

Abby L. Braden, Ph.D.

Associate Professor
Licensed Clinical Psychologist Ohio 7394
Department of Psychology
Bowling Green State University
Bowling Green, Ohio
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EDUCATION AND TRAINING

- 7/2012 – 7/2015** **Postdoctoral Fellow**
University of California, San Diego
Center for Healthy Eating and Activity Research (CHEAR)
Specialization: Emotion Dysregulation, Eating Disorders, and Obesity
Mentor: Kerri N. Boutelle, Ph.D.
- 6/2012** **Doctor of Philosophy, Clinical Psychology**
Case Western Reserve University, Department of Psychology (APA accredited)
Research Area: Emotional Disorders, Depression and Suicidality
Mentor: James Overholser, Ph.D.
- 7/2011 - 6/2012** **Predoctoral Internship, Clinical Psychology**
University of California, San Diego/VA Psychology Internship Program,
Department of Psychiatry (APA accredited)
- 9/2008** **Master of Science, Clinical Psychology**
Case Western Reserve University, Department of Psychology (APA accredited)
- 8/2006** **Bachelor of Arts, Psychology, *Summa Cum Laude***
Miami University

ACADEMIC POSITION

- 2022 – present** Associate Professor
Department of Psychology
Bowling Green State University
- 2015 – 2022** Assistant Professor
Department of Psychology
Bowling Green State University

CONSULTING PSYCHOLOGIST

- 3/2020 – present** Clinical Psychologist
Center for Weight Loss Surgery
Wood County Hospital

PRIMARY INTERESTS

Developing and testing novel behavioral treatments for adults with obesity; using emotion regulation skills in obesity interventions; improving the assessment and identifying the mechanisms of emotional eating.

GRANT INVOLVEMENT

- 2024** Funding Source: National Institute of Diabetes and Digestive and Kidney Diseases
R01 Research Project Grant
Title: Treating Obesity and Emotional Eating with Emotion Regulation Training
Role: Principal Investigator
Application submitted June 2024
- 2017** Funding Source: National Institute of Diabetes and Digestive and Kidney Diseases
R15 Academic Research Enhancement Award
Title: Behavioral Weight Loss and Dialectical Behavioral Therapy Skills for Emotional Eaters
Role: Principal Investigator
Unfunded application submitted October 2017
- 2017** Funding Source: National Institute for Occupational Safety and Health
R21 Exploratory/Developmental Grant Program
Title: Reducing Injuries and Assault Among Nurses Aides Working in Residential Settings with a Specialized and Novel Acceptance and Commitment Therapy Intervention
Role: Co-Investigator
Unfunded application submitted November 2017
- 2017** Funding Source: National Institute of Health
R15 Academic Research Enhancement Award
Title: Cardiovascular Risk Reduction in Young Adults: A Residential Learning Community Approach For Future Health Professionals
Role: Co-Investigator
Unfunded application submitted June 2017
- 2016** Funding Source: Bowling Green State University
"A Novel Behavioral Treatment for Overweight/Obese Emotional Eaters," Building Strength Grant. Principal Investigator. Internal grant to support development and submission of proposals for external funding. Total costs: \$10,000 over one year.
- 2014** Funding Source: National Institute of Diabetes and Digestive and Kidney Diseases
K23 Mentored Patient-Oriented Research Career Development Award
Title: Behavioral Weight Loss and Dialectical Behavioral Therapy Skills for Emotional Eaters
Role: Principal Investigator
Unfunded application submitted June 2014
- 2013** Funding Source: University of California, San Diego, Clinical and Translational Research Institute
KL2 Training for Junior Faculty Award

Title: Behavioral Weight Loss and Dialectical Behavioral Therapy Skills for Emotional Eaters

Role: Principal Investigator

Unfunded application submitted November 2013

2013 – 2015

1I01RX000381-01A3

Title: Acceptance-Based Group Intervention for Binge Eating (PI: Niloo Afari, Ph.D.)

Role: Study Interventionist

2012 – 2015

1R01DK075861

Funding Source: National Institute of Diabetes and Digestive and Kidney Diseases

Title: Parents as the Agent of Change for Childhood Obesity (PI: Kerri Boutelle, Ph.D.)

Role: Postdoctoral Fellow

2012 – 2015

1R01DK094475

Funding Source: National Institute of Diabetes and Digestive and Kidney Diseases

Title: Learning Theory to Improve Obesity Treatments (PI: Kerri Boutelle, Ph.D.)

Role: Postdoctoral Fellow

OTHER RESEARCH EXPERIENCE

Bowling Green State University, Bowling Green, Ohio

2015-current

Balanced Eating and Emotions Laboratory, Bowling Green State University. Lead Investigator. Directing a team of 10-15 undergraduate and graduate students conducting behavioral research on obesity and disordered eating.

