney, E. (2021). Respiratory Sinus Arrhythmia Predicts Perceived Therapy Process of a Group-based Acceptance and Commitment Therapy Intervention. *Bulletin of the Menninger Clinic*, 21, 9-22.
<https://doi.org/10.1521/bumc.2021.85.1.9>*
- O'Brien, W. H., Wang, S., Xu, H., Wang, S., Yang, Z., Yang, J. T., Liu, Q., Zhang, X., Tang, L., Varga, A. V., Sims, T., Lim, C. S., Jarukasemthawee, S., Pisitsungkagarn, K. (2021) Psychological reactions to COVID-19: Survey data assessing perceived susceptibility, distress, mindfulness, and preventive health behaviors. *Data in Brief*, 34.
<https://doi.org/10.1016/j.dib.2020.106687> *

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replacement therapy on menopausal depression. *Psychoneuroendocrinology*, 22, 189-212.*

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O'Brien, W. H. (1996). Assessment of the relationships between markers of biological activity and behavior in varied populations (book review). *Contemporary Psychology: A Journal of Reviews*, 41, 902-904.

O'Brien, W. H. (1995). Inaccuracies in the estimation of functional relationships using self-monitoring data. *Journal of Behavior Therapy and Experimental Psychiatry*, 26, 351-357.

O'Brien, W. H., & Haynes, S. N. (1995). A functional analytic approach to the assessment and treatment of a child with frequent migraine headaches. *In Session: Psychotherapy in Practice*, 1, 65-80.

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Haynes, S. N., Uchigakiuchi, P., Meyer, K., Orimoto, L., Blaine, D., & O'Brien, W. H. (1993). Functional analytic causal models and the design of treatment programs: Concepts and clinical applications with childhood behavior problems. *European Journal of Psychological Assessment*, 9, 189-205.

Dura, J. R., & O'Brien, W. H. (1992). The panic packet: A carry along relapse prevention plan for patients who have panic disorder. *The Behavior Therapist*, 15, 242.

Haynes, S. N., Gannon, L., Orimoto, L., O'Brien, W. H., & Brandt, M. (1991). Measurement of post-stress recovery in psychophysiological assessment. *Psychological Assessment: A Journal of Consulting and Clinical Psychology*, 3, 356-365.

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Haynes, S. N., & O'Brien, W. H. (1988). The Gordian Knot of DSM-III Use: Integrating principles of behavior classification, complex causal models, and functional analytic strategies. *Behavioral Assessment, 10*, 95-105.

Books in Preparation

O'Brien, W. H. *Case formulation and interventions in medical settings.*

O'Brien, W. H. *Survive, Evade, Resist, and Escape: Guidelines for Persons in, or at risk of placement in a nursing home.*

WORKSOPS, TRAININGS, INSTITUTES, AND SYMPOSIA

O'Brien, W. H. (2024, July). *Acceptance and commitment therapy: Combining Western and Eastern Perspectives.* Two-day training provided at Chiang Mai University, Thailand.

O'Brien, W. H. (2024, June). *The 3 waves of Behavior Therapy: Integrating Eastern and Western Perspectives.* Two-day training provided at East China Normal University. Shanghai, China.

O'Brien, W. H. (2024, July). *Functional analysis in assessment. How to do clinical case conceptualizations and conduct assessments using data to guide intervention design.* Two-day training for the Thailand Ministry of Mental Health. Bangkok, Thailand.

O'Brien, W. H. (2024, July). *Empirical status of the 3rd wave cognitive behavior therapies.* Keynote address. 23rd Annual International Mental Health Conference. Bangkok, Thailand.

O'Brien, W. H., Short, L. B., & Xia, R. (2024, April). *Eastern Perspective Combined with Acceptance and Commitment Therapy for Healthcare Workers.* Professional Development Workshop at the Midwestern Psychological Association Conference. Chicago, Illinois.

O'Brien, W. H. (2023, September). Bridging perspectives for holistic wellbeing: Integrating Eastern and Western Approaches. *Change 2023 Thought Leader Conference: Transforming Organizations, Revitalizing Communities, Developing Human Potential.* Perrysburg, Ohio.

Le, M., Lim, C. X., O'Brien, W. H. (2023, August). *The mediating role of work burnout between work environment and musculoskeletal symptoms in healthcare professionals.* The Second Annual Thailand International Conference on Psychology. All Day Workshop. Bangkok, Thailand.

