National Center for Family & Marriage Research

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+ Fast Facts on American Fathers





The average age at which men became fathers has increased to **27.5**. Men are, on average, about **three years older** than women when their first child is born. (FP-19-28)

Most childless men expect to be fathers. In 2017, **76%** of childless men expected to have a child and **34%** of fathers expected to have another child. (FP-21-14)



On average, fathers at the end of their childbearing years (aged 40 to 44) had **1.8 children**. (FP-19-29)



The mean age at first birth for men was **highest** among Whites (**28.5**)

and lowest among Hispanics (25.4). (FP-19-28)



Research Training Dissemination

+ Goal

To improve our understanding of how family structure is linked to the health and well-being of children, adults, families, and communities and to inform policy development and programmatic responses.

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Nearly one-quarter (22%) of fathers lived apart from at least one of their children; 78% of fathers lived with all their children. (FP-22-22)



The proportion of married men who had a child before their first marriage increased from 19% among men married in the 1990s to 27% in the 2010s. (FP-20-14)

+ The Latest Family Profiles on Fathers

FP-23-22 Children's Co-Residence with Mothers and Fathers, 2022

FP-23-21 Maternal and Paternal Age: Births to Individuals Aged 40 and Older, 2016-2021

FP-23-20 Sociodemographic Characteristics of Fathers by Fathers' Coresidential Status

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BOWLING GREEN STATE UNIVERSITY

+ Family Profiles

Original reports summarizing and analyzing nationally representative data with the goal to provide the latest analysis of U.S. families. These profiles examine topics related to the NCFMR's core research themes.

https://www.bgsu.edu/ncfmr/resources/data/resources-by-topic/fathers.html

https://www.bgsu.edu/ncfmr/resources/data/family-profiles.html