2012 – 2015

Center for Healthy Eating and Activity Research (CHEAR), University of California, San Diego. Postdoctoral Fellow. Contributed to a variety of research and clinical activities focused on developing and testing novel treatments for obesity and eating disorders in a federally funded research laboratory.

Principal Investigator: Kerri N. Boutelle, Ph.D.

2013 – 2015

Veterans Affairs, San Diego Healthcare System. Postdoctoral Fellow. Served as a study interventionist on a randomized clinical trial that examined an acceptance-based intervention for Binge Eating.

Principal Investigator: Niloo Afari, Ph.D.

2011 - 2012

Veterans Affairs, San Diego Healthcare System. Predoctoral Intern. Served as a co-investigator on projects that examined mental health outcomes following bariatric surgery and suicidality in obese veterans.

Principal Investigator: Thomas Rutledge, Ph.D.

2006 - 2011

Case Western Reserve University. Graduate Student Research Assistant. Contributed to various projects examining depression and suicidality.

Principal Investigator: James Overholser, Ph.D.

2004 – 2006

Miami University, Oxford, Ohio. Undergraduate Research Assistant. Member of a psychology research laboratory that focused on developmental psychopathology. Completed an Honors Thesis on adult children of alcoholics.

Principal Investigator: Margaret O'Dougherty-Wright, Ph.D.

PROFESSIONAL PUBLICATIONS AND PRESENTIONS

Peer-reviewed articles (45)

**denotes graduate student co-author*

- *Barnhart, W., **Braden, A.**, & Buelow, M. (in press). Examining food-specific and general inhibitory control and working memory as moderators of relations between emotion regulation difficulties and eating pathology in adults with overweight/obesity: A preregistered, cross-sectional study. *Archives of Clinical Neuropsychology*.
- *Kalantzis, M. & **Braden, A.** (in press). A stress-process framework of perceived discrimination predicting eating disorder symptomatology in women of color. *Psychological Reports*.
- *Barnhart, W., *Kalantzis, M., *Gaggiano, C., & **Braden, A.** (2024). The relation between questionnaire-measured self-reported emotional eating and disordered eating behaviors: A meta-analysis of nearly three decades of research. *Appetite*, 107343.
- *Tilstra-Ferrell, E. **Braden, A.**, & *Russin, S. (2024). Military sexual trauma, combat trauma, and disordered eating among United States military veterans: A mixed methods exploration of underlying mechanisms. *Journal of Military Psychology*, 1-12.
- *Kalantzis, M., **Braden, A.**, & Haider, A. (2024). Disordered and emotional eating in Arab, Middle Eastern, and North African American women. *Eating Behaviors*, 53, 101868.
- *Dauber, A. & **Braden, A.** (2023). Facial EMG startle response and self-report reactions after exposure to severely underweight and severely obese body images in individuals with disordered eating: An examination of motivational responses. *International Journal of Psychophysiology*, 194, 112249.
- *Barnhart, W., *Kalantzis, M., & **Braden, A.** (2023). Mindfulness facets differentially relate to self-reported negative and positive emotional eating in treatment-seeking adults with overweight/obesity. *Eating and Weight Disorders*, 28(1), 54.
- Braden, A.**, *Barnhart, W., *Kalantzis, M., *Redondo, R., *Dauber, A., *Anderson, L., & *Tilstra-Ferrell, E. (2023). Eating when depressed, anxious, bored, or happy: An examination in treatment-seeking adults with overweight/obesity. *Appetite*, 184, 106510.
- *Dauber, A., *Redondo, R. *Meschino, K., & **Braden, A.** (2023). Dietary changes in an acceptance-based weight loss intervention. *Eating Behaviors*, 48, 101707.