O'Brien, W. H., (2023, August). *Acceptance and Commitment Therapy for health and wellbeing.* The Second Annual Thailand International Conference on Psychology. All Day Workshop. Bangkok, Thailand.

O'Brien, W. H., (2023, August). *"I'm everything bad" Psychotherapeutic application in the BANI world: selected challenging cases.* The Second Annual Thailand International Conference on

Psychology. All Day Workshop. Bangkok, Thailand.

- O'Brien, W. H., Pisitsunkagarn, K., Suavansri, P., Chavanovanich, J., & Wang, S. (2022, November). *Spotlight Research 3 - Predictors and Determinants of Coping with COVID-19: Cross-cultural Perspectives*. The 56th Annual Convention of the Association for Behavioral and Cognitive Therapy. New York NY.
- O'Brien, W. H. (2022, March). *Multicultural Diversity Research, Practice and Training in Clinical and Counseling Psychology: Integrating Eastern and Western Perspectives to Promote Global Understanding*.
1. Jarukasemthawee, S. *When Eastern philosophies are integrated into Western psychological interventions, what do we learn from the integration?*
 2. Pisitsungkagarn, K. *Self-compassion and Compassion: Their Manifestations and Applications within the Thai Cultures*
 3. Chavanovanich, J. *Integrating Multicultural Perspectives in Occupational Clinical Health Psychology Research and Practice*
 4. Sauvansri, P. *Impacts of internalised racism on a trainee therapist of colour*
- Moeller, M. T., Singh, R. S., Horan, K. A., Wasson, R. W., Barratt, C. L., Jex, S. M., Matthews, R. A., & O'Brien, W. H. (2018, July) Acceptance and commitment therapy for nurses and nurse aides experiencing work stress. In Singh, R. S. (Chair), *The value of health: Utilizing ACT to promote flexibility and well-being in primary care and health-related settings*. Symposium presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.
- Singh, R. S., & O'Brien, W. H. (2018, July) Sexual minority work stress: Barriers and potential solutions. In Singh, R. S. (Chair), *Shame, stigma, and stress: Barriers to thriving for gender and sexual minorities*. Symposium presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.
- Wong, S., Waite, T., Wasson, R. S., Artschwager, A., Pargament, K. I., & O'Brien, W. H. (2018, August). Demonization, desecration, and the 2016 U.S. presidential election: The role of negative spiritual appraisals on post-election psychological adjustment. In S. Wong (Chair), *Seeing through the eyes of others: How can ACT reduce prejudice and harmful behaviors?* Paper presented at the Association of Contextual Behavioral Science 16th Annual World Conference, Montreal, Canada.
- Horan, K. A., Moeller, M. T., Singh, R. S., O'Brien, W. H., Barratt, C. L., Jex, S. M., & Matthews, R. A. (2017, April). Prosocial impact as an indicator of meaningful work: Implications for burnout in a healthcare sample. In M. J. Monnot (Chair), *Mixed method approaches to understanding meaning and meaningfulness of work*. Symposium presented at the 32nd Annual Conference of the Society for Industrial and Organizational Psychology, Orlando, FL.
- O'Brien, W. H., (2016, April). *Acceptance and commitment therapy for anxiety, depression, and schizophrenia I*. Full day workshop at University of Michigan Department of Forensic

Psychiatry.

