

KATHERINE L. MORRIS

I. Academic Degrees

Ph.D.	Florida State University	May 2024	Marriage and Family Therapy
M.S.	Lee University	May 2020	Marriage and Family Therapy
B.A.	Lee University	May 2017	Psychology

II. Academic Positions

A. Teaching Positions

8/24-present	Assistant Professor Human Development and Family Science Bowling Green State University, Bowling Green, Ohio
8/21-5/24	Graduate Instructor Department Human Development and Family Science Florida State University
8/20-5/24	Graduate Assistant Department Human Development and Family Science Florida State University

B. Clinical Positions

2022 – 2024	Registered MFT Intern, Better Living Solutions, LLC, Tallahassee, FL <ul style="list-style-type: none">• Treated individuals, couples, families presenting with concerns such as anxiety, depression, relationship distress, body image concerns, trauma.• Received biweekly site supervision.
2023 – 2024	Group Facilitator, Better Living Solutions Recovery Center, LLC, Tallahassee, FL <ul style="list-style-type: none">• Led groups on topics such as eating disorder recovery such as Self-Compassion, Acceptance and Commitment Therapy, Anxiety Management, Relaxation, Body Image, and Weekend Planning.• Participants included adolescents and adults with some receiving treatment for behavioral health concerns (not eating disorders).
2021 – 2024	Group Facilitator, Center for Couple and Family Therapy, Florida State University, Tallahassee, FL <ul style="list-style-type: none">• Led weekly support group for victims of interpersonal violence.• Trained co-facilitators• Incorporated creative elements, music, and art
2020 – 2022	Registered MFT Intern, Center for Couple and Family Therapy, Florida State University, Tallahassee, FL <ul style="list-style-type: none">• Treated individuals and couples presenting with range of therapeutic concerns including anxiety, depression, marital distress• Received weekly site supervision

- Participated in team-based treatment

2019 – 2020 Therapist Intern, Marriage and Family Therapy and Play Therapy Center, Lee University, Cleveland, TN

- Provided therapy for individuals, couples, and families
- Facilitated client progress through implementation of various theoretical frameworks.

III. Teaching Experiences or Academic Service

1. Undergraduate Courses

HDFS 2020: Contemporary Marriages and Families

HDFS 3110: Parenting Processes

FAD2230: Family Relationships

CHD5917: Parenting

CHD5917: Parenting (Online)

CHD3243: Contexts of Adolescent Development

2. Guest Lectures

Title (year, month) to FSU undergraduate students in Family Relationships course, Florida State University, Tallahassee, FL

CHD3243 – Contexts of Adolescent Development

FAD2230 – Family Relationships

FAD3432 – Stress and Resilience in Individuals and Families

3. Thesis and Dissertation Students – none

IV. Curriculum Development – none

V. Professional Development

A. Certifications

B.

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Web 2.0, Medical University of South Carolina, The National Traumatic Stress Network, 2019

B. Professional Conference Attendance

National Council on Family Relations: (list years)

American Association of Marriage and Family Therapy: (list years)

C. Attendance: Workshops/Trainings

Gottman Method Couples Therapy Level 1 Certification sponsored by Florida State University, online, 2020

Prepare-Enrich Facilitator Training, sponsored by Lee University, online, 2020

Institutional Review Board (IRB) Human Subjects Training, Florida State University,

Tallahassee, FL, 2020

VI. Academic Advising – noneVII. Research Interests
Self-compassion
Sexual and Gender Minority (SGM) couplesVIII. Research GrantsIX. Publications or Equivalencies

A. Publications

1. Books

2. Journal Articles

a. Refereed articles

Marroquin, C., **Morris, K. L.**, Triplett, N. T., Lee, C., Kimmes, J. G. (Revised & Resubmitted). Critical Conversations: How Marriage & Family Therapists Begin Exploring Topics of Race, Gender, & Social Justice. *Journal of Family Therapy*.

Morris, K. L., Marroquin, C. G., Flynn, E.*, Lavender, A.* (Revise & Resubmit). Healing Through Self After Harm by Others: The Associations Between Self-Compassion, Trauma-Related Shame, and Physical Health. *Journal of Interpersonal Violence*.

Kimmes, J. G., Zheng, Y., **Morris, K. L.**, Marroquin, C., Rudaz, M., & Smedley, D. (Revise & Resubmit). Mindfulness in Marriage: Actor–Partner Associations of Mindfulness and Relationship Outcomes Among Married Couples. *Journal of Social and Personal Relationships*.

Morris, K. L. (Revise & Resubmit). Self-Compassion Through a Systemic Lens: An Analysis of How the Rewards Extend Beyond the Individual. *The American Journal of Family Therapy*.