- O'Brien, W. H., Wang, S., *Varga, A. V., *Lim, C. X., *Xu, H., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., & **Braden, A.** (2023). Psychological flexibility prospectively predicts COVID-19 PPE use across a two-month interval. *Psychology, Health, and Medicine*, 1-8.
- *Tilstra-Ferrell, E., *Redondo, R., *Russin, S., & **Braden, A.** (2022). Emotion regulation difficulties, child sexual, physical, and emotional abuse, and emotional eating. *Journal of Family Trauma, Child Custody, & Child Development*, 1-21.
- Braden, A.**, *Redondo, R., *Ferrell, E., *Anderson, L., *Weinandy, J.G., *Watford, T., & *Barnhart, W.R. (2022). An open trial examining dialectical behavior therapy skills and behavioral weight loss for adults with emotional eating and overweight/obesity. *Behavior Therapy*.
- *Ferrell, E., **Braden, A.**, & *Redondo, R. (2021). Impact of military culture and experiences on eating and weight related behavior. *Journal of Community Psychology*.
- *Barnhart, W., **Braden, A.**, & *Dial, L. (2021). Understanding the relationship between negative emotional eating and binge eating: The moderating role effects of acting with awareness and non-reactive mindfulness. *Journal of Clinical Psychology*, 1-19.
- *Barnhart, W., **Braden, A.**, & *Dial, L. (2021). Emotion regulation difficulties strengthen relationships between perceived parental feeding practices and emotional eating: Findings from a cross-sectional study. *International Journal of Behavioral Medicine*, 1-17.
- *Barnhart, W., **Braden, A.**, & *Price, E. (2021). Emotion regulation difficulties interact with negative, not positive, emotional eating to strengthen relationships with disordered eating: An exploratory study. *Appetite*, 158, 105038.
- Braden, A.** & O'Brien, W. (2020). Pilot study of a novel treatment using dialectical behavioral therapy skills for adults with overweight/obesity and emotional eating. *Journal of Contemporary Psychotherapy*, 51(1), 21-29.
- Braden, A.**, *Anderson, L., *Redondo, R., *Watford, T., *Emley, E., & *Ferrell, E. (2020). Emotion regulation mediates relationships between perceived childhood invalidation, emotional reactivity, and emotional eating. *Journal of Health Psychology*, 1359105320942860.
- *Barnhart, W., **Braden, A.**, & *Jordan, A. (2020). Negative and positive emotional eating uniquely interact with ease of activation, intensity, and duration of emotional reactivity to predict increased binge eating. *Appetite*, 151, 104688.
- *Watford, T., **Braden, A.**, & O'Brien, W. (2020). Resting state heart rate variability in clinical and subthreshold disordered eating: A meta-analysis. *International Journal of Eating Disorders*, 53(7), 1021-1033.
- Braden, A.**, *Ferrell, E., *Redondo, R., & *Watford, T. (2020). Dialectical behavioral therapy skills and behavioral weight loss for emotional eating and obesity: A case study. *Journal of Contemporary Psychotherapy*, 1-10.
- *Ferrell, E., *Watford, T., & **Braden, A.** (2020). Working memory deficits and emotion regulation interact to predict emotional eating. *Appetite*, 144, 104450.

- Braden, A.,** *Emley, E., *Watford, T., *Anderson, L., & Musher-Eizenman, D. (2019). Self-reported emotional eating is not related to greater food intake: Results from two laboratory studies. *Psychology & Health, 1-18.*
- Grubbs, J., Wright, P.J., **Braden, A.,** Wilt, J.A., & Kraus, S.W. (2019). Internet pornography use and sexual motivation: A systematic review and integration. *Annals of the International Communication Association, 43(2), 117-155.*
- *Watford, T., **Braden, A.,** & *Emley, E. (2018). Mediation of the association between mindfulness and emotional eating among overweight adults. *Mindfulness, 10(6), 1153-1162.*
- Braden, A.,** Musher-Eizenman, D., *Watford, T., & *Emley, E. (2018). Eating when depressed, anxious, bored, or happy: Are emotional eating types associated with unique psychological and physical health correlates? *Appetite, 125, 410-417.*
- Boutelle, K., **Braden, A.,** Knatz-Peck, S., Anderson, L., & Rhee, K. (2018). An open trial targeting emotional eating among adolescents with overweight or obesity. *Eating Disorders: The Journal of Treatment and Prevention, 26(1), 79-91.*
- Braden, A.,** Overholser, J., Fisher, L., & Ridley, J. (2017). Life meaning is predictive of improved hopelessness and depression recovery in depressed veterans. *Journal of Social and Clinical Psychology, 36(8), 629-650.*
- Boutelle, K., Rhee, K., Liang, J., **Braden, A.,** Douglas, J., Strong, D., Rock, C., Wilfley, D., Epstein, L., & Crow, S. (2017). Effect of attendance of the child on body weight, energy intake, and physical activity in childhood obesity treatment: A randomized controlled trial. *JAMA Pediatrics, 121(7), 622-628.*
- Braden, A.,** Flatt, S.W., Boutelle, K.N., Strong, D., Sherwood, N.E., & Rock, C.L. (2016). Emotional eating is associated with weight loss success among adults enrolled in a weight loss program. *Journal of Behavioral Medicine, 39(4), 727-732.*
- Peak, N. J., Overholser, J. C., Ridley, J., **Braden, A.,** Fisher, L., Bixler, J., & Chandler, M. (2016). Too much to bear: Psychometric evidence supporting the Perceived Burdensomeness Scale. *Crisis: The Journal of Crisis Intervention and Suicide Prevention, 37(1), 59.*
- Boutelle, K.N., **Braden, A.,** Douglas, J.M., Rhee, K.E., Strong, D., Rock, C.L., Wilfley, D.E., Epstein, L., & Crow, S. (2015). Design of the FRESH study: A randomized controlled trial of a parent-only and parent-child family-based treatment for childhood obesity. *Contemporary Clinical Trials, 45, 364-370.*
- Knatz, S., **Braden, A.,** & Boutelle, N. (2015). Parent coaching model for adolescents with emotional eating. *Eating Disorders: The Journal of Treatment and Prevention, 23(4), 377-386.*
- Overholser, J. C., Fisher, L., **Braden, A.,** & Peak, N. (2015). Despair beyond repair?: Severity of hopelessness in depressed psychiatric inpatients. *Journal of Depression and Therapy, 1 (1), 1-10.*
- Braden, A.,** Madowitz, J., Bergmann, K., Matheson, B., Strong, D., & Boutelle, K. (2015).