- O'Brien, W. H., (2016, February). *Acceptance and commitment therapy for anxiety, depression, and schizophrenia II*. Full day workshop at University of Michigan Department of Forensic Psychiatry.
- Singh, S., & O'Brien, W. H. (2015, May). Functional analytic psychotherapy for nursing home residents: A single-subject design investigation of session by session changes presented in Knott, L. E. (Chair), *Expanding the reach of Functional analytic psychotherapy: A grab at FAP measurement utility, therapist training, and untapped treatment*. Symposium presented at the Association for Behavior Analysis International 41st Annual Convention, San Antonio, TX. *
- O'Brien, W., H. McCarren, H., Delaney, E., & Goetz, P. (2013, August). *Experiential versus didactic therapist training in Acceptance and Commitment Therapy: An evaluation of process and outcomes*. Taiwan Education Research Association and Pacific Rim Objective Measurement Symposium. Kaohsiung, Taiwan. *
- O'Brien, W. H. (2012, March). *Third wave behavior therapies: processes, techniques, and outcomes*. Four hour workshop presented at Concordia University, Montreal, Canada.
- O'Brien, W. H. (2012, March). *Acceptance and psychophysiological disorders*. Research colloquium presented at Concordia University, Montreal, Canada.
- O'Brien, W. H. (2012, June). *Session XII*. Chair of oral presentations. International Conference in Applied Psychology and Behavioral Science, Paris, France.
- O'Brien, W. H. (2011, November). *Functional analysis in behavioral assessment*. Research Colloquium given at University of Iceland, Reykjavik, Iceland.
- O'Brien, W. H. (2011, November). *Acceptance and Commitment Therapy*. Clinical workshop given at University of Iceland, Reykjavik, Iceland.
- O'Brien, W. H. (2010, November). *Meta-analytic investigations of mindfulness and acceptance and commitment therapy*. Chair and organizer of symposium presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapy, San Francisco, CA.
- McGrath, J. J., & O'Brien, W. H. (2009, March). *Everything you wanted to know about effect sizes*. Three-hour training seminar presented at the 29th Annual Meeting and Scientific Sessions of the Society for Behavioral Medicine, Montreal, Quebec. *
- O'Brien, W. H., & McGrath, J.J. (2009, March). *Functional analysis in behavioral medicine*. Three-hour training seminar presented at the 29th Annual Meeting and Scientific Sessions of the Society for Behavioral Medicine, Montreal, Quebec. *

- O'Brien, W. H. (2009, September). *Functional analysis and case formulation in behavioral medicine*. Symposium presentation at the European Conference of Psychological Assessment, Ghent, Belgium.
- O'Brien, W. H. (2008, June). *Psychological and behavioral principles for managing disordered behavior among MRDD populations*. Full day workshop presented for statewide MRDD case managers, social workers, habilitation specialists, and behavioral specialists. Tiffin, Oh.
- O'Brien, W. H., Delaney, E. M., Northern, J. J., Oemig, C. K., Desai, K., Goetz, P. (2008, March). *Three waves of behavior therapy in behavioral medicine*. Three hour seminar presented at the 28th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C. *
- O'Brien, W. H., Delaney, E. M., Northern, J. J., Oemig, C. K., Desai, K., Goetz, P. (2007, March). *Using meta-analysis to evaluate treatment outcome data in behavioral medicine*. Three-hour seminar presented at the 28th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C. *
- O'Brien, W. H., McGrath, J. J., Delaney, E., Northern, J., Oemig, C., Desai, K., & Goetz, P. (2007, March). *Conducting meta-analytic evaluations of treatment outcome research in behavioral medicine*. Workshop/Seminar presented at the 28th Annual Convention for the Society for Behavioral Medicine, Washington, DC. *
- O'Brien, W.H. (2006, August). *Functional analytic case modeling*. The 114th Annual Convention of the American Psychological Association, New Orleans, La.
- O'Brien, W. H., & Chiros, C. (2003, March). *Cognitive-behavioral assessment and functional analytic causal modeling for behavioral medicine scientist-practitioners*. Seminar presented at the 24th Annual Meeting of the Society for Behavioral Medicine. *
- O'Brien, W. H. & McGrath, J. J. (2002, November). *Advanced methodology and statistics seminar: Conducting meta-analytic evaluations of intervention research - meaningfully synthesizing apples and oranges*. Thirty-sixth Annual Convention of the Association for the Advancement of Behavior Therapy, Reno, Nevada. *
- McGrath, J. J., & O'Brien, W. H. (2001, November). *Conducting meta-analytic evaluations of intervention research: Meaningfully synthesizing apples and oranges*. Advanced Methodology and Statistics Seminar presented at the 35th Annual Convention of the Association for Advancement of Behavior Therapy. Philadelphia, PA. *
- Kerns, R., O'Brien, W. H., & Lopez, M. (2001, August). *Clinical Health Psychology Training - How To's From Graduate Through Professional Levels*. The Annual Convention of the American Psychological Association, San Francisco, CA.