Marroquin, C. G., **Morris, K. L.**, Guzmán, A., & Rivero, A. (2024). Satir’s Experiential Model informed by critical theory: A trans-inclusive case study analysis. *The American Journal of Family Therapy*, 1-14.
<https://doi.org/10.1080/01926187.2024.2338814>

Morris, K. L., & Mosley, M. A. (2023). The five facets of mindfulness & texting: A moderation analysis. *International Journal of Systemic Therapy*, 1-16. <https://doi.org/10.1080/2692398X.2023.2174774>

Morris, K. L., McDowell, C. N., Tawfiq, D., Outler, C., & Kimmes, J. G. (2023). Relationship mindfulness, negative relationship quality, and physical health. *Journal of Marital and Family Therapy*, 1-14.
<https://doi.org/10.1111/jmft.12677>

Morris, K. L., Kimmes, J. G., & Marroquin, C. G. (2022). Changing the blame game: Associations between relationship mindfulness, loneliness, negative partner attributions, and subsequent conflict. *Journal of Social and Personal Relationships*, 0(0), 1-14.

<https://doi.org/10.1177/02654075221128502>

Selice, L. & **Morris, K. L.** (2021). Mindfulness and sexual dysfunction: A systematic research synthesis. *Journal of Sex & Marital Therapy*, 48(4), 323-342. <https://doi.org/10.1080/0092623X.2021.1991536>

- b. Editor-reviewed Articles (professional practice publications)
- c. Non-Refereed Policy and Practice Briefs
- d. Non-Refereed, Grant-Related Reports/Publications

- 3. Refereed Book Reviews
- 4. Editor-Reviewed Book Reviews
- 5. Refereed Conference Proceedings

X. Papers Read to Professional Societies

A. Invited presentations/papers

Morris, K. L. (2023, May). *Healing Through Self After Harm By Others: The Associations Between Self-Compassion, Trauma-Related Shame, and Physical Health*. Presentation at Minority Fellowship Program Doctoral Training Institute, Arlington, VA.

B. Refereed presentations/papers

Morris, K. L. (2023, September). *Self-compassion through a systemic lens: An analysis of how the rewards extend beyond the individual*. Poster presentation at Intervention Research Conference from American Association for Marriage and Family Therapy.

Marroquin, C., **Morris, K. L.**, Lee, C., Kimmes, J. G. (2023, September). *Starting new dialogue: Brave conversations with MFTs, a qualitative study*. Paper presentation at Intervention Research Conference from American Association for Marriage and Family Therapy.

Marroquin, C., **Morris, K. L.**, Unhjem, L. (2023, June). *Virginia Satir's Human Validation Process Model: An adapted treatment manual for working with couples*. Poster presented at AFTA Conference.

Morris, K. L. & Kimmes, J. (2021, August). *Relationship mindfulness, attributions & conflict*. Poster presentation at Intervention Research Virtual Conference from American Association for Marriage and Family Therapy.

Selice, L. & **Morris, K. L.** (2021, May). *Mindfulness and sexual intimacy issues: A systematic research synthesis*. Abstract Presentation at Mindfulness in Relationships Virtual Conference.

Villa, A., Coleman, L., **Morris, K. L.**, & Messamore, B. (2017, April). *Just let it go! The cyclical relationship between rumination and social pain*. Poster Presentation at Annual Ollie J. Lee Symposium, Cleveland, TN

C. Non-Refereed/Scholarly Presentations

XII. Service

A. Program Area/School

Member, Human Development and Family Science Program, 2024-present
Co-Chair, MFT Committee, 2024-present

B. College - Bowling Green State University

Member, Undergraduate Affairs/Recruitment/Retention Committee, 2024-present

C. University – Bowling Green State University

Associate, Program for Instructional Excellence, Florida State University,
2022-23

Member, Inaugural Leadership Team, Marriage and Family Therapy
Graduate Student Organization, Florida State University, 2021-23
Social Events Chair, 2022-23

D. Professional

Manuscript Reviewer:

Journal of Social and Personal Relationships, 2022, 2023, 2024

E. Community

On-Call Advocate, Victim Advocate Program, Florida State University, 2021-22

XIII. Membership in Professional Organizations

National Council on Family Relations, 2023-present

American Association for Marriage and Family Therapy, 2017-present

Association for Contextual and Behavioral Science, 2020-21

Psy Chi International Honor Society in Psychology, 2016-24

XIV. Honors and Awards

Doctoral Fellowship, AAMFT/SAMHSA Minority Fellowship Program awarded by American
Association of Marriage and Family Therapy, 2022-23

New Writers' Fellowship, Family Process Institute, 2022

Betty N. Griffith Scholarship Award, Florida State University, 2022

Mary Hicks Endowed Scholarship Award, Florida State University, 2022

Sandals Fund for Excellence Award, Florida State University, 2021

College of Health & Human Sciences Preeminence Endowment, Florida State University, 2021

Adelaide D. Wilson Graduate Fellowship Endowment Fund, Florida State University, 2021

May Watson Connor Graduate Scholarship in Child Development, Florida State University, 2020-24

Merit-Based Centennial Scholarship at Lee University, 2013-17