- Parent binge eating and depression as predictors of attrition in family-based treatment for childhood obesity. *Childhood Obesity*, 11(2), 165-169.
- Fisher, L.B., Overholser, J.C., Ridley, J., **Braden, A.**, & Rosoff, C. (2015). From the outside looking in: Sense of belonging, depression, and suicide risk. *Psychiatry: Interpersonal and Biological Processes*, 78:1, 29-41
- Braden, A.**, Overholser, J., Fisher, L., & Ridley, J. (2015). Life meaning is associated with suicidal ideation in depressed veterans. *Death Studies*, 39(1), 1-6.
- Braden, A.**, Crow, S., & Boutelle, K. (2015). Child self-reported motivations for weight loss: Impact of personal vs. social/familial motives on family-based behavioral weight loss treatment outcomes. *Eating and Weight Disorders – Studies on Anorexia, Bulimia, and Obesity*, 20(2), 205-213.
- Braden, A.**, Strong, D., Crow, S., & Boutelle, K. (2015). Parent changes in diet, physical activity, and behavior in family-based treatment for childhood obesity. *Clinical Pediatrics*, 54(5), 494-497. 0009922814538702.
- Braden, A.**, Rhee, K., Peterson, C.B., Rydell, S.A., Zucker, N., & Boutelle, K. (2014). Associations between child emotional eating and parenting factors. *Appetite*, 80, 35-40.
- Rutledge, T., **Braden, A.**, Woods, G., Herbst, K., Groesz, L.M. & Savu, M. (2012). Five-year changes in psychiatric treatment status and weight-related comorbidities following bariatric surgery in a veteran population. *Obesity Surgery*, 22(11), 1734-1741.
- Overholser, J., **Braden, A.**, & Dieter, L. (2012). Understanding suicide risk: Identification of high risk groups during high risk times. *Journal of Clinical Psychology*, 68(3), 349-361.
- Braden, A.**, Overholser, J., & Silverman, E. (2011). Depression and reasons for living among AIDS patients: Protecting the quality of life when the end is in sight. *International Journal of Psychiatry in Medicine*, 41(2), 173-185.
- Overholser, J., **Braden, A.**, & Fisher, L. (2010). You've got to believe: Core beliefs that underlie effective psychotherapy. *Journal of Contemporary Psychotherapy*, 40(3), 185-194.
- Marquart (Braden), A.**, Overholser, J., & Peak, N. (2009). Mood regulation beliefs in depressed psychiatric inpatients: Examining affect, behavior, cognitive, and social strategies. *International Journal of Psychiatry and Clinical Practice*, 13(4), 1-8.
- Book chapters and reviews (5)**
- Braden, A.** & Rhee, K. (2014). What are the major social factors that contribute to childhood obesity, and how can clinicians and caregivers alter their impact? In J. Huang (eds.), *Curbside Consultation in Pediatric Obesity* (pp. 21-24). Thorofare, NJ: SLACK Incorporated.
- Rhee, K. & **Braden, A.** (2014). What is motivational interviewing and how can I use it to help motivate my patients to lose weight? In J. Huang (eds.), *Curbside Consultation in Pediatric Obesity* (pp. 151-154). Thorofare, NJ: SLACK Incorporated.
- Overholser, J.C. & **Braden, A.** (2011). Recovery from a suicidal crisis: Where there's hope, there's life. In K. McKay & J. Schlimme (eds.), *Making sense of suicide* (pp.95-104).

Interdisciplinary Press: Oxford, UK. ISBN: 978-1-84888-068-9.

Braden, A. (2010). Book Review: When Death Enters the Therapeutic Space: Existential Perspectives in Psychotherapy and Counselling. *Journal of Contemporary Psychotherapy*, 40(2), 103-104.