- Anthony, J. L., & O'Brien, W. H. (1998, October). *Using the post-session questionnaire to predict psychophysiological reactivity to stress following a social support intervention*. The 15th Annual Empirical Group Work Symposium, Miami, FL. *
- Austin, S. E., & O'Brien, W. H. (1994, November). *Functional analysis and computers*. The Annual Combined Hospital Behavior Therapy and Departmental Behavior Therapy Conference. Columbus, OH. *
- Berger, J. A., O'Brien, W. H., & Egan, M. (1997, September). *A meta-analysis of the effects of group-based stress management interventions on immune functioning*. The 10th Annual Symposium for the Empirical Foundations of Group Work, Madison, WI. *
- Haynes, S. N., & O'Brien, W. H. (1996, November). *Behavioral assessment and functional analytic case modeling*. Six-hour institute presented at the 30th Annual Convention of the Association for the Advancement of Behavior Therapy.
- O'Brien, W. H. (1992, November). *Cardiovascular Activation and Recovery: Implications for Behavioral Assessment and Treatment*. The 26th Annual Convention of the Association of the Advancement of Behavior Therapy, Boston, MA.
- O'Brien, W. H. (1996, June). *Clinical Decision Making and Clinical Case Modeling*. Two-hour workshop presented at the Northcoast Behavioral Healthcare System. Cleveland, Ohio.
- O'Brien, W. H. (1993, November). *Functional Analysis*. The Annual Combined Hospital Behavior Therapy and Departmental Behavior Therapy Meeting. Columbus, Ohio.
- O'Brien, W. H. (1996, October). *Functional analysis and clinical case modeling and decision Making*. The Annual Combined Meeting of the Ohio Department of Mental Health Departmental Behavior Therapy Committee and Hospital Behavior Therapy Committee Conference. Columbus, OH.
- O'Brien, W. H. (1996, October). *Treatment refusal in psychiatric settings: A review of the empirical literature and a proposal for future study*. The Annual Combined Meeting of the Ohio Department of Mental Health Departmental Behavior Therapy Committee and Hospital Behavior Therapy Committee Conference. Columbus, OH.
- O'Brien, W. H. & Austin, S. E. (1994, November). *Decision making*. The Annual Combined Hospital Behavior Therapy and Departmental Behavior Therapy Conference. Columbus, OH. *
- O'Brien, W. H., Berger, J., & Anthony, J. L. (1998, October). *A psychometric evaluation of the post-stress questionnaire*. The 15th Annual Empirical Group Work Symposium, Miami, FL. *
- O'Brien, W. H., Haynes, S. N., Uchigakiuchi, P., Meyer, K., & Orimoto, L. (1992, November). *Using functional analytic causal modeling to design behavioral treatments for psychophysiological*

disorders. Symposium presentation at the 26 Annual Convention of the Association of the Advancement of Behavior Therapy, Boston, MA.

O'Brien, W. H., Hocking, J., Wise, P., Michael, S., & Johnson, H. (1992, November). *Associations Between Ruminative Cognitions and Cardiovascular Recovery From Stress*. Symposium presentation at the 26 Annual Convention of the Association of the Advancement of Behavior Therapy, Boston, MA. *

O'Brien, W. H., Korchynsky, R., Fabrizio, J., Suttman, K. (1996, October). *The impact of a group-based stress management intervention on psychological states and cardiovascular reactivity*. The 12th Annual Symposium for the Empirical Foundations of Group Work. Ann Arbor, MI. *

O'Brien, W. H., Richard, D., Grant, C., & Haynes, S. N. (1999). *Using computers for case formulations*. Society for a Science of Clinical Psychology, Section III of APA Division 12. Annual Convention of the American Psychological Association. Boston, MA.

O'Brien, W. H., Smith, P. C., Zweifel, J., Cheyne, R., Moore-Hirshl, S., & Parra, L. (1993, May). *The effects of a stress management intervention on daily stress, anxiety, physical symptoms, and cardiovascular activation*. Symposium presentation at the Ninth Annual Symposium for Empirical Group Work, Ann Arbor, MI. *

O'Brien, W. H., Trivette, P., O'Brien, T. M., Berger, J., & Thompson, W. (1994, May). *Cardiovascular responses to stress: hemodynamic mechanisms and the effects of a cognitive-behavioral intervention*. The 10th Annual Symposium for the Empirical Foundations of Group Work, Madison, WI. *

Trivette, P. S., O'Brien, W. H., Black, J. A., & O'Brien, T. M. (1994, May). *Perceived effectiveness of tasks used for training students for group leadership: Beginning to learn what works*. The 10th Annual Symposium for the Empirical Foundations of Group Work, Madison, WI.

CONFERENCE PAPER AND POSTER PRESENTATIONS

2023

Lim, C. X., Mueller, E. A., & O'Brien, W. H. (2023, November 16-19). *Experiential avoidance prospectively predicted heightened traumatic stress and somatization symptoms: The moderating effects of mindfulness*. Association for Behavioral and Cognitive Therapy 57th Annual Convention, Seattle, Washington, USA.

Short, L. B., Xia, R., & O'Brien, W. H., (2023, November 16-19). *Post-traumatic stress, fusion, and intolerance of uncertainty as predictors of post-traumatic growth from the COVID-19 pandemic: A longitudinal examination*. Association for Behavioral and Cognitive Therapy 57th Annual Convention, Seattle, Washington, USA.

Xia, R., Short, B., & O'Brien, W.H. (2023, November 16-19). *Posttraumatic stress, alexithymia, and demoralization as predictors of posttraumatic growth in Chinese breast cancer patients during COVID-19: A cross-sectional study*. Association for Behavioral and Cognitive Therapy 57th Annual Convention, Seattle, Washington, USA.

2022

Le, M., Lim, C. X., Kalantzis, M., O'Brien, W. H. (2022, June 14-19). *Can self-compassion moderate the relationship between pandemic fatigue and PPE Usage?* 2022 Association for Contextual Behavioral Science World Conference, San Francisco, CA.

Lim, C. X., Mueller, E., Le, M., Kalantzis, M., O'Brien, W. H. (2022, June 14 - 19). *Multidimensional Psychological Flexibility Inventory accounted for unique variance in COVID-19 traumatic stress* [Presentation]. 2022 Association for Contextual Behavioral Science World Conference, San Francisco, CA.

O'Brien, W. H., Wang, S., Varga, V., Lim, C. X., Xu, H., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., Braden, A., Mueller, E., Kalantzis, M. (2022, June 14 - 19). *Psychological Flexibility and Inflexibility Prospectively Predict PPE Use and Social Distancing across a Two Month Interval* [Presentation]. 2022 Association for Contextual Behavioral Science World Conference, San Francisco, CA.

O'Brien, W. H., Watford, T., Lim, C. X., Sims, T., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., Settawacharanich, S., Mueller, E. (2022, June 14 – 19). *Empathy, Compassion, and Patterns of High Frequency Heart Rate Variability Reactivity to Stress*. [Presentation]. 2022 Association for Contextual Behavioral Science World Conference, San Francisco, CA.

Wasson, R., Dietrich, K. M., Barratt, C. L., O'Brien, W. H. (2021, November). *Feasibility, acceptability, and preliminary effectiveness of an online mindful self-compassion intervention for medical students*. Work, Stress, and Health Conference. Ohio, USA.

2020

Cotterman, R.E., Singh, R. S., Watford, T. S., Wasson, R., Goodman, L., & O'Brien, W. H. (2020, July) *Acceptance and Commitment Therapy for Sexual Minorities Experiencing Work Stress: A Pilot Study*. Poster presented at the Association for Contextual Behavioral Science 2020 World Conference. Online.

2019

Koerten, H., Watford, T., Dubow, E., Williamson, B., Wicks, R., & O'Brien, W. (2019, April). *Using mindfulness to help perfectionists effectively respond to failure*. Poster presented at the 91st

Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Wasson, R. S., Barratt, C., O'Brien, W. H. (November 2019). *Mindfulness-based interventions on self-compassion in health care professionals*. Presented poster at the Work, Stress, and Health Conference, Philadelphia, Pennsylvania.

Wasson, R. S., Barratt, C., O'Brien, W. H. (October 2019). *Effects of mindfulness-based interventions on self-compassion in health care professionals*. Oral and poster presentations at the CENTILE Conference, Washington, D.C.

Wasson, R. S., Barratt, C., O'Brien, W. H. (April 2019). *Effects of mindfulness-based interventions on self-compassion in health care professionals*. Presented poster at the 26th Annual Symposium on Research in Psychiatry, Psychology, and Behavioral Science, Toledo, Ohio.

2018

Artschwager, A. T., Singh, R. S., & O'Brien, W. H. (2018, July) *The exploration of contextual behavioral variables for sexual minority employees*. Poster presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.

Bogusch, L. M. & O'Brien, W. H. (2018, June). *Systematic review of type 2 diabetes prevention interventions for American Indians*. Paper presented at the Convention for the Society of Indian Psychologists and Graduate Students, Logan, UT.