Marquart (Braden), A. (2009). Book Review: Doing Psychiatry Wrong: A Critical and Prescriptive Look at a Faltering Profession. *Journal of Contemporary Psychotherapy*, 39(2), 145-146.

Under editorial review

*Meschino, K. & **Braden, A.** (revise and resubmit). The role of body weight in college students' perceptions of anorexia nervosa and atypical anorexia nervosa. *Journal of American College Health*.

*Tilstra-Ferrell, E. *Russin, S., & **Braden, A.** (under review). "I turned to eating": A qualitative analysis of mechanisms driving disordered eating among survivors of military sexual trauma and combat trauma. *Journal of Military Psychology*.

*Anderson, L. & **Braden, A.** (revise and resubmit). Using facebook to deliver adapted behavioral weight loss programs to college students: A pilot randomized controlled trial. *Journal of Behavioral Medicine*.

* Kalantzis, M., Wang, P., *Meschino, K., Raffoul, A., Nahid, R., **Braden., A.** (under review). Examining sociocultural risk factors of global disordered eating in arab, middle eastern, and north african american women: A historically excluded group from eating disorder research. *Journal of Eating Disorders*.

Braden, A., *Kalantzis, M., *Dauber, A., *Meschino, K., *Barnhart, W., *Jordan, A., & *Studer-Perez, E. (under review). Measurement of emotional eating with the emotional eating scale, a laboratory paradigm, and ecological momentary assessment. *Behaviour Research and Therapy*.

Peer-reviewed presentations (47)

*Barnhart, W.R., Kalantzis, M., & **Braden, A.** (2024, March). Relations between emotional eating and disordered eating: Meta-analysis of three decades of research. Poster presented at International Conference on Eating Disorders, New York, NY, USA.

***Braden, A.**, Barnhart, W., Dauber, A., Meschino, K., Kalantzis, M., Jordan, A., & Studer-Perez, E. (2024, March). Assessing emotional eating: Integration of self report, experimental, and ecological momentary assessment findings. Poster presented at Society of Behavioral Medicine Annual Meeting, Philadelphia, PA.

*Meschino, K. & **Braden, A.** (2024, March). The role of body weight in college students' perceptions of anorexia nervosa and atypical anorexia nervosa. Poster presented at Society of Behavioral Medicine Annual Meeting, Philadelphia, PA.

*Kalantzis, M., **Braden, A.**, Haidar, A. (2023, June). A development of norms of

disordered Eating, emotional Eating, and body image assessments in arab, middle eastern, and north african american women. Selected as a Top Abstract Winner. Oral presentation at the Academy of Eating Disorders Annual Meeting, Washington, D.C.

*Dauber, A. & **Braden, A.** (2023, April). Facial EMG startle and self-report of arousal and valence in response to severe underweight and severe obese body images. Recorded research spotlight at the Society of Behavioral Medicine Annual Meeting, Phoenix, AZ.

*Kalantzis, M. & **Braden, A.** (2022, June). A stress-process framework of perceived discrimination as a predictor for eating disorder symptomatology in an ethnically diverse sample. In-person paper presentation at the Association for Contextual Behavioral Science World Conference, San Francisco, CA.

Braden, A., *Dauber, A., *Redondo, R., & *Meschino, K. (2022, April). Dietary changes in an emotion regulation based weight loss intervention. Research spotlight presented at Society of Behavioral Medicine Annual Meeting, Baltimore, MD.

*Barnhart, W. R., *Kalantzis, M. A., & **Braden, A. L.** (2022, April). Mindfulness facets and eating pathology in adults with overweight/obesity. Oral paper at the 94th Annual Midwestern Psychological Association Meeting, Chicago, IL, USA.

*Kalantzis, M., *Barnhart, W., & **Braden, A.** (2022, April). An examination of self-compassion facets and eating behaviors in a treatment-seeking sample of adults with overweight/obesity. Poster presented at Society of Behavioral Medicine Annual Meeting, Baltimore, MD.

*Barnhart, W & **Braden, A.** (2022, April). Emotion-cognitive relationships underlying eating pathology in adults with overweight/obesity. Poster presented at Society of Behavioral Medicine Annual Meeting, Baltimore, MD.

*Barnhart, W., **Braden, A.**, & *Price, E. (2021, April). Emotional Eating and Emotion Dysregulation Relate to Disordered Eating. Poster presented at the Midwestern Psychological Association, online.

*Ferrell, E., *Russin, S., *Redondo, R. & **Braden, A.**, (2021, March). Emotion regulation difficulties mediate the relationship between child sexual abuse, child physical abuse, and emotional eating. Selected as a Meritorious Abstract. Poster presented at Society of Behavioral Medicine Annual Meeting, online.