Bogusch, L.M., Varga, A., Geis, H., & O'Brien, W. H. (2018, July). *The impact of the 2016 presidential election: Predictors of health outcomes*. Poster presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.

Bogusch, L. M., Waite, T., Moeller, M., and O'Brien, W. H. (2018, July). *Social trust as a moderator of relationship between stigma-related acceptance and self-reported prejudice*. Poster presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.

Horan K. A., Moeller M. T., Singh R. S., Wasson R. S., O'Brien W. H., Matthews R. A., Jex S. M., & Barratt C. L. (2018, May). *Perceived effectiveness of a workplace stress management intervention: Complementing or compensating for your supervisor*. Poster presented to the 2nd annual Total Worker Health Symposium, Bethesda, MD.

Moeller, M., Bogusch, L., Waite, T., & O'Brien, W. H. (2018, July). *Acceptance and commitment therapy for acceptance of aging and self-stereotyping: A proof of concept study*. Poster presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.

Varga, A. V., Grant, J.T., Engelman, J., & O'Brien, W.H. *Acceptance and Commitment Therapy for the Treatment of PTSD: A Meta-Analysis of Treatment Outcome Studies*. Poster presented at the Association for Contextual Behavior Science 16th World Conference: 2018 July 25-29, Montréal, QC, Canada

Watford, T. S., Singh, R. S., Moeller, M. T., Varga, V. A. & O'Brien, W. H. (2018, July). *The experience of shame and emotion regulation difficulties related to the 2016 election*. Poster presented at the Association for Contextual Behavior Science 16th World Conference, Montréal, QC, Canada.

2017

Horan, K. A., Singh, R. S., Moeller, M. M., O'Brien, W. H., Barratt, C. L., Jex, S. M., & Matthews, R. A. (2017, June). *Employee withdrawal in response to workplace hazards: The role of workplace safety*. Poster presented at 12th International Conference on Occupational Stress and Health, Minneapolis, MN.

Moeller M.T., Singh R. S., Horan K. A., Wasson R. S., O'Brien W. H., Barratt C. L., Jex S. M., & Matthews R. A. (2017, November). *Acceptance and commitment therapy for nurse aides*. Poster presented at the Association of Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.

Singh R. S., Moeller M. T., Horan K. A., Wasson R.S., O'Brien W. H., Barratt C. L., Jex S. M., & Matthews R.A. (2017, November). *Variation in client process of acceptance and commitment therapy for nurses and nurse aides*. Poster presented at the Association of Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.

Wasson R. S., Singh R.S., & O'Brien W. H. (2017, November). *Reducing Anger and Hostility in Police Personnel: A Meta-Analysis*. Poster presented at the Association of Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.

O'Brien, W. H., Horan, K. A., Moeller, M. M., Singh, R. S., Barratt, C. L., Jex, S. M., & Matthews, R. A. (2017, June). *Preventing Injury of Nurses and Nurse Aides in Long-term Care Settings: A Treatment-Outcome Study*. Poster presented at 12th International Conference on Occupational Stress and Health, Minneapolis, MN.

Singh, R. S., Horan, K. A., Moeller, M. T., O'Brien, W. H., Barratt, C. L., Jex, S. M., & Matthews, R. A. (2017, June). *The Role of Mindfulness on Work Stressors and Depletion*. Poster presented at 12th International Conference on Occupational Stress and Health, Minneapolis, MN.

Singh, R. S., Moeller, M. T., Horan, K. A., Wasson, R., Barratt, C. L., Jex, S. M., Matthews, R. A., & O'Brien, W. H. (2017, November). *Variation in Client Process of Acceptance and Commitment Therapy for Nurses and Nurse Aides*. Poster to be presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

2015

Goodman, L., Roberts, L, Hartl-Majcher, & O'Brien, W.H. (2015, June). *International differences in perceived support from online and face to face communities*. Poster resented at the Society for Community Research and Action Biennial Conference, Lowell, MA. *

Singh, S., Walter, J. B., Eggleston, E. S., & O'Brien, W. H. (2015, November) *Functional Analytic Psychotherapy for Nursing Home Residents: A Single Subject Investigation of Session-by-Session Changes*. Poster presented at The Association for Behavioral and Cognitive Therapies 49th Convention, Special Interest Group Exhibition, Chicago, IL. *

2014

Carhart, V. L., Baik, K.D., Ritchie, R., Zaturenskaya, M., & O'Brien, W. H. (2014, April). *The Association of acceptance and avoidance with medical rehabilitation outcomes*. Poster presentation at the 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA. *