*Barnhart, W., **Braden, A.**, & *Dial, L. (2021, March). Understanding the relationship between negative emotional eating and binge eating: The moderating role effects of acting with awareness and non-reactive mindfulness. Poster presented at Society of Behavioral Medicine Annual Meeting, online.

Braden, A., *Anderson, L., *Ferrell, E., *Redondo, R., *Barnhart, W., *Kalantzis, M., & *Dauber, A. (2021, March). Eating when depressed, anxious, bored, or happy: An examination of treatment-seeking adults with overweight/obesity. Poster presented at Society of Behavioral Medicine Annual Meeting, online.

Braden, A., *Ferrell, E., *Redondo, R., *Anderson, L., *Grant, J., *Watford, T., *Barnhart, W. (2020, November). Adapted Dialectical Behavioral Therapy for Overweight/Obese Emotional Eaters. Poster presented at the Obesity Society, online.

- *Barnhart, W., **Braden, A.**, & Dial, L. (2020, November). Internal Facets of Mindfulness Correlate with Emotional Eating and Binge Eating in Overweight Adults. Poster presented at the Obesity Society, online.
- *Watford, T. & **Braden, A.** (2020, November). Altered cognitive and physiological components of psychological flexibility in overweight. Poster presented at the Obesity Society, online.
- *Varga, V., *Emley, E., *Anderson, L., & **Braden, A.** (2020, July). The role of psychological flexibility variables in shape and weight concerns. Poster presented at The Association for Contextual Behavioral Science World Conference, online.
- *Ferrell, E. & **Braden, A.** (2020, March). Associations between trauma exposure and body mass index among United States military personnel. Poster presented at the Ohio Psychological Association annual conference.
- *Barnhart, Wesley & **Braden, A.** (2020, April). Positive Emotions and Emotional Reactivity Interact to Predict Binge Eating. [Paper presentation]. Midwestern Psychological Association, Chicago, IL, United States. <http://midwesternpsych.org/2019-meeting/>. (Conference cancelled).
- Braden, A.**, *Anderson, L., *Redondo, R., *Watford, T., *Emley, E., & *Ferrell, E. (2020, April). Examination of the Biosocial Model as a Theory of Emotional Eating. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA, United States. <https://www.sbm.org/meetings/2020>. (Conference cancelled).
- *Ferrell, E. & **Braden, A.** (2019, June). Post-traumatic Stress Disorder Symptoms Moderate the Association Between Food Insecurity and Disordered Eating Behavior. Poster presented at the SCRA Biennial Conference on Community Research and Action, Chicago, IL.
- *Ferrell, E. & **Braden, A.** (2019, April). Moderators of the Association Between Dietary Restraint and Compulsive Exercise. Poster presented at the Midwestern Psychological Association, Chicago, IL.
- *Watford, T., **Braden, A.**, O'Brien, W. (2019, March). Meta-Analysis of Resting High-Frequency Heart Rate Variability and Disordered Eating. Poster presented at the Society of Behavioral Medicine Annual Meeting, Washington D.C.
- *Watford, T., **Braden, A.**, & *Ferrell, E. (2018, July). Emotion Regulation Deficits and Impaired Working Memory as Correlates of Emotional Eating. Poster presented at the Association for Contextual Behavioral Science Conference, Montreal, Quebec.
- Braden, A.**, *Watford, T., *Emley, E., *Anderson, L. (2018, April). Validity of the Bogus Taste Test as a Laboratory Measure of Food Intake. Poster presented at the Academy of Eating Disorders Annual Meeting, Chicago, IL.
- Braden, A.**, *Watford, T., & *Anderson, L. (2017, November). Adapted Dialectical Behavioral Therapy for Overweight Emotional Eaters. Poster presented at the Association for Cognitive and Behavioral Therapies, San Diego, CA.
- Braden, A.**, O'Brien, W., Taylor, M., Horan, K., Watford, T., Emley, E., & Anderson, L. (2017, October). A Randomized Controlled Trial Comparing a Novel Intervention for

Overweight/Obese Emotional Eaters to Standard Weight Loss Treatment. Poster presented at the Dialectical Behavioral Therapy Annual Strategic Planning Meeting, Seattle, WA.

Braden, A. (2017, October). Pilot Study of Combined Dialectical Behavioral Therapy Skills and Behavioral Weight Loss Techniques for Overweight Emotional Eaters. Poster presented at the Dialectical Behavioral Therapy Annual Strategic Planning Meeting, Seattle, WA.

Braden, A., *Watford, T., & *Emley, E. (2017, March). Positive emotions and eating in overweight adults. Poster presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA.

Braden, A., Musher-Eizenman, D., *Watford, T., & *Emley, E. (2016, November). Emotional eating, boredom Eating, happy Eating: are we talking about the same thing? Poster presented at the Obesity Society, New Orleans, LA.

*Watford, T., **Braden, A.,** & *Emley, E. (2016, November). Emotion Regulation Mediates the Association between Mindfulness and Emotional Eating in Overweight/Obese Adults. Poster presented at the Obesity Society, New Orleans, LA.

Boutelle, K., **Braden, A.,** Knatz-Peck, S., Cotton, M., & Anderson, L. (2016, October). Treating emotional eating in overweight teens: The PEER program. Symposium presented at the Association for Behavioral and Cognitive Therapies, New York, NY.

Braden, A., Camacho, C., Matheson, B., Risbrough, V., & Boutelle, K. (2015, July). *Differences in physiological food cue reactivity between emotional eaters and non-emotional eaters.* Poster presented at the Society for the Study of Ingestive Behavior Annual Meeting, Denver, CO.

Matheson, B.E., Camacho, C., **Braden, A.,** Risbrough, V., Boutelle, K.N. (2015, July). Talk. *Self-reported responsivity and psychophysiological responding during a food exposure task.* Society for the Study of Ingestive Behavior Annual Meeting, Denver, CO.

Bergmann, K., **Braden, A.,** & Boutelle, K. (2014, March). *The association between parent and child binge eating symptoms and attrition in family-based behavioral treatment for childhood obesity.* Poster presented at the International Conference on Eating Disorders, New York, NY.

Braden, A., Crow, S., & Boutelle, K. (2013, November). *Child motivations for weight loss: Influence of the family.* Poster presented at The Obesity Society, Atlanta, GA.

Braden, A., Strong, D., & Boutelle, K. (2013, November). *Parent behavior change in childhood obesity treatment.* Poster presented at The Obesity Society, Atlanta, GA.

Braden, A., Overholser, J., Fisher, L., & Ridley, J. (2013, April). *From sad to worse: Life meaning influences hopelessness among chronically depressed adults.* Poster presented at the Anxiety Disorders and Depression Conference, San Diego, CA.

Braden, A., Overholser, J., Fisher, L., Ridley, J., & Rosoff, C. (2012, April). *Searching for meaning in depressed, psychiatric patients: Suicide risk as related to self-transcendence.* Poster presented at the International Society for Affective Disorders, London, U.K.

Overholser, J.C., **Braden, A.,** & Dieter, L. (2011, October). *Last call: Suicide risk in the*

presence of comorbid depression and alcohol dependence (Riesgo de suicidio en depresión comórbida y dependencia de alcohol). Presented at the 2nd International Conference on Dual Disorders. Barcelona, Spain.

Overholser, J.C. & **Braden A.** (2010, November). *Recovery from a suicidal crisis: Where there's hope there's life (Zotavení z krize sebevražedné: Kde je naděje, tam je život).* Symposium presented at the 1st Global Conference on Suicide. Prague, Czech Republic.

Overholser, J., **Marquart (Braden), A.**, & Dieter, L. (2009, September). *Comprehensive assessment of suicide risk.* Presented at the World Federation of Mental Health, Athens, Greece.

Marquart (Braden), A., Overholser, J., & Silverman, E. (2009, April). *Emotional well-being, quality of life, and reasons for living in AIDS patients.* Poster presented at the Society of Behavioral Medicine, Montreal, Canada.

Overholser, J., Peak, N., **Marquart (Braden), A.**, & Fisher, L. (2008, September). *Despair beyond repair?: Severity of hopelessness in depressed psychiatric inpatients.* Poster presented at the International Forum for Mood and Anxiety Disorders, Vienna, Austria.

O'Dougherty-Wright, M. & **Marquart (Braden), A.** (2008, July). *The importance of gender and child maltreatment in the current adaptation of adult children of alcoholics.* Symposium presented at the International Family Violence Research Conference, Portsmouth, New Hampshire.

Overholser, J., **Marquart (Braden), A.**, & Peak, N. (2007, December). *Regulating negative moods through affect, behavior, cognitive, and social strategies.* Poster presented at the International Forum for Mood and Anxiety Disorders, Budapest, Hungary.

Invited Presentations

Braden, A. (2023, March). Eating Disorders in College Students: Risk, Screening, and Treatment. [Invited talk]. Bowling Green State University Counseling Center, Bowling Green, Ohio.

Braden, A. (2021, April). Development of a Novel Treatment for Adults with Overweight/Obesity and Emotional Eating. [Invited talk]. Midwestern Psychological Association, Chicago, IL, United States.

Braden, A. (2020, October). Using Dialectical Behavioral Therapy Skills in the Treatment of Adult Emotional Eaters with Obesity. [Invited talk]. Webinar speaker for the Center for Obesity Prevention and Education at Villanova University's Fitzpatrick College of Nursing.