2013

Baik, K.D., & O'Brien, W. H. (2013, November). *Evaluating the Acceptance and Commitment Therapy for insomnia: A Single Subject Investigation of Effectiveness*. Poster presentation at the 47th Annual Convention of Association for Behavioral and Cognitive Therapies, Nashville, TN. *

Carhart, V. L., Baik, K.D., Ritchie, R., Zaturenskaya, M., & O'Brien, W. H. (2014, April). *The Association of acceptance and avoidance with medical rehabilitation outcomes*. Poster presentation at the 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA. *

2012 and earlier

Authored or co-authored over 100 poster and/or paper presentations at national or international conferences from 1987 - 2012.

SERVICE

Department

- 2023 – 2024 Member, Departmental faculty recruitment committee
- 2023 – 2024 Member, Departmental Salary, Promotion, and Tenure Committee
- 2022 - 2023 Chair, BGSU Psychology Salary, Promotion, and Tenure Committee
- 2006 - Member, Psychological Services Center Advisory Committee

2021 - 2022 Member, Faculty Recruitment Committee
2017 – 2018 Member, Faculty Recruitment Committee
2015 – 2016 Member, Faculty Recruitment Committee
2014 - 2015 Chair, Graduate Curriculum Committee
2014 – 2015 Chair, Faculty Recruitment Committee
2012 – 2013 Member, Departmental Salary, Promotion, and Tenure Committee
2009 - 2010 Search Committee, Cognitive Neuroscience area in Psychology Department
2009 - 2010 Member, Departmental Salary, Promotion, and Tenure Committee
2008 - 2009 Chair, Departmental Salary Promotion and Tenure Committee in Psychology
2006 - 2007 Member, Clinical Psychology Faculty Recruitment Committee
2006 - 2007 Member, Clinical Psychology Admissions Committee
2005 - 2006 Advisor, Psi Chi and Psychology Club
2005 - 2006 Member, Clinical Psychology Admission Committee
2004 - 2005 Member, Departmental Salary, Promotion, and Tenure Committee
2003 - 2004 Chair, Departmental Salary Promotion and Tenure Committee in Psychology
2003 - 2004 Chair, Clinical Psychology Admissions Committee
2001 - 2002 Member, Departmental Salary, Promotion, and Tenure Committee
2001 - 2002 Member, Clinical Psychology Faculty Recruitment Committee
1999 - 2001 Member, University Honors Advisory Committee
1998 - 1999 Chair, Departmental Salary Promotion and Tenure Committee in Psychology
1997 - 1998 Member, Departmental Salary, Promotion, and Tenure Committee
1997 - 1998 Chair, Clinical Psychology Admissions Committee
1995 1996 Member, Committee on Psychology Chair Succession
1995 1996 Member, Clinical Program Preliminary Exam Committee
1995 1996 Member, Clinical Program Curriculum Modification Committee
1994 - 1997 Member, Departmental Salary, Promotion, and Tenure Committee
1994 1995 Chair, Clinical Psychology Admissions Committee
1993 - 1995 Member, Departmental Salary, Promotion, and Tenure Committee
1993 - 1994 Member, Clinical Psychology Faculty Recruitment Committee
1992 - 1994 Member, Clinical Psychology Admissions Committee
1992 - 1993 Member, Committee for Clinical Psychology Team/Practicum Restructuring

University

2016 – 2019 Graduate Curriculum committee
2014 – 2019 Graduate Council, BGSU
2017 - 2018 Graduate Dean Selection Committee
2014 – 2016 Graduate Student Issues Committee, BGSU
2014 – 2015 Student Grievance Committee, BGSU
2012 – 2013 Faculty Senate, BGSU
2010 – 2011 Member, Distinguished Thesis Award Review Committee
2008 – 2009 Member, University Faculty Personnel and Conciliation Committee
1999 – 2000 Member, University Faculty Personnel and Conciliation Committee
2008 – 2009 Chair of Tenure Grievance Case, Faculty Personnel and Conciliation Committee

- 1999 - 2000 Chair, BGSU Faculty Research Committee
- 1997 - 1998 Chair, BGSU Health Services Advisory Committee
- 2005 – 2006 Member, Scholarship of Engagement Committee
- 1997 - 1998 Member, University Faculty Research Committee
- 1992 – 1996 Member, of BGSU Human Subjects Review Board
- 1994 – 1996 Chair, Departmental Human Subjects Review Board
- 1992 - 1993 Member, BGSU Health Services Advisory Board
- 1991 Member, Bowling Green Alumni Association Undergraduate Research Awards Committee

Professional

- 2010 – present APA Site Visit Chair (approximately 12), APA Site Visit Member (approximately 8). American Psychological Association Commission on Accreditation.
- 2018 -2019 Grant reviewer, NIH
- 2014 - 2015 Chair, BGSU, University of Toledo, University of Michigan Annual Research Symposium in Psychiatry, Psychology, and Behavioral Science.
- 2011 - 2012
- 2008 - 2009
- 2005 - 2006
- 2006 – 2017 Member, BGSU, University of Toledo, University of Michigan Annual Research Symposium in Psychiatry, Psychology, and Behavioral Science
- 2005 - 2006 Member, Psychology Public Relations Committee
- 1993 - 1996 Director, Behavioral Medicine Dept. at St. Francis Health Care Centre
- 1995 - 1996 Chair, Recruitment Committee for St. Francis Position in Behavioral Medicine
- 1999 - 2003 Chair, APA Division 38 (Health Psychology), Education and Training Committee
- 1996 - 2003 Member, APA Division 38 (Health Psychology), Education and Training Committee
- 1993 - 2008 Member, Behavior Therapy Committee, Ohio Department of Mental Health; Primary responsibility is to evaluate the adequacy of inpatient treatment programs that use behavior therapy techniques and to provide consultation services. Secondary responsibility is to educate the public about behavioral assessment and therapy.

Editorial Experience

- 2024 Ad Hoc Editorial Consultant, *Psychological Assessment, Mindfulness, Journal of Contextual Behavioral Science*
- 2023 Ad Hoc Editorial Consultant, *Journal of Contextual Behavioral Science, Mindfulness, Asian Journal of Psychiatry*
- 2022 Ad Hoc Editorial Consultant, *Psychological Assessment*
- 2018 - 2019 Ad Hoc Editorial Consultant, *Journal of Contextual Behavior therapy*
- 2018 Ad Hoc Editorial Consultant, *Behavior Research and Therapy*
- 2018 Ad Hoc Editorial Consultant, *Stress and Health*
- 2017 - 2018 Ad Hoc Editorial Consultant, *Journal of Occupational Health Psychology*
- 2014 – 2015 Ad Hoc Editorial Consultant, *Behavioral Medicine*

2014 – 2015	Ad Hoc Editorial Consultant, <i>Clinical Psychology Review</i>
2014 – 2015	Ad Hoc Editorial Consultant, <i>Journal of Consulting and Clinical Psychology</i>
2013 – 2014	Ad Hoc Editorial Consultant, <i>Behavior Modification</i>
2012 – 2013	Ad Hoc Editorial Consultant, <i>Journal of Consulting and Clinical Psychology</i>
2012 – Present	Ad Hoc Editorial Consultant, <i>Cephalalgia</i>
2009 – 2010	Ad Hoc Editorial Consultant, <i>Journal of Occupational and Organizational Psychology</i> .
2009 – 2010	Ad Hoc Editorial Consultant, <i>Stress and Health</i>
2007 – 2008	Ad Hoc Editorial Consultant, <i>Journal of Clinical Psychology</i>
1994 – 2007	Editorial Board, <i>Small Group Research</i>
2001, 2005, 2006	Ad Hoc Editorial Consultant, <i>Journal of Consulting and Clinical Psychology</i>
2001	Ad Hoc Editorial Consultant, <i>Annals of Behavioral Medicine</i>
1993 - 2002	Editorial Board, <i>Psychological Assessment</i> .
1989 - 1992	Ad Hoc Editorial Consultant, <i>Psychological Assessment: A Journal of Consulting and Clinical Psychology</i> .
1992	Ad Hoc Editorial Consultant, <i>Psychology and Health: An International Journal</i> .

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

Association for the Behavioral and Cognitive Therapy
Association for Contextual Behavioral Science

CLINICAL AND RESEARCH INTERESTS

- Integrating East-West perspectives in mindfulness, Acceptance and Commitment Therapy, “3rd wave” behavior therapies, and psychophysiology.
- The functional analysis of behavior and clinical decision making
- “Third wave” approaches in cognitive-behavioral therapy
- Assessment and treatment of biobehavioral disorders