Braden, A. (2020, April). Adapted Dialectical Behavioral Therapy for Adults with Emotional Eating and Overweight/Obesity. [Invited talk]. Midwestern Psychological Association, Chicago, IL, United States. <http://midwesternpsych.org/2019-meeting/>. (Conference cancelled).

Braden, A., Overholser, J., Peak, N., & Fisher, L. (2009, December). *Burden, life meaning, and suicide prevention: An update on research from CWRU.* Presented at the Ohio Suicide Prevention Coalition Conference, Columbus, Ohio.

MEDIA APPEARANCES/INTERVIEWS

1. Braden, A. Interviewed by Sarah Richards. Weight Watchers. January/February 2017 issue. Magazine. https://www.weightwatchers.com/us/m/cms/article/5-ways-take-charge-emotional-eating?cid=SMS_INSPIRE_JUL26

EDITORIAL BOARDS

2015 – current	Journal of Contemporary Psychotherapy <i>Position: Board Member</i>
2020 – current	Journal of Clinical Psychology <i>Position: Board Member</i>

AD-HOC REVIEWER

Appetite
International Journal of Eating Disorders
Childhood Obesity
Suicide and Life-Threatening Behavior
Eating Behaviors
Journal of American College Health

HONORS AND AWARDS

2024	Selected to the 2024-25 Society of Behavioral Medicine Leadership Institute
2023	Undergraduate Psychology Association Teacher of the Year – Bowling Green State University
2014	National Institute of Health Loan Repayment Award Recipient
2013	Poster of Excellence Award from the Pediatric Obesity Section of The Obesity Society
2010	Department Research Award for Innovations in Clinical Psychology, Case Western Research University
2006	Grand Chapter of Ohio Order East Star Scholarship
2006	Miami Scholars Award
2006	Miami University General Scholarship
2006	Valedictorian Scholarship – Miami University

TEACHING EXPERIENCE:

Undergraduate courses taught:

Bowling Green State University: Introduction to Clinical Psychology (face-to-face and online); Health Psychology Seminar; Independent Study

Case Western Reserve University: Substance Use Disorders; Psychology of Personality; Anxiety and Depression: Symptoms, Etiology, and Treatment

Graduate courses taught:

Bowling Green State University: Foundations of Clinical Psychology Assessment; Clinical Assessment Team; Behavior Pathology; Health Psychology Seminar; Advanced Clinical Research and Practice Team

Case Western Reserve University: Graduate Level First Year Assessment Practicum

Student Advising:

Doctoral Dissertation Advisor (7): Tanya Watford (2020), LaNaya Anderson (2021), Emily Ferrell (2022), Aubrey Dauber (in progress), Rachel Redondo (in progress), Wesley Barnhart (in progress), Maria Kalantzis (in progress)

Master's Thesis Advisor (1): Katie Meschino (in progress), Christina Gaggiano (in progress)

PROFESSIONAL SERVICE

2024-current	Associate Director of Clinical Training
2022-2024	Member, Institutional Review Board.
2022-current	Grant reviewer, Center for Undergraduate Research.
2022-2022	Judge, Center for Undergraduate Research Symposium on Diversity.
2020-current	Member, CAC Advisory Committee, BGSU. Committee helps establish funding priorities for the clinical psychology department.
2020-2023	Graduate Faculty Representative, BGSU. Serve on preliminary project and dissertation committees to ensure that minimum standards are met and students are treated fairly.
2020-2020	Faculty Senate representative, BGSU. Attend monthly faculty senate meetings on behalf of the clinical psychology department.
2020-2022	Center for Undergraduate Research Symposium, BGSU. Served as a poster judge.
2019-2020	Member, Shanklin Research Excellence Award Committee, BGSU. Committee evaluates graduate student research eligible for the Charles E. Shanklin Research Excellence Award. Members read, evaluate, critique, and score several interdisciplinary research papers.
2019-2020	Member, Clinical Faculty Search Committee, BGSU. Participated in hiring committee.
2019-2019	Member, Undergraduate Psychological Association Professional Panel.
2018-2019	Member, Freeburne Committee, BGSU. Committee observes and evaluates graduate student instructors eligible for the Freeburne Award.
2017-2018	Member, Psychology Salary, Promotion, and Tenure Committee, BGSU. Committee elected by psychology faculty to review faculty merit and review and revise department promotion and tenure guidelines.
2016-2017	Presenter at the Academic Investment in Math and Science Summer Orientation Program (AIMS), BGSU.
2016, 2019	Presenter at the Psychology Department's Clinical Colloquium Series, BGSU.

